Praying the Rosary with the Saints
By
Catherine Moran, Ph.D.

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The idea of this particular book came to me in my quiet prayers after receiving Holy Communion. I was thinking how nice it would be to have a book with meditations on praying the rosary with saints. So much has been written by the saints on the Holy Rosary, its efficacy and its great power. The saints have written so much on not only the rosary, but also on devotion to Our Heavenly Mother along with their inspired comments on the many virtues that we should be striving for during our life on earth. I have researched and written two separate meditations on the Holy Rosary for you to use when praying the rosary. The first set of meditations comprises what the saints have written about each mystery of the rosary. The second set of meditations focuses on a different virtue for each mystery and again what the different saints have written about each virtue. My prayer for you is that through the use of this small book, your love and devotion for Our Heavenly Mother and her rosary will grow and deepen every time you pray the rosary.

Before going into the meditative portion of this book, I would like to address the importance and power of the Holy Rosary. I like to refer to the rosary as Heaven's Weapon. I weapon so desperately needed in today's sinful world. Our Lady said to Saint Dominic, "Whatever you ask for in the Holy Rosary shall be given to you." That is powerful promise coming from the Mother of God, whose promise is backed up by the power of her Son, Jesus Christ.

In Sacred Scripture it is written: "Watch and pray list you enter into temptation." (Mk 13:48). These were the words spoken by Our Lord to Peter, James and John in the garden of Gethsemane. Our Lord has told us we must watch and we must pray? Prayer is the answer to all the evils that are assaulting the world today.

The most powerful prayer, the Holy Rosary, was given to us in the 13th century by the Mother of God. Before going any further I would like to state that the Rosary is nothing but a miniature New Testament of the Life of Christ, when it is prayed and meditated upon regularly and properly. But the power of this prayer, that is the power of the rosary has shone forth brilliantly in the past centuries.

In the last seven hundred years there have been three great rosary victories. In the year 1214, Our Lady appeared to Saint Dominic, giving him her Holy Rosary. She told him by propagating devotion to her rosary, he would defeat the Albinginsian Heresy that was flourishing in Southern France at that time. Saint Dominic previously preached for three and a half years against this heresy without any success. After Our Lady gave him her rosary, he preached devotion to Our Lady through her Rosary. The heresy was completely defeated, and the Albinginsian heretics returned back to the fold of the Church.

The second victory was in 1571, when all of Christian Europe was saved from the threat of a Turkish invasion at the Battle of Lepanto. Pope Saint Pius V, the reigning Pontiff at that time, implored all of Catholic Europe to pray the rosary. It was prayed continually, round the clock. The soldiers, with their leader Don Juan, prayed the rosary before going into battle. When they went into battle, they had either sword or lance in one hand, in the other, their rosary. The Catholic forces in that battle were greatly outnumbered. It was not until 5:00 PM, after hard fighting all day long, that the wind changed a tactical advantage for the Christians forces and the Turkish invaders were soundly defeated. It was the greatest naval battle fought in history.

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Meanwhile back in Rome, the Holy Father was in his chapel with his friends praying. At the exact moment the Christian army defeated the Turkish army, he stood up and proclaimed that all present should thank Our Lady and God for this great victory that had just taken place. He referred to it as a great Rosary Victory. Pope Saint Pius V proclaimed October 7, as the feast of the Holy Rosary.

One hundred and twelve years later, in 1683, the Turkish forces again threatened to overrun Europe. This time they came by land and had come as far as Vienna, Austria. The reigning Pontiff at that time, implored King John of Poland to come to the aid of Christianity. He responded with 65,000 horse mounted men. As they marched to Vienna, Austria the men prayed the rosary. When they reached the sight of the battle, King John told them, I want two words on your lips as you enter this battle, Jesus and Mary. That battle raged all day, and by evening Catholic Europe was once again saved from the threat of a Turkish invasion.

Of that battle, King John said, "I came, I saw, but Jesus and Mary conquered." The date of that battle was September 12, 1683. September 12th is the feast of the name of Our Lady.

In history there was a fourth rosary victory! It took place January 8, 1815 in New Orleans, when General Jackson (later President Jackson) publicly acknowledged victory over the British forces due to the prayers of the women, children and holy nuns in New Orleans, who had been praying the rosary continually while that battle raged. The American forces were outnumbered by 6,000 to 43,000.

Of all the Holy Fathers who have spoken out on the Rosary, by far, the greatest advocate and spokesman, was Pope Leo XIII. He reigned from 1878-1903, one of the longest reigning Popes in the History of the Church. He wrote 13 encyclicals on the rosary. His encyclicals completely explained the rosary, making them in reality a complete study of Mary and her rosary.

The first encyclical, announced in 1883, he asked the entire world to pray the rosary everyday during the month of October. He later made it a decree. He made it known that the month of October, be known as the month of the Holy Rosary. It was because of him that we have the beautiful invocation, "Queen of the Most Holy Rosary, Pray for us!"

The first encyclical, entitled Efficacy of the Holy Rosary in History, Pope Leo XIII stated: "When the Church was detached and menaced by all sorts of evils to whom did the Church have recourse? To the protection of the sublime Mother of God, the Sovereign depository of all hope and the dispenser of all graces." He immediately granted various plenary and partial indulgences to the recitation of the rosary.

In September 22, 1891, his fourth encyclical entitled, (Octobri Mense) the Month of October, he pointed out the evils which the Church was suffering and the attacks made on her. He showed that the many souls are lost by apostasy, religious indifference, and a luke-warm attitude. This is exactly what is going on today! The Pope stated: "May it be affirmed, that by the will of God, Mary is the intermediary through whom is distributed of God's mercy; for grace and truth come by Jesus Christ. Thus as no one goes to Christ except through His Mother." This prolific Holy Father once stated, "When there is a question of Mary, there is always something more to be said!"

In his encyclical, Laetitiae Sanctae, he gave us three causes that are destroying society. He meant society of his time, but they apply to today! They were the distaste for a simple, humble, and laborious life and a repugnance for everything that causes

suffering and forget fullness of the future life. He gave us the mysteries of the rosary as the solution to these problems. That is when we pray the joyful mysteries it is for the distaste for the simple, humble and laborious life. The sorrowful mysteries are a remedy for the repugnance for everything that causes suffering. The Glorious mysteries for the forgetfulness of the future life.

In 1893, five encyclicals were written by this Holy Father. In the encyclical entitled, "Always Joy," (Incunda Semper) he referred to Mary as the Mediatrix of Divine Grace, Co-Redemptrix and Queen of Heaven and the universe. It was in the encyclical entitled, "Mary the Help of all People," (Adiutricem Populi) he showed that the rosary was the means of reuniting the Eastern Orthodox Churches with Rome.

In 1896, he was about sixty years ahead of his time, when he advocated the Family Rosary. Fr. Patrick Peyton would not begin this campaign until the 1940's. This Pope, in his last words, showed the real secret of his powerful influence in the Church and the world when he said, "Recite the Rosary, meditating upon its mysteries and you will never stray from the guiding and protecting hand of Our Blessed Mother."

Next we have Pope John XXIII who spoke out thirty eight times on Our Lady and her rosary. On September 26, 1959, he wrote Grata recordatio, Grateful Memory. In it he said, "The rosary, as is known to all, is in fact, a very excellent means of prayer and meditation in the form of a mystical crown in which the, prayers 'Our Father,' 'Hail Mary,' and 'Glory be to the Father' are intertwined with meditations on the greatest mysteries of Our Faith and which presents to the mind, like many pictures, the drama of the Incarnation of Our Lady and the Redemption.

'This sweet memory of our young years has never left us with the passing of time, nor has it weakened. It has, indeed, helped-and we say this with confidence-to make the Holy Rosary very dear to our soul; and we never fail to recite it in its entirety every day as an act of Marian piety which, above all, we desire to perform with particular fervor in the month of October." He prayed the joyful mysteries in the morning, the sorrowful in the afternoon, and glorious in the evening which is Papal household.

Throughout the history of the Church, the popes have all spoken out in favor of the rosary. Pope Gregory XIII said, "The Rosary is the means of appeasing God's anger and of imploring Our Lady's intercession."

Pope Saint Pius V, "It gives us the spiritual peace and consolation we need."

Pope Adrian VI called it, "The Scourge of the devils!" Pope Paul VI referred to it as the treasure of grace. Pope Saint Pius X, the first canonized pope in 500 years said, "Give one million families praying the rosary everyday and the world is saved."

Pope Saint Pius X added, "Give me an army praying the Rosary. I will conquer the world." He later stated, "After the Mass, there is no prayer that is more efficacious than the Holy Rosary." While he was pope, Blessed John Paul II, said many times that, "The rosary is my favorite prayer."

For eight centuries the saints have prayed the Rosary with great devotion and love. Saint Francis de Sales, a prolific write and Doctor of the Church, who lived during the Protestant Revolt (Reformation), said that the rosary was a powerful means of his own sanctification. After, becoming bishop he established the confraternity of the Holy Rosary in every part of his diocese. This Holy Saint spent one hour a day meditating on the life and virtues of Our Heavenly Mother. He said that later in life he would like to retire to serve God and the Church with his pen and his rosary.

The Rosary was very prominent in the lives of other Doctors of the Church, such as Saint Lawrence, Saint Peter Canisius, Saint Robert Bellarmine, Saint Teresa of Avila, Saint Francis de Sales, and Saint Alphonsus de Liguori. Such saints carried their rosary in their hands as Saint Charles Borromeo, Saint Philip Neri, Saint Francis Xavier and Saint Louis de Montfort, the modern Apostle of Mary. The Holy Founders, Saint Camillus and Saint Ignatius wore their rosaries around their necks; as did Saint John Vianney, Saint Joseph Cafasso, Saint Margaret, Saint Bernadette, Saint Bertilla, Saint Stanislaus Kostka, and Saint John Berchmans.

We see the practice of praying the Holy Rosary by such illustrious Saints as Saint Dominic, Saint Maria Goretti, Saint Catherine of Sienna, (a Doctor of the Church and my patron saint), and Saint Maximilian Kolbe.

They prayed the rosary for strength, their own sanctification, and to defeat our common enemy, Satan. One day Saint Pius X was approached by a young boy who was caring the rosary around his neck. He looked at the boy and said, "Young man, I recommend that whatever you ask for, ask for it by means of the Rosary."

The Rosary is truly a treasure of graces, for in the words of Our Lady to Saint Dominic, "Whatever you ask for through my rosary shall be given to you." But it was to Blessed Alan la Roche that Our Lady gave the fifteen promises of the Rosary.

Blessed Alan restored devotion to the rosary in the year 1416, after Our Lord appeared to him and told him, "You are crucifying me anew, because you possess the learning and the understanding needed to preach my Mother's Rosary and you are not doing it. If only you did this you could teach many souls the right path and lead them away from sin. You are not doing it, so you are guilty of the sins they commit." Blessed Alan died on September 8, 1475, on Our Lady's birthday. Our Lady taught him how to pray the rosary properly and gave him the most glorious privilege of being called her new spouse. In Ecc. 24:31 it is written, "They that explain me shall gain eternal life." Saint Maxmillion Kolbe is recorded as saying, "You save many souls according to the number of rosaries you pray."

The saints I have talked about have literally taken to heart these words of Sacred Scripture, (Lk. 18:1), "Pray always", Saint Paul tells in his letter to the Thess. 5:17, "Pray without ceasing!"

Saint John Baptist de la Salle is called the priest of the rosary because his rosary was in constant use. So were the rosaries of Saint Louis de Montfort, Saint Camillius, Saint Anthony Mary Claret, and St. Padre Pio.

Of course the ideal place to pray the rosary is in Church in front of the Blessed Sacrament. Pope John XXIII told us this when he said, "My day must be one long day of prayer. Prayer is the breath of life. I propose to recite all fifteen mysteries of the rosary every day, if possible in the chapel before The Blessed Sacrament."

With such examples as these how can we say, "I have no time to pray the rosary!" It can be prayed anywhere, at anytime. The saints have shown us that this is possible to do. They prayed it silently while traveling, they carried it visibly in streets while praying it, they literally sanctified the roads they walked by praying the rosary. Why are we afraid to pray the rosary today? Why are we afraid to hold it visibly in our hands while shopping in the stores or riding in our cars? Are we afraid someone might see us? Saint Francis de Sales encouraged others to pray the rosary with love and in the companion of your guardian angel. Saint Paul of the Cross tells us, "The Rosary should be said with great devotion because you are speaking to the Most Holy Virgin, the Mother of God."

One time when Saint Alphonsus was an old man, he could not remember praying his rosary that day. He asked a Brother who was taking care of him if he had said his rosary. The Brother answered, "I think so." At this point Saint Alphonsus insisted, "You think so? You think so? But are you sure? Don't you know my salvation depends on this devotion?"

St. Padre Pio, after giving away a rosary exclaimed, "I'm entrusting you with my treasure. Remember to appreciate it and let us empty purgatory." Saint Teresa of Avila, while praying the rosary saw purgatory. The souls were being purified by the flames. At the first "Hail Mary" the souls were relieved of their sufferings by fresh water. With every succeeding "Hail Mary" they were comforted in this manner. Saint Teresa understood that the recitation of the Holy Rosary gave great comfort to the poor souls. Saint Alphonsus de Liguori confirmed this when he said, "If we want to help the souls in purgatory then we should say the Rosary for them because the Rosary gives them great relief."

For those of us who pray the rosary quickly without much thought, reflect on the example of Saint Bernadette to whom Our Lady appeared in 1858, Lourdes, France. When Saint Bernadette prayed the rosary, her eyes became celestial, as if in contemplation of Mary herself.

In 1830, Our Lady complained to Saint Catherine Laboure when she said, "They do not pray the rosary well!" These are Our Lady's words! Saint Catherine said she remembered those words for the rest of her life like a thorn in her heart.

Many miracles have been credited to the rosary. In his book, "The Secret of The Rosary," by Saint Louis de Montfort, the Modern Apostle of Our Mary recorded many of these miracles. He is quoted as saying, "The Rosary is the most powerful weapon to touch the Heart of Jesus, who loves His Mother so." In his book, "The Secret of The Rosary," Saint Louis relates the following incident from the life of Saint Dominic. He was praying the rosary when an Albinginsian was brought to him who was possessed by the devil. In the presence of 12,000 people, Saint Dominic performed the Rite of Exercise and the devils were forced to answer Saint Dominic questions. He proposed three to them. They answered the first one by stating that there were 15,000 of them in this man, because he blasphemed and attacked the fifteen mysteries of the Rosary. They answered that Dominic by preaching the Holy Rosary put fear and horror into the very depths of hell and that they hated him because of the souls he snatched from them. Finally, he asked them, who they feared of all the saints in heaven. Screaming and howling the devils answered, him, pleading not to be made to answer that question. So Dominic to make the enemy answer that question, prayed to Our Lady to help him. Suddenly, standing there beside him he saw Our Lady surrounded by angels. Only Saint Dominic could see Our Lady. She struck the possessed man with a golden rod and said, 'Answer my son Dominic immediately.'

"The devils screamed out in horror and 12,000 people present heard them say, 'Oh, you who are our enemy, our downfall and our destruction, why have you come down from heaven to torture us so grievously? Oh, advocate of sinners, you who snatch from the very jaws of hell, you who are the very sure path to heaven, must we in spite of ourselves tell the truth and confess before everyone who it is, who is the cause of our shame and our ruin? Oh, woe unto us prince of darkness! Then listen you Christians: the Mother of Jesus is all powerful and she can save her servants from falling into hell. She is the sun that destroys our wiles and subtles. It is she who uncovers our hidden

plots, breaks our snares, and makes our temptations useless and ineffective. We have to say reluctantly that not a single soul who has preserved in her service has ever been damned with us. One single sigh that she offers the Blessed Trinity is worth far more than all the prayers, desires and aspirations of all the saints. We fear her more than all the other Saints in heaven together and we have no success with her faithful servants. Many Christians who call upon her when they are at their hour of death and really ought to be damned according to our standards are saved by her intercession. Oh, if only Mary had not pitted her strength against ours and had not upset our plans, we should have conquered the Church and destroyed it long before this. We would have seen to it that all the Orders in the Church fell into error and disorder. Now we are forced to speak, we must also tell you this. Nobody who preserves in saying the rosary will be damned because she obtains for her servants the grace of true contrition for their sins and by means of this they obtain God's forgiveness and mercy!'"

Such powerful words to meditate upon. Yet Saint Bernard, who is a Doctor of the Church, tells us that the words, "Hail Mary" puts the devil to flight and makes all hell tremble."

Saint Francis de Sales again sets an example for us. One night when he was quite exhausted from the visits of day, he remembered towards midnight that he had forgotten to pray the rest of his rosary. He would not go to bed until he finished it on his knees. This is fortitude, this is love, and this is what we should be imitating.

Saint John de la Salle is called "The Priest of the Rosary" because he was constantly praying the rosary. The beautiful title, "Apostle of the Rosary, " has been merited by several great Saints, such as Saint Louis de Montfort, Saint Peter Canisius, Saint Camillus de Lellis, Saint Anthony M. Claret, and of course, Saint Dominic!

In the life of Saint Joan of Arc it is recorded that while riding beside the King she appeared very recollected. The King inquired as to what she was dreaming about? She answered, "Dear sir, I am praying the rosary!"

Saint Louis de Montfort in his book, The Secret of the Rosary writes of a Fr. Alphonsus Rodregriz who prayed the rosary with such fervor, that it was often seen coming out of his mouth white roses for the Our Father's and red roses for the Hail Mary's.

King Alphonsus- King of Leon and Glacia wore a rosary around his waist like a belt, but he did not pray it, instead he encouraged others to pray it. One night he dreamt he died, as he stood before the Judgment Seat of God, Satan accused him of his many sins. He was about to be condemned to hell, when Our Lady interceded and said he encouraged other's to pay the rosary, and this act out weighed his many sins. He was then told he would be given another chance. He spent the rest of his life praying the rosary as well encouraging others to pray it too.

Saint Louis de Montfort tells us that in 1578 a women in Anvers had given herself to the devil and signing a contract with her own blood. Shortly later she had remorse for this horrible act but did not know what to do. She was told to seek out a priest named, Father Henry, a Dominican father known for his sanctity and excellent counsel. But on the way to see him she met the devil disguised as Father Henry. The evil one told her she had no hope of God's mercy, love and forgiveness. She left greatly distressed but later again sought out Father Henry only to be met by the devil a second time, being told the same words. Finally, she sought out the priest a third time, this time with success. He met her with great kindness and counseled her to pray the rosary if she wanted to get

her soul back. She obeyed and prayed the rosary every day. One day, while saying Mass, Father Henry, saw Our Heavenly Mother force the devil to give her the poor woman's contract.

Saint Louis de Montfort prophesied that the greatest saints, greater than the early Christian martyrs, would live in the latter half of the twentieth century. Saint John Bosco, who lived in the nineteenth century, foresaw a great rosary victory taking place just about this time in our century.

Remember, as Saint Louis said, that the roses of our Rosary will never wilt or die. They will be just as exquisite thousands of years from now as they are today. He went on to warn us against the ignorant and the scholars who would regard the rosary as something of little importance. Bear in mind the rosary is a priceless treasure, which was inspired by God Himself.

In this day and age the devil is running rampant. Everywhere you look you see the decadence and decay of our society, and all seems lost. Never in the history of the world has the Church been assaulted like she is today, by the evil forces coming after her. At Fatima, Our Lady gave us a remedy for these evils when she said, "Pray the Rosary everyday! I want you to pray the rosary everyday! Continue to pray the rosary everyday! You must pray the rosary everyday!"

I have briefly shown you the power of the rosary in the past, but what of today? Is the rosary just as powerful today as it was several hundred years ago? Is still the answer to the problems of today? In this century we have evidence of the power of the Holy Rosary.

Louis Kaczmarek, author of three books and custodian of the International Pilgrim Virgin Statue of Our Lady of Fatima for over 20 years, in one of his many lectures illustrated just how powerful the Rosary really is! From 1939-1945, World War II almost destroyed the world. Fifty-five million people died in that war. That war opened up new horrors to mankind that were previously unknown and inconceivable. Women, children, and the elderly were now the victims of war, along with the brave young men who died. This War showed us man's inhumanity to man, through the systematical liquidation of millions of people. Yet during that period from 1939-1945, more rosaries were prayed than at any given time in the history of the Church. What effort do you think that had on World War II? The following are documented facts.

1. August 15, 1940, the greatest air battle ever fought took place in the skies of London, England, when 27 British squadrons shot down 187 of Germany's finest planes putting an end to the secret codes operation Sea lion. August 15 is the feast of the Assumption. Coincidence or the power of the rosary?

2. December 7, 1941, Pearl Harbor is bombed, but it is on December 8, 1941 that the United States officially entered the War. December 8, is the Feast of the Immaculate Conception and our country is under the Patronage of Our Lady of the Immaculate Conception.

3. May 13, 1943, the North African campaign came to an end. All German and Italian soldiers surrendered. May 13th is the first anniversary of the first apparition of Our Lady at Fatima where she said to the children, "You must pray the rosary, everyday for peace."

4. May 13, 1945, the United States issues a proclamation that this day be a day of thanksgiving to Almighty God for victory in Europe. Again this is the feast of the apparition of Our Lady at Fatima.

5. August 15, 1945, Japan surrenders. This is the feast of The Assumption of Our Lady in Heaven.

6. September 1, 1945, the battleship Missouri steams into Tokyo Bay Harbor when General MacArthur receives the unconditional surrender of the Japanese. In that year 1945, September 1st was on the first Saturday. Saturday is traditionally Our Lady's day and at Fatima she asked for the 1st five Saturdays of Reparation!

7. September 8, 1945, the first American flag flew over Japan. That is Our Lady's birthday. This is Our Lady's way of showing the power of her rosary!

In 1945, the war in Europe ended, yet Russia systematically gobbled up all the eastern bloc countries, Hungary, Poland, Yugoslavia, Czechoslovakia, and Austria. For three years Catholic Austria was under the yoke of Communism. What could they do? They were only seven million against the vast army of atheistic communism. They were strategically located in Europe, rich in mineral and oil resources, besides Russia never backed out of a country once she pulled in. What could they do? One priest went through the country and told them, if you live Our Lady's peace plan, if you pray your rosary every day, offer up daily duties and consecrate yourself to the Immaculate Heart of Mary, you will have peace. Ten percent of the population lived Our Lady's message. 700,000 people prayed their rosary every day. Seven years later, on May 13, 1955, Russia announced to a stunned world that she was pulling out of Catholic Austria and she never went back. Austria succeeded with prayer what Hungary failed to achieve one year later with guns when 250,000 people died in a blood bath. That is the power of Our Lady's rosary!

There is a quote I have taken from Father Patrick Peyton's book. In 1964 Brazil was on the verge of a bloody revolution. On March 19, (The feast of Saint Joseph) one million women strong jammed the downtown boulevard of San Paulos carrying their rosaries, asking that the Mother of God preserve them from the fate and sufferings of the martyred women of Cuba, Poland, Hungary and other enslaved nations. By April 1, Brazilians everywhere were giving thanks to the Virgin of Fatima for this miracle of a revolution without bloodshed. That again is the power of Our Lady's rosary!

Bishop Sheen, who died in 1979, a spiritual giant of this century, was once asked to describe the power of the rosary. "Describe the power of the rosary; there are just no words to describe the power of the rosary!" He went on to further state, "The trouble with the world today is that there are not enough rosaries being prayed!"

Pope Paul VI said, "Do you know what the world needs today? Saints! Thousands upon tens of thousands of Saints!" And, in my own opinion, until we have thousands upon tens of thousands of people praying the rosary, we are not going to have those Saints! You are the saints that Pope Paul VI said the world needed. You are the people who have to take your rosaries in your hands and start praying. You have to imitate the saints I have told about.

The Rosary is the answer to all the evils facing the world today! It is the only answer! Our Lady told us this at Fatima, and she was not backed up by mere mortal man when she came down and told us this, she is backed up by the Triune God!

Knowing the menace that is facing the world and our youth today, what is keeping you from getting down on your knees and praying the rosary? Our Lady has repeatedly asked for the recitation of the Rosary.

On May 5, 1917, Pope Benedict XIV implored the world, which at that time was engaged in World War I, to make a nine day novena to Our Lady for peace. Eight days

later, on May 13, 1917, at the Cova de Ira, Fatima, Portugal, Our Lady came and answered Our Holy Father's plea, with her Peace Plan from Heaven. This plan asks us to pray the rosary every day, offer up our daily duties, to consecrate ourselves to his Immaculate Heart by wearing Her Brown Scapular. Every Pope in this century has advocated the use of the Holy Rosary. Blessed John Paul II told us the Rosary is his favorite prayer and he prays a fifteen decade rosary every day. He also gave everyone who had an audience with him a rosary.

In 1974, Paul VI urged all Catholic families to pray the rosary every day. He said, "We now desire as a continuation of the thought of our predecessors, to recommend strongly the recitation of the family rosary. There is no doubt that the rosary should be considered as one of the best and most efficacious prayers in common that the Christian is invited to recite. We like to think and sincerely hope that when the family gathering becomes a time of prayer, the rosary is a frequent and favorite manner of praying."

Pope Pius XII expressed the desire to go down in history known as the Fatima Pope. Pope Pius XI wrote an encyclical showing that the rosary is the answer to the problems in the world today. Pope Pius IX (he gave us the dogma of the Immaculate Conception) said, "If you want peace in your country, is you want peace in your home, if you want peace in your heart, then pray the rosary in common every night together.

The prayers of the rosary are also a reason to pray the rosary every day. The Apostles Creed, the Our Father, the Doxology, the Hail Mary and the ejaculation after each decade, O My Jesus… The Apostles Creed, according to tradition was composed by the 12 Apostles. The Our Father is the very words of Our Lord, when asked by the Apostles, "Lord, teach us to pray." The Doxology is very simply a prayer honoring and praising the Holy Trinity. With the Hail Mary, the first part was said by the Angel Gabriel and St. Elizabeth, Mother of St. John the Baptist. At the council of Ephesus, the heresy that Mary was only the mother of the human nature of Jesus not both His natures was being debated. The people were outside the council waiting for the decision of the council; was Mary the mother of only the humanity of Jesus or was she the Theotokos, the God bearer. When the council fathers came out and announced the Mary was the Theotokos, tradition says that the crowd of people cried out in one voice, "Holy Mary Mother of God, pray for us sinners now and at the hour of our death." This then became the rest of the Hail Mary prayer. The ejaculation after each decade is a prayer requested by Our Heavenly Mother at Fatima on May 13, 1917. She told the three children "after each decade of the rosary I want you to pray, 'O My Jesus forgive us our sins, save us from the fires of hell, especially those in most need of your mercy.'" What beautiful prayers to pray every day. After the Divine Liturgy/Mass, there is no prayer more pleasing to Jesus. After praying a 5 decade rosary, one can also finish the rosary with either the Hail Holy Queen or the Memorare and the prayer to St. Michael the Archangel. Of the two prayers: Hail Holy Queen or the Memorare, I pray the Memorare. I read several years ago that during one of Our Lady's private apparitions she was asked after the rosary what was her favorite prayer and she replied the Memorare. One other custom after finishing the rosary may be adopted. Jacinta Marto, the youngest seer of the Fatima apparitions, starting praying 3 Hail Marys after the rosary for the Holy Father. She did this because it was revealed to her the suffering that the future Popes would endure for the Church. Tearfully, she implored her brother and cousin to do the same.

Of all the prayers of the Rosary, I personally believe the Hail Mary is the most powerful. Tradition has proved this belief. When St. Teresa of Avila died, about week later she appeared to the nuns in her convent resplendent in glory. She then proceeded to the nuns that if she could come back to earth, which she added she could not, but if she could she would gladly endure of all the pains of the world till the end of the world, just to merit the additional degree of glory for saying one devout Hail Mary. There are 53 Hail Marys in every 5 decade rosary you pray!

The power of the Hail Mary can further be broken down to the power of the words"Hail Mary". We see this power even in her very name. Richard of St. Laurence states: "There is not such powerful help in any name, nor is there any other name given to men, after that of Jesus, from which so much salvation is poured forth upon men as from the name of Mary. The devout invocation of this sweet and holy name leads to the acquisition of superabundant graces in this life, and a very high degree of glory in the next." That is the power of her name!

Blessed Raymond Jordano said, "However hardened and diffident a heart may be, the name of this most Blessed Virgin has such efficacy, that if it is only pronounced that heart will be wonderfully softened." Richard of St. Laurence again said,"encourages sinners to have recourse to this great name. There is no disorder, however malignant, that does not immediately yield to the power of the name of Mary."

If you do not pray the Rosary everyday this is a good reason to start praying it every day! How many times while praying the Holy Rosary is the name of Mary said? Think of it, "Hail Mary...holy Mary". When praying a 5 decade rosary, the name Mary is prayed 106 times. St. Methodius writes, "Thy name, O Mother of God, is filled with divine graces and blessings." St. Bonaventure declared, "That thy name, O Mary, cannot be pronounced without bringing some grace to him who does so devoutly."

Thomas a Kempis, author of the Imitation of Christ, tells us "that the devils fear the Queen of Heaven to such a degree, that only on hearing her great name pronounced, they fly from him who does so as from a burning fire." Our Lady herself confirmed this when she revealed to St. Bridget "that there is not on earth a sinner, however devoid he may be of the love of God, from whom the devil is not obliged immediately to fly, if he invokes her holy name with a determination to repent." On another occasion she again told St. Bridget, that all the devils venerate and fear her name to such a degree, that on hearing it they immediately loosen the claws with which they hold the soul captive. It is in the same way as the rebel angels fly from sinners who invoke the name of Mary, so also do the good angels approach nearer to just souls who pronounce her name with devotion." Think of the joy you give the holy angels every time you say the holy name of Mary!

Just how much does Our Lord want us to have a devotion to the holy name of Mary? One day St. Bridget heard Jesus tell His Mother that He would grant three special graces to those who invoke the holy name of Mary with confidence. First, He would grant them perfect sorrow for their sins; secondly, that their crimes should be atoned for; and thirdly, that He would give them strength to attain perfection, and at length the glory of paradise. Our Divine Savior added: *"For thy words, O My Mother, are so sweet and agreeable to Me, that I cannot deny what thou askest."* This is Our Lord speaking about the power of His mother's name. With great joy and love we should often say her name, especially through the rosary. On the other hand how great

will be the punishment of those who have used her name disrespectfully and irreverently!

The following are quotes from other saints. "The name of Mary is the key of the gates of heaven," St. Ephrem. St. Bonaventure, "Mary is the salvation of all who call upon her." "O most sweet name! O Mary, what must thou thyself be, since thy name alone is thus amiable and gracious!" Blessed Henry Suso.

St. Bernard gives us the following advice, "In dangers, in perplexities, in doubtful cases, think of Mary, call on Mary; let her not leave thy lips; let her not depart from thy heart."

If you invoke the name of Mary during your life, how sweet will her name be to you at the close of your earthly life. St. Bonaventure tells us, "Blessed is the man who loves thy name, O Mary. Yes, truly blessed is he who loves thy sweet name, O Mother of God, for they name is glorious and admirable, that no one who remembers it has any fears at the hour of death!" The devil will have no power to assault you, if you invoke her sweet name!

The tender prayer of St. Bonaventure should be our prayer also. "I ask thee, O Mary, for the glory of thy name, to come and meet my soul when it is departing from this world and to take it in thine arms."

This is only scratching the surface concerning the power of the name of Mary! The power she herself possesses is even greater! St. Alphonsus de Liguori said, "When Mary commands, everyone obeys even God!" St. Anselm, a Doctor of Mary, writes, "Whatever God commands, thou, Mary gains by prayer." St. Bernard, who wrote the Memorare, has exclaimed, "Oh, Mary, who but who can withstand your power!"

In the 19th century, the great Cardinal Manning, a convert from the Oxford movement said, "One day a man approached him and said, 'Your Eminence, I think I have a problem.' The Cardinal answered him, 'You do?' The man continued, 'Yes, I think I love the Mother of God too much!' The Cardinal, after much thought, responded, 'Do you love her more than her Son, Jesus Christ?' Of course the man answered no. The Cardinal then said to him, 'When you do than come back and we will talk about it! Until then you do not have a problem'"

St. Alphonsus has written that the power of Mary is so great that it confounds the powers of darkness. He tells us, that when the devils attack those souls that are consecrated and devoted to this Most Holy Mother, that just a sigh from this most prudent and loving Mother's lips is enough to send them so far back into the depths of hell, that they would rather stay there and endure these everlasting torments, doubled and tripled, than dare approach her and be subjected to power again.

St. Bridget of Sweden once heard Our Blessed Lord say to His Mother, *"Ask Me what thou pleasest for thou cannot ask in vain; because thou hast denied Me nothing on earth, I will deny thee nothing in Heaven."*

Our Lady has 117 titles. Yet she selected this title at Fatima when asked by Lucia to tell them who she was. Our Lady told the three children, "I am the Lady of the Rosary." The following are the 15 promises for those who pray the rosary.

Rosary Promises from Mary to Blessed Alan de la Roche

1. Whoever shall faithfully serve me by the recitation of the Rosary, shall receive signal graces.

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2. I promise my special protection and the greatest graces to all those who shall recite the Rosary.
3. The Rosary shall be a powerful armor against hell; it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of people from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
5. The soul which recommends itself to me by the recitation of the Rosary shall not perish.
6. Whoever shall recite the Rosary devoutly, applying himself to the consideration of its Sacred Mysteries shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just, he shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the Rosary shall not die without the Sacraments of the Church.
8. Those who are faithful to recite the Rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the Saints in Paradise.
9. I shall deliver from purgatory those who have been devoted to the Rosary.
10. The faithful children of the Rosary shall merit a high degree of glory in Heaven.
11. You shall obtain all you ask of me by the recitation of the Rosary.
12. All those who propagate the Holy Rosary shall be aided by me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the Rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
14. All who recite the Rosary are my children, and brothers and sisters of my only Son, Jesus Christ.
15. Devotion of my Rosary is a great sign of predestination.

Blessings of the Rosary

1. Sinners are forgiven.
2. Souls that thirst are refreshed.
3. Those who are fettered have their bonds broken.
4. Those who weep find happiness
5. Those who are tempted find peace.
6. The poor find help.
7. Religious are reformed.
8. Those who are ignorant are instructed.
9. The living learn to overcome pride.
10. The dead (the Holy Souls) have their pains eased by suffrages.

Benefits of saying the Rosary

1. It gradually gives us a perfect knowledge of Jesus Christ.
2. It purifies our souls, washing away sin.
3. It gives us victory over all our enemies.

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4. It makes it easy for us to practice virtue.
5. It sets us on fire with love of Our Lord.
6. It enriches us with graces and merits.
7. It supplies us with what is needed to pay all our debts to God and to our fellow men; and finally, it obtains all kinds of graces for us from Almighty God.

Finally will you give 1% of 1440 minutes each day to God? If so, pray the daily rosary in 15 minutes - 1% of 24 hours. Later on, give 4% and pray the entire 20 decade rosary - Joyful, Sorrowful, Luminous, and Glorious Mysteries. Remember God and Our Heavenly Mother cannot be outdone in generosity. Inclosing, I feel nobody says it better than St. Padre Pio. He prayed many rosaries everyday and is the spiritual father of all Blue Army members. He said, "Love the Blessed Mother and get others to love her. Is there a prayer more beautiful, or more pleasing than the one she herself taught us, more beautiful than the rosary? Always pray the rosary!"

I recommend the following books for more information on the rosary.

"The Secret of the Rosary," by St. Louis de Montfort
"*101 Inspirational Stories of the Rosary,"* by Sister Patricia Proctor, OSC

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The mysteries of rosary with meditations on the mysteries taken from the writings of the saints.

First Joyful Mystery – The Annunciation

"The Virgin Mary was sent not any one of the angels, but the Archangel Gabriel; for upon this service it was meet that the highest angel should come, as being the bearer of the highest of all tidings. He is therefore marked by a particular name, to signify what was his effectual part in the work. For Gabriel is interpreted, "the strength of God." By the strength of God then was He to be announced Who was coming as the God of strength, and mighty in battle, to put down the powers of the air."- St. Gregory the Great
Our Father…

"She wondered also at the new form of blessing, unheard of before, reserved for Mary alone." - St. Ambrose
Hail Mary…

"But he who earns favor in the sight of God has nothing to fear. Hence it follows, for you have found favor before God. But how shall any one find it, except through the means of his humility. For God gives grace to the humble." - St. John Chrysostom
Hail Mary…

"In this Gospel three things are noted: the sending of Gabriel to the Virgin, the announcement of the Lord's conception, and the overshadowing of the Holy Spirit. . . *The angel Gabriel was sent;* whose name means 'God is my comfort'. . . We usually comfort three kinds of people especially - the sick, the bereaved and the fearful. Such was the human race: it had labored in sickness for five thousand years, and found no remedy. It was bereft of the delights of Paradise. It was in continual fear of the devil, who scourged it with one hand, and dragged it to hell with the other. But thanks be to God! Comfort was sent, which healed the sick, consoled the lonely, and made the fearful safe." – St. Anthony of Padua
Hail Mary…

"But he who earns favor in the sight of God has nothing to fear. Hence it follows, for you have found favor before God. But how shall any one find it, except through the means of his humility. For God gives grace to the humble." - St. John Chrysostom
Hail Mary…

"The greatest event in the whole history of the world was the Incarnation of the eternal Word by whom the world was redeemed and peace was restored between God and men. Our Lady was chosen as his instrument for this tremendous event, and it was put into effect when she was greeted with the Angelic Salutation. The archangel Gabriel, one of the leading princes of the heavenly court, was chosen as ambassador to bear these glad tidings." - St. Louis Marie de Montfort
Hail Mary…

'By the word "Ave," which is the name of Eve, Eva, I learned that God in his infinite power had preserved me from all sin and its attendant misery which the first woman had been subject to.' - Our Lady speaking of the Ave Maria to St. Mechtilde
Hail Mary…

'The words, "Full of grace," remind me that the Holy Spirit has showered so many graces upon me that I am able to give these graces in abundance to those who ask for them through my mediation.' - Our Lady speaking of the Ave Maria to St. Mechtilde
Hail Mary…

"By the Angelic Salutation God became man, a virgin became the Mother of God, the souls of the just were delivered from Limbo, the empty thrones in heaven have been filled, sin has been pardoned, grace been given to us, the sick been made well, the dead brought back to life, exiles brought home, the Blessed Trinity has been appeased, and men obtained eternal life." - St. Louis Marie de Montfort
Hail Mary…

'When people say, "The Lord is with thee," they renew the indescribable joy that was mine when the eternal Word became incarnate in my womb.' - Our Lady speaking of the Ave Maria to St. Mechtilde
Hail Mary…

"Just as the Angelic Salutation gave glory to the Blessed Trinity, it is also the very highest praise that we can give to Mary." - St. Louis Marie de Montfort
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Second Joyful Mystery – The Visitation

"But soon the blessed fruits of Mary's coming and our Lord's presence are made evident. For it follows, And it came to pass, that when Elisabeth heard the salutation of Mary, the babe leaped in her womb. Mark the distinction and propriety of each word. Elisabeth first heard the word, but John first experienced the grace. She heard by the order of nature, he leaped by reason of the mystery. She perceived the coming of Mary, he the coming of the Lord." - St. Ambrose
Our Father...

"Rising then from the quiet of her contemplation, to which she was always devoted, and leaving her dear solitude, she immediately set out for the house of Elizabeth." - St. Alphonsus Maria de Liguori
Hail Mary…

'And at the words, "Blessed is the fruit of thy womb, Jesus," the whole of heaven rejoices with me to see my Son Jesus adored and glorified for having saved mankind.' - Our Lady speaking of the Ave Maria to St. Mechtilde
Hail Mary…

"So, as Bernardine de Bustis observes, in virtue of the salutation of Mary, John received the grace of the Divine Spirit, who sanctified him: When the blessed Virgin saluted Elizabeth, the voice of the salutation entering through her ears, descended to the child, by virtue of which salutation he received the Holy Spirit." - St. Alphonsus Maria de Liguori
Hail Mary…

"She was touched with the spirit of prophecy at once, both as to the past, present, and future. She knew that Mary had believed the promises of the Angel; she perceived when she gave her the name of mother, that Mary was carrying in her womb the Redeemer of mankind; and when she foretold that all things would be accomplished, she saw also what was as to follow in the future." - St. Gregory the Great
Hail Mary…

"Happy is that house esteemed which is visited by some royal personage, both for the honor it receives from him, and the advantages it hopes for; but more happy should that soul be called which is visited by the queen of the world, most holy Mary, who cannot but fill with mercies and graces those blessed souls whom she deigns to visit with her favors." - St. Alphonsus Maria de Liguori
Hail Mary…

"The first-fruit of the Spirit is peace and joy. Because then the holy Virgin had drunk in all the graces of the Spirit, she rightly adds, And my spirit has leaped for joy. She means the same thing, soul and spirit. But the frequent mention of leaping for joy in the Scriptures implies a certain bright and cheerful state of mind in those who are worthy. Hence the Virgin exults in the Lord with an unspeakable springing (and bounding) of the heart for joy, and in the breaking forth into utterance of a noble affection It follows, in God my Savior." - St. Basil
Hail Mary…

"The grace of the Holy Spirit knows no slow movements: therefore not heeding the fatigue of the journey, the tender and delicate maid quickly set forth on her way." - St. Ambrose
Hail Mary…

"Mary was the first to salute Elizabeth: "Prior salutavit." But the visit of the blessed Virgin was not like the visits of the worldly, which, for the most part, consist in ceremonies and false display; the visit of Mary brought into that house an abundance of graces. For at her first entrance, and at that first salutation, Elizabeth was filled with the Holy Spirit, and John was delivered from guilt and sanctified, and therefore gave that sign of joy, exulting in the womb of his mother; for he wished in this way to make known the grace received by means of the blessed Virgin; as Elizabeth herself declared: "As soon as the voice of thy salutation sounded in my ears, the infant in my womb leaped for joy." - St. Ambrose
Hail Mary…

'After the holy Virgin had heard from the archangel St. Gabriel, that her cousin Elizabeth had been six months pregnant, she was interiorly enlightened by the Holy Spirit to know that the Word which had taken human flesh and had already become her Son, wished to commence manifesting to the world the riches of his mercy, by the first graces that he desired to impart to all that family. Therefore, without interposing any delay, as St. Luke relates: "Rising up, Mary went into the mountainous country in haste."' - St. Alphonsus Maria de Liguori
Hail Mary…

"Now if these first-fruits of the redemption all passed through Mary, and she was the channel by means of which grace was communicated to the Baptist, the Holy Spirit to Elizabeth, the gift of prophecy to Zachary, and so many other blessings to that house, which were the first graces that we know to have been given upon earth by the Word, after he had become incarnate; we have great reason to believe that God, even from that time, had constituted Mary a universal channel, as St. Bernard calls her, through which thenceforth should be dispensed to us all the other graces which the Lord wishes to bestow on us. . ." - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Third Joyful Mystery – The Nativity

"It was the Lord who directed Augustus to give this edict, that he might minister to the coming of the Only-begotten; for it was this edict that brought Christ's mother into her country as the prophets had foretold, namely, to Bethlehem of Judea, according to the word, to a city of David, which is called Bethlehem." – St. John Chrysostom
Our Father…

"Bethlehem is by interpretation the house of bread. For it is the Lord Himself who says, I am the bread of life which came down from heaven. The place therefore where the Lord was born was before called the house of bread, because it was there that He was to appear in His fleshly nature who should refresh the souls of the elect with spiritual fullness." - St. Gregory the Great
Hail Mary…

"It was revealed to Sister Margaret of the Blessed Sacrament, a discalced Carmelite, who was called the Spouse of the Infant Jesus, that all that passed in the cave of Bethlehem, even the visit of the shepherds and the adoration of the holy Magi, took place in silence, and without a word." - St. Alphonsus Maria de Liguori
Hail Mary…

"How remarkably Scripture weighs the import of each word. For when we behold the flesh of the Lord, we behold the Word, which is the Son. Let not this seem to you a slight example of faith, because of the humble character of the shepherds. For simplicity is sought for, not pride. It

follows, And they came in haste. For no one indolently seeks after Christ." - St. Ambrose
Hail Mary…

"Silence in other infants is impotence; but in Jesus Christ it was virtue. The Infant Jesus does not speak; but oh! how much his silence says!" - St. Alphonsus Maria de Liguori
Hail Mary…

"The Heavenly Child suffers and cries in the crib so as to make His suffering for us loveable, meritorious and sought after. He lacked everything so that we might learn from Him to renounce earthly goods. He was pleased with humble and poor adorers so that we might love poverty and prefer the company of the little and simple ones to those of the great of the world. . . With His birth, He indicated our mission, namely to despise what the world loves and seeks." - St. Padre Pio
Hail Mary…

"There are two principal occupations of a solitary, to pray, and to do penance. Behold the Infant Jesus in the little grotto of Bethlehem giving us the example. He, in the crib which he chose for his oratory upon earth, never ceases to pray, and to pray continually, to the Eternal Father. There he constantly makes acts of adoration, of love, and of prayer." - St. Alphonsus Maria de Liguori
Hail Mary…

"Behold the wise men, who immediately, without delay, set off upon their journey. The star accompanies them as far as the cavern where the holy Infant lies: on their arrival they enter; and what do they find? They found the child with Mary. They find a poor maiden and a poor Infant wrapped in poor swaddling-clothes, without any one to attend on him or assist him. But, lo! on entering into the little shed these holy pilgrims feel a joy which they had never felt before; they feel their hearts chained to the dear little Infant which they behold. The straw, the poverty, the cries of their little Savior, oh, what darts of love! oh, what blessed flames are they to their enlightened hearts! The Infant looks upon them with a joyful countenance, and this is the mark of affection with which he accepts them amongst the first-fruits of his redemption." - St. Alphonsus Maria de Liguori
Hail Mary…

"Jesus remains in silence in the manger; Mary and Joseph adore and contemplate him in silence." -St. Alphonsus Maria de Liguori
Hail Mary…

"Let us also imitate Mary and Joseph, who, burning with love, remain contemplating the great Son of God clothed in flesh, and made subject to earthly miseries, Wisdom become an infant that cannot speak, the Great One become little, the Supreme One become so abased, the Rich One become so poor, the Omnipotent so weak."- St. Alphonsus Maria de Liguori
Hail Mary…

"The divine love for man was extreme, and so it had been from all eternity: "I have loved thee with an everlasting love, therefore have I drawn thee, taking pity on thee" But heretofore it had

not appeared how great and inconceivable it was. Then it truly appeared, when the Son of God showed himself a little one in a stable on a bundle of straw: The goodness and kindness of God our Savior appeared. The Greek text reads: The singular love of God towards men appeared." - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fourth Joyful Mystery – The Presentation in the Temple

"Not only did Angels and Prophets, the shepherds and his parents, bear witness to the birth of the Lord, but the old men and the righteous. As it is said, And, behold, there was a man in Jerusalem whose name was Simeon, and he was a just man, and one who feared God. For scarcely is righteousness preserved without fear, I mean not that fear which dreads the loss of worldly goods, (which perfect love casts out,) but that holy fear of the Lord which abides for ever, by which the righteous man, the more ardent his love to God, is so much the more careful not to offend Him." - St. Ambrose
Our Father...

"Now behold Mary actually on her way to Jerusalem to offer her Son; she hastens her steps towards the place of sacrifice, and she herself carries her beloved victim in her arms. She enters the temple, approaches the altar, and there, filled with modesty, humility, and devotion, she presents her Son to the Most High."'- St. Alphonsus Maria de Liguori
Hail Mary…

"St. Thomas teaches, that the relation of mother gives an especial right over her children; hence Jesus, being innocent in himself and not deserving any punishment for his own sins, it seemed fitting that he should not be destined to the cross as the victim for the sins of the world without the consent of his mother, by which she should voluntarily offer him to death." - St. Alphonsus Maria de Liguori
Hail Mary…

"Though these things are said of the Son, yet they have reference also to His mother, who takes each thing to herself, whether it be of danger or glory. He announces to her not only her prosperity, but her sorrows; for it follows and a sword shall pierce through your own heart." - St. Gregory of Nyssa
Hail Mary…

"Mary not only offered her Son to death in the temple, but was offering him up at every moment of her life; that this grief which St. Simeon announced to her, never left her heart till she was assumed into heaven." - Our Lady revealed to St. Bridget.
Hail Mary…

“The great sorrow that Mary endured on this day, that hence forth she suffered a living death, bearing a grief more cruel than death.” - St. Bernard
Hail Mary…

“But let us see what these offerings mean. The turtle dove is the most vocal of birds, and the pigeon the gentlest. And such was the Savior made unto us; He was endowed with perfect meekness, and like the turtle dove entranced the world, filling His garden with His own melodies. There was killed then either a turtle dove or a pigeon, that by a figure He might be shown forth to us as about to suffer in the flesh for the life of the world.” - St. Cyril
Hail Mary…

“Hereby also we learn with what desire the holy men of Israel desired to see the mystery of His incarnation.” - St. Gregory the Great
Hail Mary…

“Oh Lady, I cannot believe, that with such a sorrow thou wouldst have been able to live one moment, if God himself, who gives life, had not strengthened thee by his divine power.” - St. Anselm
Hail Mary…

“He sent him therefore on the earth to become man, destined for him a mother, and chose the Virgin Mary; but as he did not wish his divine Word to become her Son before she accepted him by her express consent, so he did not wish that Jesus should sacrifice his life for the salvation of men without the concurrence of the consent of Mary, that together with the sacrifice of the life of the Son, the heart of the mother might be sacrificed also.” - St. Alphonsus Maria de Liguori
Hail Mary…

“Mary, I repeat, already knew all the sufferings that her Son was to endure, but in the above quoted words of St. Simon: "And thy own soul a sword shall pierce," as the Lord revealed to St. Theresa, all the minute circumstances of the external as well as internal sufferings which her Lord Jesus was to endure in his passion, were made known to her. She consented to all with a firmness which made the angels wonder, and pronounced the sentence that her Son should die, and die by a death so ignominious and painful, in these words: Eternal Father, since thou dost will it, not my will, but thine be done. And I also sacrifice to thee my heart; let grief pierce it as much as pleases thee; it suffices to me that thou, oh my God, art glorified and satisfied; not my will, but thine be done.” - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fifth Joyful Mystery – The Finding in the Temple

“He is not found as soon as sought for, for Jesus was not among His kinsfolk and relations, among those who are joined to Him in the flesh, nor in the company of the multitude can He be found. Learn where those who seek Him find Him, not everywhere, but in the temple. And do you then seek Jesus in the temple of God. Seek Him in the Church, and seek Him among the masters who are in the temple. For if you wilt so seek Him, you shall find Him. They found Him not among His kinsfolk, for human relations could not comprehend the Son of God; not among His acquaintance, for He passes far beyond all human knowledge and understanding. Where then do they find Him? In the temple! If at any time you seek the Son of God, seek Him first in the temple, thither go up, and verily shall you find Christ, the Word, and the Wisdom, (i.e. the Son of God.)” - Origen
Our Father...

“After three days He is found in the temple that it might be for a sign, that after three days of victorious suffering, He who was believed to be dead should rise again and manifest Himself to our faith, seated in heaven with divine glory.” - St. Ambrose
Hail Mary…

“And it came to pass, that after three days they found him in the temple, sitting in the midst of the doctors, hearing them and asking them questions. [Lk 2.46] . . . The three days represent understanding one's own wickedness, compassion for one's brother's need, and consideration and admiration of the divine pity. “ - St. Anthony of Padua
Hail Mary…

“The temple was a spacious, roofed building *(tectum amplum)*, and represents the mind of the just man, which spreads its shelter over the neighbor’s needs, and is wide in the knowledge of self and of God. In such a temple, after such a three days, Jesus is found. And what is he doing there? Three things: He sits in the midst of the doctors; he listens; and he asks questions. In the mind of the just man there are 'doctors', namely the dispositions of reason which teach what is to be avoided and what done. Jesus 'sits in their midst' when he calms the mind and, when it is calm, rests in it. He rests and *orders all things sweetly*”[Wis. 8.1]. - St. Anthony of Padua
Hail Mary…

“*And it came to pass, that after three days they found him in the temple, sitting in the midst of the doctors, hearing them and asking them questions.* [Lk 2.46] Let us see what is meant by the three days, the temple, Jesus’ sitting, the doctors, and his hearing and asking questions. . .
This may be given another interpretation. The three days stand for penitence, which consists in the three elements of contrition, confession and satisfaction. Moses said in Exodus: *We will go three days journey into the wilderness, to sacrifice unto the Lord our God.* [Ex 3.18] After these three days, Joseph and Mary (the penitent in spirit, poor and humble) find Jesus in the temple of the heavenly Jerusalem; which is foreshadowed in Genesis, where we are told that after three days *the butler was restored to his former place* [“cf. Gen 40.20-21].'- St. Anthony of Padua
Hail Mary…

“But from His very first years being obedient to His parents, He endured all bodily labors, humbly and reverently. For since His parents were honest and just, yet at the same time poor, and ill supplied with the necessaries of life, (as the stable which administered to the holy birth bears

witness,) it is plain that they continually underwent bodily fatigue in providing for their daily wants. But Jesus being obedient to them, as the Scriptures testify, even in sustaining labors, submitted Himself to a complete subjection." - St. Basil
Hail Mary…

"To show that He was a man, He humbly listened to the masters; but to prove that He was God, He divinely answered those who spoke." - Theophyl
Hail Mary…

"And it came to pass, that after three days they found him in the temple, sitting in the midst of the doctors, hearing them and asking them questions. [Lk. 2.46] Let us see what is meant by the three days, the temple, Jesus' sitting, the doctors, and his hearing and asking questions.
The three days represent understanding one's own wickedness, compassion for one's brother's need, and consideration and admiration of the divine pity." - St. Anthony of Padua
Hail Mary…

"This, then, is the custom of the feast, according to which every just man is obliged to go up to Jerusalem, where, lest he should appear empty handed before the Lord, he should offer the lamb of innocence on behalf of his neighbor, and the two new loaves of double continence for himself; and (as Leviticus says) he should *take the fruits of the fairest tree, and the branches of palm-trees,* etc." [cf. Lev 23.40]. - St. Anthony of Padua
Hail Mary…

"If the Lord departs from the sight of that soul who loves him, he does not therefore depart from the heart. He often hides himself that she may seek him with greater desire and love. But those who would find Jesus must seek him, not amid the delights and pleasures of the world, but amid crosses and mortifications, as Mary sought him: We sought thee sorrowing, as she said to her Son." -St. Alphonsus Maria de Liguori
Hail Mary…

"Oh blessed Virgin, why art thou afflicted, seeking thy lost Son? Is it because thou dost not know where he is? But dost thou not know that he is in thy heart? Ah, Mary, dost thou sigh after Jesus, thou who lovest none but Jesus? Leave sighing to me and so many other sinners who do not love him, and who have lost him by offending him. My most amiable mother, if through my fault thy Son hast not yet returned to my soul, wilt thou obtain for me that I may find him. I know well that he allows himself to be found by all who seek him. Make me to seek him as I ought to seek him. Thou art the gate through which all find Jesus; through which I too hope to find him." - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

First Luminous Mystery – The Baptism in the River Jordan

"The Savior willed to be baptized not that He might Himself be cleansed, but to cleanse the water for us. From the time that Himself was dipped in time water, from that time has He washed away all our sins in water. And let none wonder that water, itself corporeal substance, is said to be effectual to the purification of the soul; it is so effectual, reaching to and searching out the hidden recesses of the conscience. Subtle and penetrating in its own nature, made yet more so by Christ's blessing, it touches the hidden springs of life, the secret places of the soul, by virtue of its all-pervading dew. The course of blessing is even yet more penetrating than the flow of waters. Thus the blessing which like a spiritual river flows on from the Savior's baptism, has filled the basins of all pools, and the courses of all fountains." - St. Augustine
Our Father...

"Scripture tells of many wonders wrought at various times in this river; as that, among others, in the Psalms, Jordan was driven backwards (Psalms 114:3); before the water was driven back, now sins are turned back in its current; as Elijah divided the waters of old, so Christ the Lord wrought in the same Jordan the separation of sin." - St. Ambrose
Hail Mary...

"Beautifully said is that now, to show that as Christ was baptized with water by John, so John must be baptized by Christ with the Spirit. Or, suffer now that I who have taken the form of a servant should fulfill all that low estate; otherwise know that in the Day of Judgment you must be baptized with my baptism." - St. Jerome
Hail Mary…

"The Lord says, 'Suffer this now; I have also another baptism wherewithal I must be baptized; you baptize Me with water, that I may baptize you for Me with my own blood.'" - St. Jerome
Hail Mary…

"He witnesses that He is His Son not in name merely, but in very kindred. Sons of God are we many of us; but not as He is a Son, a proper and true Son, in verity, not in estimation, by birth, not adoption." - St. Hilary
Hail Mary…

"Christ after He had been once born among men, is born a second time in the sacraments, that as we adore Him then born of a pure mother, so we may now receive Him immersed in pure water."- St. Augustine
Hail Mary…

"His mother brought forth her Son, and is yet virgin; the wave washed Christ, and is holy. Lastly, that Holy Spirit which was present to Him in the womb now shone round Him in the water, He who then made Mary pure, now sanctifies the waters." - St. Augustine
Hail Mary…

"O God, Whose only-begotten Son hath appeared in the substance of our flesh, grant, we beseech Thee, that we may be inwardly made in a new form by Him Whose form we have known to be

outwardly like ours." - St. Pius V
Hail Mary…

"For Jordan alone of rivers, receiving in itself the first-fruits of sanctification and benediction, conveyed in its channel to the whole world, as it were from some fount in the type afforded by itself, the grace of Baptism." - Saint Gregory of Nyssa
Hail Mary…

"For when the Savior is washed all water for our baptism is made clean, purified at its source with a dispensing of baptismal grace to the people of future ages. Christ is the first to be baptized then so that Christians will follow after Him with confidence." - St. Maximus of Turin
Hail Mary…

"Consider this new and wonderful flood (meaning the baptism of the Lord) greater and more important than the flood of Noah's day. Back then the water of the flood destroyed the human race but now the water of baptism has recalled the dead to life by the power of the One, Who was baptized. In the days of the flood a dove with an olive branch in his beak foreshadowed the fragrance of the good odor of Christ the Lord." - St. Proclus of Constantinople
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Second Luminous Mystery – The Miracle at the Marriage Feast of Cana

"But how came it into the mother's mind to expect so great a thing from her Son? For he had done no miracle as yet: as we read afterwards this beginning of miracles did Jesus. His real nature, however, was beginning now to be revealed by John, and His own conversations with His disciples; besides that His conception, and the circumstances of His birth, had from the first given rise to high expectations in her mind: as Luke tells us, His mother kept all these sayings in her heart. Why then did she never ask Him to work a miracle before? Because the time had now come that He should be made known. Before He had lived so much like an ordinary person that she had not had the confidence to ask Him. But now that she heard that John had borne witness to Him, and that He had disciples, she asks Him confidently." - St. John Chrysostom
Our Father...

"Our Lord wished the power of His miracles to be seen gradually; and therefore He did not reveal what He had done Himself, nor did the ruler of the feast call upon the servants to do so; (for no credit would have been given to such testimony concerning a mere man, as our Lord was supposed to be,) but He called the bridegroom, who was best able to see what was done. Christ moreover did not only make wine, but the best wine."- St. John Chrysostom
Hail Mary…

. And (the ruler of the feast) said to him, every man at the beginning does set forth good wine, and when men have well drunk, then that which is worse; but you have kept the good wine until now. The effects of the miracles of Christ are more beautiful and better than the productions of nature. So then that the water was made wine, the servants could testify; that it was made good wine, the ruler of the feast and the bridegroom." - St. John Chrysostom
Hail Mary...

"The 18th century poet, Crashaw, wrote of the miracle that was performed at the request of Our Lady, "the servants filled the 6 stone jugs with water and the unconscious waters looked at their God and blushed."
Hail Mary…

"He once in Cana of Galilee, turned the water into wine, akin to blood, and is it incredible that He should have turned wine into blood? When called to a bodily marriage, He miraculously wrought that wonderful work; and on the children of the bride-chamber, shall He not much rather be acknowledged to have bestowed the fruition of His Body and Blood?" -St. Cyril of Jerusalem
Hail Mary…

'Do whatever he tells you' (John 2:5)." - Our Lady to her Son, Jesus.
Hail Mary…

"Mary told the servants to turn to Jesus and gave them a precise order: "Do whatever he tells you" (Jn 2:5). Treasure these words, the last to be spoken by Mary as recorded in the Gospels, as it were, a spiritual testament of hers, and you will always have the joy of the celebration: Jesus is the wine of the feast!" - Pope Benedict XVI
Hail Mary…

"According to the interpretation of Christian authors, the miracle at Cana also has a deep Eucharistic meaning. Performing this miracle near the time of the Jewish feast Passover (cf. Jn 2:13), Jesus, as he did in multiplying the loaves (cf. Jn 6:4), shows his intention to prepare the true paschal banquet, the Eucharist. His desire at the wedding in Cana seems to be emphasized further by the presence of wine, which alludes to the blood of the New Covenant, and by the context of a banquet." - Blessed John Paul II
Hail Mary…

"Today Christ works the first of his signs from heaven by turning water into wine. But water has still to be changed into the sacrament of his blood, so that Christ may offer spiritual drink from the chalice of his body, to fulfill the psalmist's prophecy: How excellent is my chalice, warming my spirit." - St. Peter Chrysologus
Hail Mary…

"But see the mysteries which lie hid in that miracle of our Lord. It was necessary that all things should be fulfilled in Christ which were written of Him: those Scriptures were the water. He made the water wine when He opened to them the meaning of these things, and expounded the Scriptures; for thus that came to have a taste which before had none, and that inebriated, which

did not inebriate before." - St. Augustine
Hail Mary…

Mary is the admirable Mother of the Son, Who took pleasure in humbling and concealing her during her life in order to favor her humility, calling her by the name of, "woman" (St. Jn. 2:4) as if she were a stranger, although in His heart He esteemed and loved her above all angels and men." - St. Louis De Montfort
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Third Luminous Mystery – The Proclamation of the Kingdom of God

"Peter and Andrew had seen Christ work no miracle, had heard from Him no word of the promise of eternal reward, yet at this single bidding of the Lord they forgot all that they had seemed to possess, and straightway left their nets, and followed Him. In which deed we ought rather to consider their wills than the amount of their property. He leaves much who keeps nothing for himself, he parts with much, who with his possessions renounces his lusts. Those who followed Christ gave up enough to be coveted by those who did not follow. Our outward goods, however small, are enough for the Lord; he does not weigh the sacrifice by how much is offered but out of how much it is offered. The kingdom of God is not to be valued at a certain price, but whatever a man has, much or little, is equally available." - St. Gregory the Great
Our Father...

"Repent, therefore, and believe; that is, renounce dead works; for of what use is believing without good works? The merit of good works does not, however, bring to faith, but faith begins, that good works may follow." - St. Bede
Hail Mary...

"He chose not kings, senators, philosophers, or orators, but he chose common, poor, and untaught fishermen. Had one learned been chose, he might have attributed the choice to the merit of his learning. But our Lord Jesus Christ, willing to bow the necks of the proud, sought not to gain fishermen by orators, but gained an Emperor by a fisherman. Great was Cyprian the pleader, but Peter the fisherman was before him." - St. Augustine
Hail Mary...

"Why is it then that nothing is said of the rest of the Apostles how or when they were called, but only of Peter, Andrew, James, John, and Matthew? Because these were in the most alien and lowly stations, for nothing can he more disreputable than the office of Publican, nothing more abject than that of fisherman." -St. John Chrysostom
Hail Mary...

“Now our Lord while He ever raises us to look to the future reward of virtue, and teaches us how good it is to despise worldly things, so also He supports the weakness of the human mind by a present recompense. For it is a hard thing to take up the cross, and expose your life to danger and your body to death; to give up what you are, when you wish to be what you are not; and even the loftiest virtue seldom exchanges things present for future. The good Master then, lest any man should be broken down by despair or weariness, straightway promises that He will be seen by the faithful, in these words, But I say to you, There are some standing here who shall not taste of death till they see the kingdom of God.” - St. Ambrose
Hail Mary...

“There are in truth three states of the converted: the beginning, the middle, and the perfection. In the beginning they experience the charms of sweetness; in the middle the contests of temptation; and in the end the fullness of perfection.” - St. Gregory the Great
Hail Mary...

“First let a little love find entrance into their hearts, and the rest will follow.” - St. Philip Neri
Hail Mary…

“Christ acts like a loving mother. To induce us to follow Him, He gives us Himself as an example and promises us a reward in His kingdom.” - St. Anthony of Padua
Hail Mary…

“When I see the need for Divine teaching and how hungry people are to hear it, I am atremble to be off and running throughout the world, preaching the word of God. I have no rest, my soul finds no other relief, than to rush about and preach. “ - St. Anthony Mary Claret
Hail Mary…

“Be sure that you first preach by the way you live. If you do not, people will notice that you say one thing, but live otherwise, and your words will bring only cynical laughter and a derisive shake of the head. “ - St. Charles Borromeo
Hail Mary…

“The kingdom of God is within you. You will find him in your heart. Christ should reign first and foremost in our soul. But in order for him to reign in me, I need his abundant grace.” - St. Josemaria
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fourth Luminous Mystery – The Transfiguration

“This is the Son, this the Beloved, this the Accepted; and He it is who is to be heard, as the voice out of the cloud signifies, saying, Hear you Him. For He is a fit teacher of doing the things He has done, who has given the weight of His own example to the loss of the world, the joy of the cross, the death of the body, and after that the glory of the heavenly kingdom.” - St. Hilary
Our Father...

“Now observe, that the cloud was not black from the darkness of condensed air, and such as to overcast the sky with a horrible gloom, but a shining cloud, from which we were not moistened with rain, but as the voice of Almighty God came forth the dew of faith was shed upon the hearts of men.” - St. Ambrose
Hail Mary...

“For it follows, And there came a voice out of the cloud, saying, This is my beloved Son: hear you him. Elias was not His Son. Moses was not. But this is the Son whom you see alone.” - St. Ambrose
Hail Mary...

“How His transfiguration was accomplished, the Evangelist shows, saying, And his face did shine as the sun, and his raiment became white as snow. For that His face is said to shine, and His raiment described to become white, does not take away substance, but confer glory. In truth, the Lord was transformed into that glory in which He shall hereafter come in His Kingdom.” - St. Jerome
Hail Mary...

“If the transfigured humanity of Christ and the society of but two saints seen for a moment, could confer delight to such a degree that Peter would, even by serving them, stay their departure, how great a happiness will it be to enjoy the vision of Deity amidst choirs of Angels forever?” - St. Bede
Hail Mary...

“And we must observe, that, as when the Lord was baptized in Jordan, so on the mountain, covered with brightness, the whole mystery of the Holy Trinity is declared, because we shall see in the resurrection that glory of the Trinity which we believers confess in baptism, and shall praise it all together.” - St. Bede
Hail Mary...

“Nor is it without reason that the Holy Ghost appeared here in a bright cloud, there in the form of a dove; because he who now with a simple heart keeps the faith which He has embraced, shall then contemplate what he had believed with the brightness of open vision.” - St. Bede
Hail Mary...

But when the voice had been heard over the Son, He was found Himself alone, because when He shall have manifested Himself to His elect, God shall be all in all, yes Christ with His own, as the Head with the body, shall shine through all things.” - St. Bede
Hail Mary...

"Such as He is to be in the time of the Judgment, such was He now seen of the Apostles. Let none suppose that He lost His former form and lineaments, or laid aside His bodily reality, taking upon Him a spiritual or ethereal Body." - St. Jerome
Hail Mary...

"The transformation enhanced the brightness, but did not destroy the countenance, although the body were spiritual; whence also His raiment was changed and became white to such a degree, as in the expression of another Evangelist, no fuller on earth can whiten them." - St. Jerome
Hail Mary...

"Because the Jews were ever charging Jesus with being a transgressor of the Law and blasphemer, and usurping to Himself the glory of the Father, that He might prove Himself guiltless of both charges, He brings forward those who were eminent in both particulars; Moses, who gave the Law, and Elias, who was jealous for the glory of God." - St. John Chrysostom
Hail Mary...

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fifth Luminous Mystery – The Institution of the Eucharist

"He Himself also breaks the bread, which He gives to His disciples, to show that the breaking of His Body was to take place, not against His will, nor without His intervention; He also blessed it, because He with the Father and the Holy Spirit filled His human nature, which He took upon Him in order to suffer, with the grace of Divine power. He blessed bread and broke it, because He deigned to subject to death His manhood, which He had taken upon Him, in such a way as to show that there was within it the power of Divine immortality, and to teach them that therefore He would the more quickly raise it from the dead. There follows: And gave to them, and said, Take, eat: this is my body." - St. Bede
Our Father...

"The Lord committed His Body and Blood to substances which are formed a homogeneous compound out of many. Bread is made of many grains, wine is produced out of many berries. Herein the Lord Jesus Christ signified us, and hallowed in His own table the mystery of our peace and unity." - St. Augustine
Hail Mary...

"He Himself also breaks the bread, which He gives to His disciples, to show that the breaking of His Body was to take place, not against His will, nor without His intervention." - St. Bede
Hail Mary...

"He also blessed it, because He with the Father and the Holy Spirit filled His human nature, which He took upon Him in order to suffer, with the grace of Divine power." - St. Bede

Hail Mary...

“He blessed bread and broke it, because He deigned to subject to death His manhood, which He had taken upon Him, in such a way as to show that there was within it the power of Divine immortality, and to teach them that therefore He would the more quickly raise it from the dead. There follows: And gave to them, and said, Take, eat: this is my body.” - St. Bede
Hail Mary...

“For lest we should be shocked, seeing the Flesh and Blood placed on the holy altars, God, in compassion to our infirmities, pours into the offerings the power of life, changing them into the reality of His own flesh, that the body of life may be found in us, as it were a certain life-giving seed. He adds, Do this in commemoration of me." - St. Cyril
Hail Mary...

"It was a thing worthy of Him, Who came from God, and went to God, to trample upon all pride; He rises from supper, and laid aside His garment, and took a towel, and, girded Himself.; After that He pours water into a basin, and began to wash His disciples' feet, anal to wipe them with the towel wherewith He was girded.” - St. John Chrysostom
Hail Mary...

“See what humility He shows, not only in washing their feet, but in other things. For it was not before, but after they had sat down, that He rose; and He not only washed them, but laid aside His garments, and girded Himself with a towel, and filled a basin; He did not order others to do all this, but did it Himself, teaching us that we should be willing and ready to do such things." - St. John Chrysostom
Hail Mary...

“He gave thanks to instruct us after what manner we ought to celebrate this mystery, and showed also thereby that He came not to His Passion against His will. Also He taught us to bear whatever we suffer with thanksgiving, and infused into us good hopes. For if the type of this sacrifice, to wit, the offering of the paschal lamb, became the deliverance of the people from Egyptian bondage, much more shall the reality thereof be the deliverance of the world.” - St. John Chrysostom
Hail Mary...

“Therefore of the bread is made the Body of Christ, and the wine is made blood by the consecration of the heavenly word.” - St. Ambrose
Hail Mary...

“This bread before the sacramentary words is the bread in common use; after consecration it is made of bread Christ's flesh.” - St. Ambrose
Hail Mary...

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

First Sorrowful Mystery – The Agony in the Garden

"Then did all the sufferings he was to endure pass distinctly before his eyes, as well as all the insults that he should endure from the Jews and from the Romans; all the injustice of which the judges of his cause would be guilty towards him; and, above all, he had before him the vision of that death of desolation which he should have to endure, forsaken by all, by men and by God, in the midst of a sea of sufferings and contempt. And this it was that caused him so heavy grief that he was obliged to pray for consolation to his eternal Father. O my Jesus! I compassionate Thee, I thank Thee, and I love Thee." - St. Alphonsus Maria de Liguori
Our Father…

'O Jesus, how many generous souls. . . have kept Thee company in the Garden, sharing Thy bitterness and Thy mortal anguish. . . How many hearts in the course of the centuries have responded generously to Thy invitation. . . May this multitude of souls, then, in this supreme hour, be a comfort to Thee, who, better than the disciples, share with Thee the distress of Thy heart, and cooperate with Thee for their own salvation and that of others. And grant that I also may be of their number, that I also may offer Thee some relief.' St. Padre Pio
Hail Mary…

"But let us take heart. . . Let us glance at the Divine Master who prayed in the Garden and we will discover the true ladder which unites the earth to Heaven. We will discover that humility, contrition and prayer make the distance between man and God disappear, and act in such a way that God descends to man, and man ascends to God, so that they end up understanding, loving and possessing one another.'" - St. Padre Pio
Hail Mary…

"Behold, our most loving Savior, having come to the Garden of Gethsemane, did of his own accord make a beginning of his bitter Passion by giving full liberty to the passions of fear, of weariness, and of sorrow to come and afflict him with all their torments: *He began to fear; and to be heavy, to grow sorrowful, and to be sad.*" - St. Alphonsus Maria de Liguori
Hail Mary…

"My most loving Savior, who when weighed down with faintness and grief of heart, in the garden of Gethsemane, didst turn in fervent prayer to the Eternal Father, while the drops of Thy bloody sweat ran down profusely to the ground; grant me the grace that, in memory of Thy most holy passion, I may, at least, shed abundant tears of grief and contrition, as Thou Thy bloody sweat of agony that night. Amen." - St. Leonard of Port Maurice
Hail Mary…

"We read in history that several penitents being enlightened by divine light to see the malice of their sins, have died of pure sorrow for them. Oh, what torment, then, must not the heart of Jesus endure at the sight of all the sins of the world, of all the blasphemies, sacrileges, acts of impurity,

and all the other crimes which should be committed by men after his death, every one of which, like a wild beast, tore his heart separately by its own malice" - St. Alphonsus Maria de Liguori
Hail Mary…

"Whenever you are seized by melancholy, let your thoughts dwell on that fateful night on which the Son of God began the work of redemption in the solitude of Gethsemane and offer your own sufferings to the Divine Father, along with the sufferings of Jesus." - St. Padre Pio
Hail Mary…

"Oh, what sufferings did not this first combat bring Thee, my beloved Lord! During the progress of Thy Passion, the scourges, the thorns, the nails, came one after the other to torment Thee. But in the garden all the sufferings of Thy whole Passion assaulted Thee all together and tormented Thee. And Thou didst accept all for my sake and my good. O my God! how much I regret not having loved Thee in times past, and having preferred my own accursed pleasures to Thy will!" - St. Alphonsus Maria de Liguori
Hail Mary…

'Consider Jesus' act of acceptance in the Garden and how much it cost Him, making Him sweat blood. Make this act yourself when things are going well and also when they go against you. . . We know that nature shrinks from the cross when things are hard, but we cannot say the soul is not submissive to God's will when we see it carrying out that will, in spite of the strong pull it feels in the opposite direction.' St. Padre Pio
Hail Mary…

"He began, then, first to feel a great fear of death, and of the sufferings he would have soon to endure. *He began to fear;* but how? Was it not he himself that had offered himself spontaneously to endure all these torments? *He was offered because He willed it.*' - St. Alphonsus Maria de Liguori
Hail Mary…

"And there appeared to Him an angel. . . strengthening Him," Strength came, but, says the Venerable Bede, this rather increased than lightened his sufferings: "Strength did not diminish, but increased his sorrow." Yes, for the angel strengthened him that he might suffer still more for the love of men and the glory of his Father." - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Second Sorrowful Mystery – The Scourging at the Pillar

"Scourging was the chastisement inflicted on slaves only. Therefore, says St. Bernard, our loving Redeemer willed to take the form, not only of a slave, in order to subject himself to the will of

others, but even of a bad slave in order to be chastised with scourges, and so to pay the penalty due from man, who had made himself the slave of sin: *"Taking not only the form of a slave, that he might submit, but even of a bad slave, that he might be beaten and suffer the punishment of the slave of sin."* -St. Alphonsus Maria de Liguori
Our Father…

"Jesus one day manifested himself under his scourging to Sister Victoria Angelini; and showing her his body one mass of wounds, said to her, "These wounds, Victoria, every one of them, ask thee for love."
Hail Mary…

"As soon as he had arrived at the praetorium (as was revealed to St. Bridget), our loving Savior, at the command of the servants, stripped himself of his garments, embraced the column, and then laid on it his hands to have them bound. O God, already is begun the cruel torture! O angels of heaven, come and look on this sorrowful spectacle; and if it be not permitted you to deliver your king from this barbarous slaughter which men have prepared for him, at least come and weep for compassion." - St. Alphonsus Maria de Liguori
Hail Mary…

"He is wounded, over his whole body, torn with the scourges; now they twine round his shoulders, now round his legs, streaks upon streaks, wounds added to fresh wounds." - St. Peter Damian
Hail Mary…

"That divine blood was already issuing from every pore; that sacred body was already become but one perfect wound; yet those infuriated brutes did not forbear to add blow to blow, as the Prophet had foretold: *And they have added to the grief of my wounds.* So that the thongs not only made the whole body one wound, but even bore away pieces of it into the air, until at length the gashes in that sacred flesh were such that the bones might have been counted: 'The flesh was torn away, that the bones could be numbered." - St. Alphonsus Maria de Liguori
Hail Mary…

"Who was standing by, saw his body scourged to the very ribs, so that his ribs themselves might be seen. And what was even yet more bitter still, when the scourges were drawn back, his flesh was furrowed by them." - The Blessed Virgin Mary, from 'the Revelations of St. Bridget of Sweden
Hail Mary…

"Cruel in excess to our Redeemer was this torture of his scourging in the first place, because of the great number of those by whom it was inflicted; who, as was revealed to St. Mary Magdalen of Pazzi, were not fewer than sixty. And these, at the instigation of the devils, and even more so of the priests, who were afraid lest Pilate should, after this punishment, be minded to release the Lord, as he had already protested to them, saying, *I will therefore scourge Him, and let Him go,* aimed at taking away his life by means of this scourging." - St. Alphonsus Maria de Liguori
Hail Mary…

“The royal blood is flowing; bruise is superadded to bruise, and gash to gash.” - St. Bonaventure
Hail Mary…

“ and the more he is presented to us veiled under deformity, the more precious and sweet is he made to the bride.” - St. Augustine
Hail Mary…

“Cornelius a Lapide says that in this torment Jesus Christ ought, naturally speaking, to have died; but he willed, by his divine power, to keep himself in life, in order to suffer yet greater pains for love of us; and St. Laurence Justinian had observed the same thing before: "He evidently ought to have died. Yet he reserved himself unto life, it being his will to endure heavier sufferings.” - St. Alphonsus Maria de Liguori
Hail Mary…

“Behold these barbarians, like so many ravening dogs, are already with the scourges attacking this innocent lamb. See how one beats him on the breast, another strikes his shoulders, another smites his loins and his legs; even his sacred head and his beautiful face cannot escape the blows. Ah me! already flows that divine blood from every part; already with that blood are saturated the scourges, the hands of the executioner, the column, and the ground.” - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Third Sorrowful Mystery – The Crowning with Thorns

“A Crown of Thorns, reaching to the middle of His forehead, was most violently pressed upon the adorable Head of my Son. Through the numerous wounds caused by those perforating thorns so many streams of Blood were flowing in every direction, and in such a quantity, as to soak the hair of His Head, fill His ears, cover His face, and saturate His beard. His whole countenance was covered with Blood. His eyes were so filled with it that, when He wished to look at any object, my Son was obliged, by compressing the eye-lid, to squeeze the Blood out of them.' The Blessed Virgin Mary, “ - The Revelations of St. Bridget of Sweden'
Our Father…

“When the pricking of one single thorn is sufficient to produce in our foot intolerable pain, who can form an idea of the intense agony caused to our Lord by so many thorns perforating all at once His adorable Head?” - St. Vincent Ferrer
Hail Mary…

“And, as St. Laurence Justinian says, with St. Peter Damian, the thorns were so long that they penetrated even to the brain: "The thorns perforating the brain.”’ - St. Alphonsus Maria de

Liguori
Hail Mary…

“These bloody thorns of our Savior's crown are intended to signify the stings of sin, with which our conscience is wounded. Our merciful Lord accepted these thorns as our substitute, because He undertook to suffer and die for our sins.” - St. Thomas Aquinas
Hail Mary…

“And, as St. Laurence Justinian says, with St. Peter Damian, the thorns were so long that they penetrated even to the brain: "The thorns perforating the brain."' -St. Alphonsus Maria de Liguori
Hail Mary…

“When those barbarians had placed upon the head of Jesus that crown of torture, it was not enough for them to press it down as forcibly as they could with their hands, but they took a reed to answer the purpose of a hammer, that so they might make the thorns penetrate the more deeply.'” - St. Alphonsus Maria de Liguori
Hail Mary…

“The crown of thorns embraced his head most tightly, and came down as low as the middle of the forehead.” - St. Bridget of Sweden
Hail Mary…

“The soldiers of the Roman Governor, after having scourged my Son at the pillar, adapted a Crown of Thorns to His adorable Head, and, pressed it with such violence that Blood was made to gush so copiously from it as to cover His eyes, fill His ears and imbrue all His beard.” - The Blessed Virgin Mary, 'The Revelations of St. Bridget of Sweden'
Hail Mary…

'What do thorns signify but the condition of sinners who, like hedgehogs, are all over bristling with the thorns of sin." Then might be seen no longer the face of the Lord Jesus, but that of a man who had undergone excoriation.' St. Bonaventure
Hail Mary…

“They then began to turn him into derision, as if he had been a mock king; first of all saluting him on their bended knee as King of the Jews; and then, rising up, they spit into his face, and buffeted him with shouts and jests of scorn. Ah, my Jesus, to what art Thou reduced!'” - St. Alphonsus Maria de Liguori
Hail Mary…

“He very often closed his eyes, and uttered piercing sighs, like those of one about to die.” - Bl. Agatha of the Cross
Hail Mary…

“The crown of thorns embraced his head most tightly, and came down as low as the middle of the forehead.” - St. Bridget of Sweden
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fourth Sorrowful Mystery – The Carrying of the Cross

“But Jesus did not wait, says St. Thomas of Villanova. for the executioner to lay the cross upon him; of his own accord he stretched forth his hands, and eagerly laid hold of it, and placed it upon his own wounded shoulders: "He waited not till the soldier should lay it upon him, but he grasped hold of it joyfully." Come, he then said, come, my beloved cross; it is now three-and-thirty years that I am sighing and searching for thee. I embrace thee, I clasp thee to my heart, for thou art the altar upon which it is my will to sacrifice my life out of love for my flock.” - St. Alphonsus Maria de Liguori
Our Father…

“They then take two rough beams, and of them they quickly construct the cross, the length of which was fifteen feet, as St. Bonaventure says, with St. Anselm, and they lay it upon the shoulders of the Redeemer.”
Hail Mary…

“Behold that Messiah who but a few days before had been proclaimed the Savior of the world, and received with acclamations and benedictions by the people, who cried out, *Hosanna to the Son of David; blessed be He that cometh in the name of the Lord;* and, after all, to see him as, bound, ridiculed, and execrated by all, he moves along, laden with a cross, to die the death of a villain!”’ - St. Alphonsus Maria de Liguori
Hail Mary…

“They put on him his own raiment, that he might the better be recognized by all; since, as his face was all bloody and disfigured, it would not have been an easy matter for all to have recognized him.” - St. Ambrose
Hail Mary…

“We must keep the eye of faith fixed on Jesus Christ who climbs the hill of Calvary loaded with his Cross, and as he toils painfully up the steep slope of Golgotha we should see him followed by an immense throng of souls carrying their own crosses and treading the same path. Oh, what a beautiful sight this is. Let us fix our mental gaze firmly on it. We see close behind Jesus our most holy Mother, who follows him perfectly, loaded with her own cross. Then comes the Apostles, Martyrs, Doctors, Virgins and Confessors. . . Jesus himself, despite all our unworthiness, has associated us with this beautiful company. We must make every effort to merge ourselves increasingly in these ranks and hasten with them along the road to Calvary. We should look to

the end of the journey and not separate ourselves from this fine company; we must refuse to follow any other way than the one they tread." - St. Padre Pio
Hail Mary…

"The Cross is the way to Paradise, but only when it is borne willingly." - St. Paul of the Cross
Hail Mary…

"The officers of justice come forth with the criminals condemned; and in the midst of these also moves forward unto death the King of heaven, tbe only-begotten Son of God, laden with his cross: *And bearing His own cross, He went forth to that place which is called Calvary.* Do ye too, O blessed Seraphim, sally forth from heaven, and come and accompany your Lord, who is going to Calvary, there to be executed, together with the malefactors, upon a gibbet of infamy." - St. Alphonsus Maria de Liguori
Hail Mary…

"So drained of blood is he and wearied out with his torments, that for very weakness he can scarcely stand. Behold him, all torn with wounds, with that bundle of thorns upon his head, with that heavy cross upon his shoulders, and with one of those soldiers dragging him along by a rope. Look at him as he goes along, with body bent double, with knees all of a tremble, dripping with blood; and so painful is it to him to walk, that at every step he seems ready to die." - St. Alphonsus Maria de Liguori
Hail Mary…

"Whoever does not seek the cross of Christ doesn't seek the glory of Christ." - St. John of the Cross
Hail Mary…

"In uniting yourself to God's will, you take on new life and gather great courage, willingly embracing the cross and kissing His hand even when it chastises you, a hand that reaches out to you in love and has no other intention but your greater spiritual well-being." - St. Paul of the Cross
Hail Mary…

"Put the question to him: O divine lamb hast Thou not yet had Thy fill of sufferings? If it is by them that Thou dost aim at gaining my love, oh, let Thy sufferings end here, for I wish to love Thee as Thou dost desire. No, he replies, I am not yet content: then shall I be content when I see myself die for love of you. And whither, O my Jesus, art Thou going now? I am going, he answers, to die for you. Hinder me not: this only do I ask of, and recommend to, you, that, when you shall see me actually dead upon the cross for you, you will keep in mind the love which I have borne you; bear it in mind, and love me.'" - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fifth Sorrowful Mystery – The Crucifixion

"Jesus, by the mouth of the Prophet, made lamentation that, when dying upon the cross, he went in search of someone to console him, but found none: *And I looked for one that would comfort Me, and I found none.* The Jews and the Romans, even while he was dying, uttered against him their execrations and blasphemies. The Host Holy Mary -- yes, she stood beneath the cross, in order to afford him some relief, had it been in her power to do so; but this afflicted and loving Mother, by the sorrow which she suffered through sympathy with his pains, only added to the affliction of this her Son, who loved her so dearly. St. Bernard says that the pains of Mary all went towards increasing the torments of the Heart of Jesus: "The Mother being filled with it, the ocean of her sorrow poured itself back upon the Son."' So that the Redeemer, in beholding Mary sorrowing thus, felt his soul pierced more by the sorrows of Mary than by his own; as was revealed to St. Bridget by the Blessed Virgin herself: "He, on beholding me, grieved more for me than for himself." Whence St. Bernard says, "O good Jesus, great as are Thy bodily sufferings, much more dost Thou suffer in Thy Heart through compassion for Thy Mother."' - St. Alphonsus Maria de Liguori
Our Father…

"Ah, my Jesus, by what power was it that Thy hands and Thy feet were nailed to this wood, but by the love Thou didst bear to men?" - St. Alphonsus Maria de Liguori
Hail Mary…

"He was crucified wholly without any alleviation of suffering.'" -St. Lawrence Justinian
Hail Mary…

"But the pains of Jesus were far beyond all other pains; for, as the Angelic Doctor says, the body of Jesus Christ, being perfectly constituted, was more quick and sensitive to pain, that body which was fashioned for him by the Holy Spirit, expressly with a view to his suffering, as he had foretold; as the Apostle testifies, *A body thou hast fitted to Me.*" - St. Alphonsus Maria de Liguori
Hail Mary…

"It seems as though our Redeemer from the cross said to us all, "See what it is to love," whenever, in order to avoid something that is troublesome, we abandon works that are pleasing in his sight, or at times even go so far as to renounce his grace and his love. He has loved us even unto death, and came not down from the cross till after having left his life thereon." - St. Alphonsus Maria de Liguori
Hail Mary…

"O Queen of Sorrows, things given as memorials by a beloved son at the hour of his death, how very dear they are, and never do they slip away from the memory of a mother! Oh, bear it in mind that thy Son, who loved thee so dearly, has, in the person of John, left me, a sinner, to thee for a son. For the love which thou didst bear to Jesus, have compassion on me." - St. Alphonsus

Maria de Liguori
Hail Mary…

“The Lord having, with great difficulty, at length reached the top of the Mount alive, they violently, for the third time, tear his clothes from off him, sticking, as they did, to the sores upon his wounded flesh, and they throw him down upon the cross. The divine lamb stretches himself out upon that bed of torment; he reaches forth to the executioners his hands and his feet to be nailed; and raising his eyes to heaven, he offers up to his Eternal Father the great sacrifice of his life for the salvation of men.” - St. Alphonsus Maria de Liguori
Hail Mary…

“O my Jesus, when I behold Thee upon this tree, I find nothing in Thee from head to foot but pain and sorrow.'” - St. Bernard
Hail Mary…

“They drew my hands and my feet with a rope to the places of the nails, so that the nerves and veins were stretched out to the full and broke asunder.” - Our Lord Jesus Christ, to St. Bridget of Sweden
Hail Mary…

“It seems as though our Redeemer from the cross said to us all, "See what it is to love," whenever, in order to avoid something that is troublesome, we abandon works that are pleasing in his sight, or at times even go so far as to renounce his grace and his love. He has loved us even unto death, and came not down from the cross till after having left his life thereon.'” - St. Alphonsus Maria de Liguori
Hail Mary…

“What pangs, too, must not those loving Hearts of Jesus and Mary have felt when the moment arrived in which the Son, before breathing his last, had to take his leave of the Mother!” - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

First Glorious Mystery – The Resurrection

“Jesus Christ, then, rose with the glory of possessing all power in heaven and earth, not as God alone, but as a man; wherefore all angels and men are subject to him. Let us rejoice in thus seeing in glory our Savior, our Father, and the best friend that we possess. And let us rejoice for ourselves, because the resurrection of Jesus Christ is for us a sure pledge of our own resurrection, and of the glory that we hope one day to have in heaven, both in soul and in body. This hope gave courage to the holy martyrs to suffer with gladness all the evils of this life, and the most

cruel torments of tyrants. We must rest assured, however, that none will rejoice with Jesus Christ but they who are willing to suffer in this world with him." - St. Alphonsus Maria de Liguori
Our Father…

"The first and unique effect of the divine gift of genuine spiritual knowledge is to produce within us by faith the resurrection of God. Faith needs to be accompanied, by the right ordering of our will and purpose - that is to say, by discrimination - which makes it possible for us bravely to withstand the spate of trials and temptations, sought or unsought. Thus faith, rightfully expressing itself through the fulfillment of the commandments, is the first resurrection within us of the God whom we have slain through our ignorance.'" - St. Maximos the Confessor
Hail Mary…

"[Mary Magdalene] sought the body, and found it not; she persevered in seeking; and so it came to pass that she found. Her longings growing the stronger, the more they were disappointed, at last found and laid hold on their object. For holy longings ever gain strength by delay, did they not, they would not be longings. Mary so loved, that not content with seeing the sepulcher, she stooped down and looked in: let us see the fruit which came of this persevering love: And sees two Angels in white sitting, the one at the head, and the other at the feet, where the body of Jesus had lain..." - St. Gregory the Great
Hail Mary…

"A twofold feeling possessed the minds of the women, fear and joy; fear, at the greatness of the miracle; joy, in their desire of Him that was risen; but both added speed to their women's steps, as it follows, And did run to bring his disciples word. They went to the Apostles that through them might be spread abroad the seed of the faith. They who thus desired, and who thus ran, merited having their rising Lord come to meet them; whence it follows, and, behold, Jesus met them, saying, All hail." - St. Jerome
Hail Mary…

"According to the mystical meaning, by the women coming early in the morning to the sepulcher, we have an example given us, that having cast away the darkness of our vices, we should come to the Body of the Lord. For that sepulcher also bore the figure of the Altar of the Lord, wherein herein the mysteries of Christ's Body, not in silk or purple cloth, but in pure white linen, like that in which Joseph wrapped it, ought to be consecrated, that as He offered up to death for us the true substance of His earthly nature, so we also in commemoration of Him should place on the Altar the flax, pure from the plant of the earth, and white, and in many ways refined by a kind of crushing to death." - St. Bede
Hail Mary…

"The spices which the women bring, signify the odor of virtue, and the sweetness of prayers by which we ought to approach the Altar. The rolling back of the stone alludes to the unclosing of the Sacraments which were concealed by the veil of the letter of the law which was written on stone, the covering of which being taken away, the dead body of the Lord is not found, but the living body is preached; for although we have known Christ according to the flesh, yet now henceforth know we Him no more." - St. Bede
Hail Mary…

“When the Body of our Lord lay in the sepulcher, Angels are said to have stood by, so also at the time of consecration are they to be believed to stand by the mysteries of Christ. Let us then after the example of the devout women, whenever we approach the heavenly mysteries because of the presence of the Angels, or from reverence to the Sacred Offering, with all humility, bow our faces to the earth, recollecting that we are but dust and ashes.” - St. Bede
Hail Mary…

“But He did not appear to him immediately, but waited till the eighth day, in order that the admonition being given in the presence of the disciples, might kindle in him greater desire, and strengthen his faith for the future. And after eight days again His disciples were within, and Thomas with them: then came Jesus, the doors being shut, and stood in the midst, and said, Peace be to you....” - St. John Chrysostom
Hail Mary…

“And first He rebukes him; Then says He to Thomas, Reach hither your finger, and behold My hands; and reach hither your hand, and thrust it into My side: secondly, He admonishes him; And be not faithless, but believing. Note how that before they receive the Holy Ghost faith wavers, but afterward is firm. We may wonder how an incorruptible body could retain the marks of the nails. But it was done in condescension; in order that they might be sure that it was the very person Who was crucified.” - St. John Chrysostom
Hail Mary…

“Let us consider the glory of our Redeemer when he arose from the sepulchre, after having vanquished Satan, and delivered the human race from bondage. How great is the folly of the sinner who, having been once delivered from the tyranny of the devil, consents to become again his slave for some wretched gain or some miserable pleasure of this world! Let us pray to the Blessed Virgin to unite us by love so closely to Jesus Christ that we may never again by mortal sin become the slaves of Lucifer.” - St. Alphonsus Maria de Liguori
Hail Mary…

“At the general resurrection, which is "morning," or the beginning of the age to come, the wicked shall see the just established their masters and their judges ; then the power which they had in this world will be shattered and destroyed in hell, after all the vain glory of which they boasted during their life.” - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Second Glorious Mystery – The Ascension into Heaven

“To this day stands Mount Olivet, still to the eyes of the faithful all but displaying Him Who ascended on a cloud, and the heavenly gate of His ascension. For from heaven He descended to

Bethlehem, but to heaven He ascended from the Mount of Olives. Olives; at the former place beginning His conflicts among men, but in the latter, crowned after them. Thou hast therefore many witnesses; thou hast this very place of the Resurrection; thou hast also the place of the Ascension towards the east; thou hast also for witnesses the Angels which there bore testimony; and the cloud on which He went up, and the disciples who came down from that place." - St. Cyril of Jerusalem
Our Father…

"Rejoice still more, my Lady, O Virgin Mary; and at your joy, let all the world rejoice. For many years after his ascension your Son permitted you to remain in this world for the consolation of his friends and for the strengthening of the faith, for the relief of the poor and for the sound counseling of the apostles. Then, through your prudent words, your seemly behavior, and your virtuous deeds, your Son converted countless Jews and infidel pagans to the Catholic faith; and by wondrously illuminating them, he enlightened them to confess that you are a virgin-mother and that he, your Son, is God with a true human nature." - Excerpts of prayers divinely revealed to St. Bridget of Sweden
Hail Mary…

"The glorious feast of the ascension is the end and accomplishment of all other feasts and solemnities, and a blessed conclusion of the weary pilgrimage of Jesus Christ on earth."- St. Bernard of Clairvaux
Hail Mary…

"After the ascension of Jesus Christ, Mary remained on earth to attend to the propagation of the faith. Hence the disciples of our Lord had recourse to her, and she solved their doubts, comforted them in their persecutions, and encouraged them to labor for the Divine glory and the salvation of redeemed souls. She willingly remained on earth, knowing that such was the will of God, for the good of the Church; but she could not but feel the pain of being far from the presence and sight of her beloved Son, who had ascended to heaven." - St. Alphonsus Maria de Liguori
Hail Mary…

"The ascension of our Lord and Savior Jesus was about the sixth hour. And although the whole court of heaven made a general rejoicing in a manner beyond all expression, yet from the hour of his ascension to the sixth hour of the next day, we may piously imagine that the angels more particularly celebrated this joyful festival." - St. Bonaventure
Hail Mary…

"And, in the same manner, on the second, the archangels; on the third day, the virtues; on the fourth day, the powers; on the fifth, the principalities; on the sixth, the dominations; on the seventh, the thrones; on the eighth, the cherubims; on the ninth, the seraphims; which are the nine orders of holy angels, who continued their joy full solemnity till the vigil of Pentecost; from which time, to the third hour of the day following, which is Whitsunday, the holy Fathers, with the rest of their blessed company, made the same solemn rejoicings." - St. Bonaventure
Hail Mary…

“Thus, during the space of ten days before the descent of the Holy Ghost upon earth, they all continued in an uninterrupted acclamation of praise, glory, and thanksgiving to God, to whom be continued the same by every creature to the end of the world, and forever. Amen.” - St. Bonaventure
Hail Mary…

“At length, when the mysteries were all fulfilled and completed, our Lord Jesus began gradually to raise himself up before them, and to ascend by his own virtue and power into heaven. And then the Blessed Virgin, with the rest, fell down and devoutly worshipped him. And our Lady said, "O my beloved, I beseech thee to be mindful of me," and with this she burst forth into tears, not being able to refrain, when she reflected on his departure, yet was she full of inward joy, to see her blessed son thus gloriously ascend into heaven.” - St. Bonaventure
Hail Mary…

“His disciples also, when they be held him ascending, said, "Thou knowest, O Lord, that we have renounced all things for thee, wherefore, we beseech thee not to forget us, but be ever mindful of us, for whom we have forsaken all." Then our Lord lifting up his hands, with serene and pleasing aspect, crowned with glory, victoriously ascended into heaven, but first blessing them, he said, "Be steadfast, and fight courageously, for I shall always be with you, even to the end of the world.” - St. Bonaventure
Hail Mary…

“The Father raising him up, placed him on his right-hand, and said, "My blessed son, to thee all power is given in heaven and earth, wherefore concerning all thou hast asked, dispose and order as shall seem most expedient to thee.” - St. Bonaventure
Hail Mary…

“Before Jesus Christ died for us, Paradise was closed against us; but by his death, Jesus has opened it for all those that love him. Ah, what a pity that, after our Savior has suffered so much to obtain Paradise, this happy kingdom. . . so many foolish sinners should renounce it and give themselves up to hell for a worthless pleasure, for a mere nothing! Let us beseech Mary to obtain for us the light to see clearly how miserable are the goods of this world, and how great the delights that God offers in the world to come to those that love him.”' - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Third Glorious Mystery – The Descent of Holy Spirit upon the Apostles and Our Lady

“The holy Apostles remained in seclusion and applied themselves to prayer from the Ascension of Jesus Christ until the day of Pentecost. This was a feast that the Jews celebrated in memory of the giving of the Old Law to Moses on Mount Sinai. On this day the Holy Spirit descended on the Apostles and on all those who were gathered together with them in the large upper room. He came to bring them a new law, the law of grace and love, and he poured himself out upon them like a strong, driving wind. This was to show that just as God in creating man had, as Holy Scripture expresses it, breathed into him the breath of life, so too in communicating a new life to his disciples to live only by grace, he breathed into them his divine Spirit to give them some share in his own divine life.” - St. Jean Baptiste de la Salle
Our Father…

“You carry out a work that requires you to touch hearts, but this you cannot do except by the Spirit of God. Pray to him to give you today the same grace that he gave the holy Apostles. Ask him that after filling you with his Holy Spirit to sanctify you, he will also communicate himself to you to procure the salvation of others.” - St. Jean Baptiste de la Salle
Hail Mary…

“Before receiving the Holy Ghost, the apostles were so feeble, so cold, in the love of God, that, at the time of the Passion of our Lord, one betrayed him, another denied him, and all abandoned him; but as soon as they had all received the Holy Ghost, they were so much inflamed with love that they gave up their lives generously for Jesus Christ. St. Augustine says: He who loves, does not labor. He who loves God feels no affliction under crosses, but rather rejoices. . . Let us ask of Mary to obtain for us from the Holy Ghost the gift of divine love; for then all the crosses of this life will seem sweet to us.” - St. Alphonsus Maria de Liguori
Hail Mary…

“Our Lord ascends to heaven, and the Holy Ghost visibly descends to earth.” - St. Leonard of Port Maurice
Hail Mary…

“They had all fled after seeing Christ die on the cross; they had gone into hiding, afraid of death. But after receiving the Holy Spirit, they came together again and gathered in the same place; there *they encouraged one another* and urged one another *to suffer for the name of Jesus Christ.* In such suffering they considered themselves blessed, and they rejoiced.” - St. Jean Baptiste de la Salle
Hail Mary...

“Jesus sent His Holy Spirit. The Apostles celebrated Mass in the Cenacle the evening of Pentecost itself. That great day was crowned by the Communion of all the Faithful of the Church, the disciples, and the newly baptized. "When enemies are reconciled, they invite one another to festivals of peace. Ah, well! on this day Jesus Christ shows us that He has reconciled us to His Father by sending us the Spirit of Peace. This day ought to end in the inebriating joys of the Eucharistic Banquet.” - St. Peter Julian Eymard
Hail Mary…

“These gifts were signified by the "fiery tongues" which appeared on the day of Pentecost, whilst a sound as of a mighty wind was heard at the same time. The light of the fire signified wisdom, its heat charity, the form of the tongues eloquence, and the sound the gift of miracles.” - St. Robert Bellarmine
Hail Mary…

“Hence it was that the Holy Ghost chose to appear in the form of fiery tongues.” - St. Alphonsus Maria de Liguori
Hail Mary…

“This was the holy fire which has inspired the saints to do such great things for God, to love their enemies, to desire contempt, to renounce all worldly goods, and to embrace with cheerfulness, even torments and death.” - St. Alphonsus Maria de Liguori
Hail Mary…

“Love cannot remain idle, and never says: "It is enough." The soul that loves God, the more she does for her beloved, desires the more to do for him, in order to please him the more, and to draw down his love the more. This holy love is enkindled in mental prayer: *In my meditation a fire shall flame out. Ps. xxxviii.* If therefore we desire to be on fire with the love of God, we must delight in prayer; this is the blessed furnace in which this divine ardor is enkindled.” - St. Alphonsus Maria de Liguori
Hail Mary…

“Behold the Mother of the Church presenting herself at the altar, and receiving in ecstatic recollection, with love redoubled by the coming of the Holy Spirit, the Sacred Body of her Divine Son!” - St. Peter Julian Eymard
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fourth Glorious Mystery – The Assumption of the Blessed Virgin Mary Body and Soul into Heaven

“After Jesus Christ our Savior had completed the work of our redemption by his death, the angels earnestly desired to have him with them in their heavenly country; hence they were continually supplicating him, repeating the words of David: "Arise, oh Lord, into thy resting-place, thou and the ark which thou hast sanctified." Come, oh Lord, now that thou hast redeemed men, come to thy kingdom with us, and bring with thee also the living ark of thy sanctification, namely, thy mother, who was the ark sanctified by thee when thou didst inhabit her womb.” - St. Alphonsus Maria de Liguori
Our Father…

“Now Mary has left the earth, now she is in heaven. From thence this kind mother looks down upon us, who are still in this valley of tears, compassionates us, and promises us her support if we wish for it.” - St. Alphonsus Maria de Liguori
Hail Mary…

“Father, I believe that on that day there is seen in paradise a new paradise, the glory being seen there of the mother of God crowned queen of heaven, and seated so near the Lord above all the choirs of angels. And if it is true that every year, as I believe it to be certain, this festival is renewed in heaven, I hope to see the next one.” - St. Stanislas Kostka, August 5th, shortly before his death on the feast of the Assumption
Hail Mary…

“But not only does Mary console and succor her servants in purgatory; she also releases them from this prison, and delivers them by her intercession. From the day of her glorious assumption, in which that prison is said to have been emptied, as Gerson writes; and Novarino confirms this by saying, that many weighty authors relate that Mary, when about to ascend to paradise, asked this favor of her Son, that she might take with her all the souls that were then in purgatory; from that time, says Gerson, the blessed Virgin has possessed the privilege of freeing her servants from those pains.” - St. Alphonsus Maria de Liguori
Hail Mary…

“We read in the holy Canticles, that at the Assumption of the Virgin, the angels three times asked her name: "Who is she that goeth up by the desert as a pillar of smoke?" "Who is she that cometh forth as the morning rising?" And in another: "Who is this that cometh up from the desert, flowing with delights?" - St. Alphonsus Maria de Liguori
Hail Mary…

‘Richard of St. Laurence inquires why the angels so often asked the name of this queen, and answers: The sound of the name of Mary was so sweet to the angels, and they repeated the question that they might hear it repeated also.'
Hail Mary…

“One day St. Gertrude saw under the mantle of Mary innumerable souls, whom our Lady was looking upon with great affection, and she understood them to be those who, on preceding days, had prepared themselves, by devout exercises, for the feast of the Assumption.”
Hail Mary…

“And then all those blessed spirits begin to bless and praise her, singing, with more reason than the Hebrews said to Judith: "Thou art the glory of Jerusalem, thou art the joy of Israel, them art the honor of our people." Ah! Our Lady and our queen, then thou art the glory of paradise, the joy of our country, thou art the honor of us all; be ever welcome, be ever blessed; behold thy kingdom, behold us, we are all thy servants, ready for thy commands.” - St. Alphonsus Maria de Liguori
Hail Mary…

“The holy Church teaches us, in the collect of the Mass for the Vigil of the Assumption, that the divine mother has been removed from this earth that she might intercede for us with God, in sure confidence of being graciously heard. Hence Mary is named by St. Justinian, Arbitress: "Sequestra.’ “ - St. Alphonsus Maria de Liguori
Hail Mary…

“Who is this creature so beautiful, that comes from the desert of the earth, a place so full of thorns and tribulation? This one comes so pure and so rich in virtue, supported by her beloved Lord, who deigns to accompany her with so great honor. Who is she? The angels who accompany her answer: This is the mother of our King, she is our queen, and the blessed one among women, full of grace, the saint of saints, the beloved of God, the immaculate, the dove, the most beautiful of all creatures.”’ - St. Alphonsus Maria de Liguori
Hail Mary…

“Now Mary has left the earth, now she is in heaven. From thence this kind mother looks down upon us, who are still in this valley of tears, compassionates us, and promises us her support if we wish for it.” - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fifth Glorious Mystery – The Coronation – The Crowning of Our Lady as Queen of Heaven and of Earth

“If the human mind, cannot attain to comprehend the immense glory which God has prepared in heaven for those who have loved him on earth, as the apostle declares, who will ever attain to comprehend what he has prepared for her who bore him? What glory did he prepare for his beloved mother, he who on earth loved her more than all men; who, even from the first moment of her creation, loved her more than all men and angels united! Justly, then, does the holy Church say that Mary having loved God more than all the angels, she has been exalted above all the angels, in heaven.” - St. Bernard
Our Father…

“Her Son placed seven lilies in the crown, and between the lilies he placed seven gems. The first lily is her humility; the second, fear; the third, obedience; the fourth, patience; the fifth, steadfastness; the sixth, kindness, for she kindly gives to all who ask; the seventh is mercy in necessities, for in whatever necessity a person may find himself, if he invokes her with all his heart, he will be rescued.” -The Revelations of St. Bridget of Sweden'
Hail Mary…

“Her Son placed seven lilies in the crown, and between the lilies he placed seven gems. . . The second gem is her perfect purity, for the Queen of Heaven was so pure that not a single stain of

sin was ever to be found in her from the beginning when she first entered the world up to the final day of her death. Not all the devils together could find enough impurity in her to fit on the head of a pin. She was truly pure, for it was not fitting for the King of glory to lie in any but the purest, cleanest, and most select vessel among angels and men." - The Revelations of St. Bridget of Sweden'
Hail Mary…

"Her Son placed seven lilies in the crown, and between the lilies he placed seven gems. . . The third gem was her beauty, for God is praised constantly by his saints for the beauty of his Mother. Her beauty completes the joy of the holy angels and of all holy souls." - The Revelations of St. Bridget of Sweden'
Hail Mary…

"Her Son placed seven lilies in the crown, and between the lilies he placed seven gems. . . The fourth precious gem in the crown is the Virgin Mother's wisdom, for she was filled with all divine wisdom in God and through her all wisdom is completed and perfected."- The Revelations of St. Bridget of Sweden'
Hail Mary…

"Her Son placed seven lilies in the crown, and between the lilies he placed seven gems. . . The fifth gem is power, for she is so powerful before God that she can crush anything that has been created or made." - The Revelations of St. Bridget of Sweden'
Hail Mary…

"Her Son placed seven lilies in the crown, and between the lilies he placed seven gems. . . The sixth gem is her shining clarity, for she shines so clear that she even sheds light on the angels, whose eyes shine more clearly than light, and the demons do not dare to look upon her shining clarity." - The Revelations of St. Bridget of Sweden'
Hail Mary…

"Her Son placed seven lilies in the crown, and between the lilies he placed seven gems. . . The seventh gem is the filialness of every delight and spiritual sweetness, since her fullness is such that there is no joy that she does not add to, no delight that is not made fuller and more perfect through her and through the blessed vision of her, for she is filled and replete with grace beyond all the saints. She is the pure vessel in which lay the bread of angels and in which all sweetness and beauty is found. Her Son placed these seven gems in between the seven lilies in her crown. Wherefore, bride of her Son, honor and praise her with all your heart, for she is truly worthy of all praise and honor!" - The Revelations of St. Bridget of Sweden'
Hail Mary…

"God is like a person who closes his fist about something and keeps it hidden from others until he opens his fist. God chooses weak creatures and keeps their crowns hidden in the present life until he rewards each person according to his deeds." - The Blessed Virgin Mary, 'The Revelations of St. Bridget of Sweden'
Hail Mary…

“Then all the angels came to salute her, and she, the great queen, thanked all for the assistance they had given her on earth, especially thanking the Archangel St. Gabriel, who was the happy ambassador of all her glories, when he came to announce to her that she was to be made mother of God. Then the humble and holy Virgin, kneeling, adores the divine majesty, and wholly lost in the consciousness of her nothingness, thanks him for all the graces bestowed upon her solely by his goodness, and especially for having made her mother of the eternal Word.” - St. Alphonsus Maria de Liguori
Hail Mary…

“Let those who can, comprehend with what love the most holy Trinity blessed her. Let them comprehend what a welcome the eternal Father gave to his daughter, the Son to his mother, the Holy Spirit to his spouse. The Father crowns her by sharing with her his power, the Son his wisdom, the Holy Spirit his love. And all the three divine persons establishing her throne at the right hand of Jesus, declare her universal queen of heaven and of earth, and command angels and all other creatures to recognize her for their queen, and as queen to serve and obey her.” - St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

The mysteries of rosary with meditations on a particular virtue that we wish to obtain with quotes by saints on the particular virtue

First Joyful Mystery – The Annunciation – Let us pray for the virtue of obedience

"Obedience, is rightly placed before all other sacrifices, for in offering a victim as sacrifice, one offers a life that is not one's own; but when one obeys one is immolating one's own will."
--St. Gregory the Great
Our Father…

"The Devil doesn't fear austerity but holy obedience."
– St. Francis de Sales
Hail Mary…

"Obedience unites us so closely to God that in a way transforms us into Him, so that we have no other will but His. If obedience is lacking, even prayer cannot be pleasing to God."
– St. Thomas Aquinas
Hail Mary…

"My daughter, know that you give Me greater glory by a single act of obedience than by long prayers and mortifications." (894)
--St Faustina, Divine Mercy in my Soul
Hail Mary…

"Don't give in to discouragement..... If you are discouraged it is a sign of pride because it shows you trust in your own powers. Never bother about people's opinions. Be obedient to truth. For with humble obedience, you will never be disturbed."
-- Blessed Mother Teresa of Calcutta
Hail Mary…

"Obedience is a virtue of so excellent a nature, that Our Lord was pleased to mark its observance upon the whole course of His life; thus He often says, He did not come to do His Own will, but that of His Heavenly Father."
--Saint Francis of Sales, Doctor of the Church
Hail Mary…

"Obedience is a consecration of the heart, chastity of the body, and poverty of all worldly goods to the Love and Service of God. Blessed indeed are the obedient, for God will never permit them to go astray."
--St. Francis De Sales
Hail Mary…

"The more we see that any action springs not from the motive of obedience, the more evident is it that it is a temptation of the enemy; for when God sends an inspiration, the very first effect of it is to infuse a spirit of docility."

--Saint Teresa of Avila, Doctor of the Church
Hail Mary…

”He who always acts under obedience may be assured that he will not have to give an account of his actions to God.”
--Saint Philip Neri
Hail Mary…

“Obedience is a penance of reason, and, on that account, a sacrifice more acceptable than all corporal penances and mortifications.”
--Saint John of the Cross, Doctor of the Church
Hail Mary…

”A single instant passed under simple obedience is immeasurably more valuable in the sight of God than an entire day spent in the most sublime contemplation.”
--Saint Mary Magdalene de Pazzi
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Second Joyful Mystery – The Visitation – Let us pray for the virtue of fraternal charity

”In order to avoid contention, never contradict anyone, except in case of sin or some danger to a neighbor; and when necessary to contradict others, and to oppose your opinion to theirs, do it with so much mildness and tact, as not to appear to do violence to their mind, for nothing is ever gained by taking up things with excessive warmth and hastiness.”
-King Saint Louis
Our Father…

”Let each one love his brother in charity. We have each our faults. He who has to put up with his brother's fault today will have to be borne with himself tomorrow.”
-Saint Alphonsus Liguori, Doctor of the Church
Hail Mary…

”How patiently Christ, the King of Heaven and Earth, bore with the Apostles, enduring at their hands many incivilities and unbeliefs, they being but poor and rough fishermen. How much more ought we to bear with our neighbor, if he treats us with unkindness.”
-Saint Philip Neri
Hail Mary…

”Our enemy the devil, who fights with us, in order to vanquish us, seeks to disunite us in our houses, and to breed quarrels, contests, and rivalries, because, while we are fighting with each other, he comes and conquers us, and makes us more securely his own.”
-Saint Philip Neri
Hail Mary…

”Dismiss all anger, and look a little into yourself. Remember that he of whom you are speaking is your brother, and, as he is in the way of salvation, God can make him a Saint, notwithstanding his present weaknesses. You may fall into the same faults or perhaps into a worse fault. But supposing that you remain upright, to whom are you indebted for it, if not to the pure mercy of God?”
-Saint Thomas of Villanova
Hail Mary…

To leave our prayer when we are called to do some act of charity for our neighbor, is not really a quitting of prayer, but leaving Christ for Christ. Even in the midst of a crowd we can be going on to perfection.”
-Saint Philip Neri
Hail Mary…

We must sometimes bear with little defects in others, as we have, against our will, to bear with natural defects in ourselves. If we wish to keep peace with our neighbor, we should never remind anyone of his natural defects.”
-Saint Philip Neri
Hail Mary…

”Alas! if we consider our neighbor outside the Heart of Our Lord, we run the risk of not loving him fondly, nor constantly, nor impartially. But within It, who would not love him, live with him, tolerate his imperfections, who would find him disagreeable or tiresome?”
-Saint Francis de Sales, Father and Doctor of the Church
Hail Mary…

”There are so many sorts of troubles in this world, and so many people who are afflicted in different ways, that we ought to be very glad when we can help anyone to carry their cross.”
-Saint Chantal
Hail Mary…

”Everyone ought to yield readily to the opinion of another, and to argue in favor of another, and against himself, and take things in good part.”
-Saint Philip Neri
Hail Mary…

”Be as gentle always as possible; and remember that you will catch more flies with a spoonful of honey than with a hundred barrels of vinegar. Such is the nature of the human mind; it rebels against severity, but gentleness renders it amenable to everything. A soft word appeases anger, as water extinguishes fire. No soul so ungrateful, but kindness can make it bear fruit. To speak

truths sweetly is to throw burning coals, or rather roses, into a person's face. How can anyone be angry with another who fights him with pearls and diamonds?"
-Saint Francis of Sales, Doctor of the Church
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Third Joyful Mystery – The Nativity – Let us pray for the virtue of humility

"The soul's true greatness is in loving God and in humbling oneself in His presence, completely forgetting oneself and believing oneself to be nothing; because the Lord is great, but He is well-pleased only with the humble; He always opposes the proud."
-- St Faustina, Divine Mercy in my Soul
Our Father…

"If humble souls are contradicted, they remain calm; if they are calumniated, they suffer with patience; if they are little esteemed, neglected, or forgotten, they consider that their due; if they are weighed down with occupations, they perform them cheerfully."
--St. Vincent de Paul
Hail Mary…

"The first degree of humility is the fear of God, which we should constantly have before our eyes."
--St. Louis de Blois
Hail Mary…

"The most powerful weapon to conquer the devil is humility. For, as he does not know at all how to employ it, neither does he know how to defend himself from it."
--Saint Vincent de Paul
Hail Mary…

"It is no great thing to be humble when you are brought low; but to be humble when you are praised is a great and rare attainment."
--St. Bernard
Hail Mary…

"Humility is the mother of many virtues because from it obedience, fear, reverence, patience, modesty, meekness and peace are born. He who is humble easily obeys everyone, fears to offend anyone, is at peace with everyone, is kind with all."
--St Thomas of Villanova
Hail Mary…

“It is a virtue and a prize to listen patiently to and put up with insults for the sake of God.”
--Revelations of St. Bridget
Hail Mary…

“Humility does not disturb or disquiet or agitate however great it may be; it comes with peace, delight, and calm. . . . The pain of genuine humility doesn’t agitate or afflict the soul; rather, this humility expands it and enables it to serve God more.”
--St Teresa of Avila
Hail Mary…

“Humility makes our lives acceptable to God, meekness makes us acceptable to men.”
--St Francis De Sales
Hail Mary…

“You cannot attain to charity except through humility."
--St. Augustine
Hail Mary…

“It was pride that changed angels into devils; it is humility that makes men as angels.”
--Saint Augustine
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fourth Joyful Mystery – The Presentation – Let us pray for the virtue of purity

”Like a beautiful white dove rising from the midst of the waters, and coming to shake her wings over the earth, the Holy Spirit issues from the infinite ocean of the Divine perfections, and hovers over pure souls, to pour into them the balm of love. The Holy Spirit reposes in a pure soul as in a bed of roses. There comes forth from a soul in which the Holy Spirit resides a sweet odor, like that of the vine when it is in flower.”
--Saint John Marie Vianney
Our Father…

"To defend his purity, Saint Francis of Assisi rolled in the snow, Saint Benedict threw himself into a thorn bush, Saint Bernard plunged into an icy pond . . . You . . . what have you done?"
--St. Josemaria Escriva
Hail Mary…

"Holy Purity, the queen of virtues, the angelic virtue, is a jewel so precious that those who possess it become like the angels of God in heaven, even though clothed in mortal flesh."

--St. John Bosco
Hail Mary…

"More souls go to hell because of sins of the flesh than for any other reason."
--Our Lady of Fatima
Hail Mary…

“We take vows of chastity to love Christ with undivided love.”
--Blessed Mother Teresa of Calcutta
Hail Mary…

“Purity, chastity, and virginity created a special beauty in Mary that attracted God’s attention. He showed his great love for the world by giving Jesus to her.”
--Blessed Mother Teresa of Calcutta
Hail Mary…

”The pure soul is a beautiful rose, and the Three Divine Persons descend from Heaven to inhale its fragrance.”
--Saint John Marie Vianney
Hail Mary…

”Chastity is the lily of virtues, and makes men almost equal to Angels. Everything is beautiful in accordance with its purity.”
----Saint Francis of Sales, Doctor of the Church
Hail Mary...

”Chastity, or cleanness of heart, holds a glorious and distinguished place among the virtues, because she, alone, enables man to see God; hence Truth itself said, ‘Blessed are the clean of heart, for they shall see God.’”
--Saint Augustine, Father and Doctor of the Church
Hail Mary…

“God bestows more consideration on the purity of the intention with which our actions are performed than on the actions themselves.”
--St. Augustine
Hail Mary…

”If you desire to be chaste, be retired, be modest, be mortified.”
--Saint Leonard of Port Maurice
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fifth Joyful Mystery – The Finding of the Child Jesus in the Temple – Let us pray for the virtue of Fervor or diligence

"The spirit of God inclines us to fervor, but this fervor is calm and causes no trouble either to ourselves or to others; when it meets with obstacles it knows how to stop and submit to God's will. Its only arms are patience and gentleness. You want to be a martyr; you have a daily martyrdom which you endure unwillingly and without resignation! I see nothing reasonable in such a desire and nothing which looks like an inspiration."
St. Claude de la Colombiere
Our Father…

"I shall do everything for heaven, my true home. There I shall find my Mother in all the splendor of her glory. I shall delight with her in the joy of Jesus himself in perfect safety."
St. Bernadette
Hail Mary…

"Divine Jesus, impress on my heart a disposition like that of a certain man who loved your cross so much that he used to say if after serving you for a hundred years his only recompense were the grace to suffer one hour for love of you, he would believe all his service too well rewarded."
St. Bernadette
Hail Mary…

"If you wish to advance in the love of God, speak of it; for pious conversations are to charity what the wind is to the flame."
St. Ignatius of Loyola
Hail Mary…

"All the faithful were edified by the fervor of his devout celebration of Mass, the efficacy of his deep humility, his tender compassion, his upright life, the harmonious congruity in all his actions, words and bearing."
On St. Louis of Toulouse
Hail Mary…

"St. John Berchmans did no severe penances, but he placed his whole perfection in performing his ordinary actions well and with great exactness. To this effect he wrote upon a slip of paper the maxim, "Poenitentia mea maxima vita communis----My greatest penance is the common life."
Hail Mary…

"Be not of those who think perfection consists in undertaking many things, but of those who place it in doing well what little they do, for it is much better to do little and do it well, than to undertake much and do it ill. Yes, little and good, this is the best. Therefore, if we wish to

advance, or when we wish to give some special honor to Our Lord, we have to redouble not our exercises, but the perfection with which we perform them."
--St. Francis de Sales
Hail Mary…

"The Lord measures our perfection not by the number and greatness of the works we do for Him, but by our manner of doing them."
– St. John of the Cross
Hail Mary…

"When St. Bernard was assisting one night at Matins, he saw some Angels who were carefully noting down the merit of each of the monks. The merit of those who were praying with much fervor, they set down in golden characters; of those with less fervor, in silver characters; of those with goodwill, but without affection, in ink; of those with sloth and drowsiness, in water; but as to those who were in mortal sin or voluntarily distracted, they wrote nothing, but, standing motionless, they lamented their blindness."
Hail Mary…

"Doing our work well consists in a very pure intention and strong purpose of pleasing God alone. This may be called the principle or the soul of our actions, and it gives them all their value and renders them easy and pleasing to us."
--St. Francis de Sales
Hail Mary…

"Never allow yourself to believe that time lost which is spent in performing your charge well. For this is a thing so acceptable to the Lord that He gives in a little time what He would otherwise be much longer in giving, and even doubles what has been abandoned in His service."
-St. Teresa
Hail Mary…

"Among the many means of performing our actions well, one is to do each of them as if it were to be the last of our lives. At every action, then, say to yourself: "If you knew that you were to die immediately after this action, would you do it? and would you do it in this way?"
-St. Vincent de Paul
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

First Luminous Mystery- The Baptism in the River Jordan – Let us pray for the virtue of seeking out the Will of God

“My child, make the resolution never to rely on people. Entrust yourself completely to My will saying," Not as I want, but according to Your will, O God, let it be done unto me." These words, spoken from the depths of one's heart, can raise a soul to the summit of sanctity in a short time. In such a soul I delight. Such a soul gives Me glory. Such a soul fills heaven with the fragrance of her virtue. But understand that the strength by which you bear sufferings comes from frequent Communions. So approach this fountain of mercy often, to draw with the vessel of trust whatever you need”. (1487 - Jesus to Suffering Souls)
--Diary of Saint Faustina
Our Father…

"You well know that I preferred his company to all the delights of the world. But since it has pleased You to take him from me, I accept Your will completely."
--St. Elizabeth (On the death of her husband)
Hail Mary…

“A soul who is really resigned to God's will does not become attached to any created thing because he sees clearly that all things are nothing except God.”
--Blessed Henry Susone
Hail Mary…

“All that the beginner in prayer has to do -- and you must not forget this, for it is very important -- is to labor and be resolute and prepare himself with all possible diligence to bring his will into conformity with the will of God. As I shall say later, you may be quite sure that this comprises the very greatest perfection which can be attained on the spiritual road.”
--St. Teresa of Jesus
Hail Mary…

“More determination is required to subdue the interior man than to mortify the body; and to break one's will than to break one's bones.”
--St. Ignatius of Loyola
Hail Mary…

“The goal of all our undertakings should be not so much a task perfectly completed as the accomplishment of the will of God.”
--St Therese of the Child Jesus and the Holy Face
Hail Mary…

"Perfection is founded entirely on the love of God: ‘Charity is the bond of perfection;’ and perfect love of God means the complete union of our will with God’s."
--St. Alphonsus de Liguori
Hail Mary…

“I will attempt day by day to break my will into pieces. I want to do God's Holy Will, not my own!”
--Saint Gabriel of the Sorrowful Mother
Hail Mary…

“Here the will of God is done, as God wills, and as long as God wills.”
--Saint Gerard Majella
Hail Mary…

“God wills only our good; God loves us more than anybody else can or does love us. His will is that no one should lose his soul, that everyone should save and sanctify his soul: “Not willing that any should perish, but that all should return to penance.” “This is the will of God, your sanctification.” God has made the attainment of our happiness, his glory. Even chastisements come to us, not to crush us, but to make us mend our ways and save our souls.”
--St. Alphonsus de Ligouri
Hail Mary…

“The first end I propose in our daily work is to do the will of God; secondly, to do it in the manner he wills it; and thirdly to do it because it is his will.”
--Saint Elizabeth Ann Seton
Hail Mary…

“God made known to me, what true love consists in and gave light to me about how, in practice, to give proof of it to Him. True love of God consists in carrying out God's will. To show God our love in what we do, all our actions, even the least, must spring from our love of God.” (279)
--Diary of Saint Faustina
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Second Luminous Mystery – The Miracle at the Marriage Feast of Cana – Let us pray for the virtue of meekness

“Meekness and mildness of heart is a virtue rarer than chastity, and yet it is more excellent than that and all other virtues, for it is the end of charity, which, as St. Bernard says, is in its perfection when we are not only patient, but also kind. It is necessary, however, to have a great esteem for this virtue, and to use every effort to acquire it.”
--St. Francis de Sales
Our Father…

“At times a single word is sufficient to cool a person who is burning with anger; and, on the other hand, a single word may be capable of desolating a soul, and infusing into it a bitterness which may be most hurtful.”
--St. Vincent de Paul
Hail Mary…

“As it is not possible, in this pilgrimage of ours, not to meet and become entangled with each other, if we would preserve interior peace we must possess a great fund of meekness to oppose to the unexpected assaults of anger.”
--St. Francis de Sales
Hail Mary…

“When you have to make arrangements, settle quarrels, or win others to your views, take care to be as mild as possible. You will accomplish more, and conquer more readily, by yielding and humbling yourself, than by harshness and disputation. Who does not know that more flies are caught with an ounce of honey than with a hundred barrels of vinegar?”
--St. Francis de Sales
Hail Mary…

“As without faith it is impossible to please God, so without mildness it is impossible to please men and to govern them well”
--St. Bernard
Hail Mary…

“I have turned forward and backward and on every side, and what conclusion have I reached? I have considered all methods of governing, and even tried them, and I have finally seen that the best is that which is amiable, sincere, humble, and patient.”
--St. Jane Frances de Chantal
Hail Mary…

“Resist your impatience faithfully, practicing, not only with reason, but even against reason, holy courtesy and sweetness to all, but especially to those who weary you most.”
--St. Francis de Sales
Hail Mary…

“The highest degree of meekness consists in seeing, serving, honoring, and treating amiably, on occasion, those who are not to our taste, and who show themselves unfriendly, ungrateful, and troublesome to us.”
--St. Francis de Sales
Hail Mary…

“If one wishes to acquire liberty of spirit, and not always walk in darkness, he should feel no trouble in regard to aridities, disquiets, distractions, or involuntary thoughts.”
--St. Teresa
Hail Mary…

“To keep the soul continually in a state of gentle calm, it is necessary to perform every action as being done in the presence of God, and as if He Himself had ordained it.”
--St. Francis de Sales
Hail Mary…

"One great means of preserving a constant peace and tranquility of heart is to receive all things as coming from the hands of God, whatever they may be, and in whatever way they may come."
–St. Dorotheus
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Third Luminous Mystery – The Proclamation of the Kingdom of God – Let us pray for the virtue to pray well

"Never forget that it is at the beginning of each day that God has the necessary grace for the day ready for us. He knows exactly what opportunities we shall have to sin, and will give us everything we need if we ask him then. That is why the devil does all he can to prevent us from saying our morning prayers or to make us say them badly."-
St. Jean Marie Baptiste Vianney
Our Father…

"In order to succeed in prayer, it should be done when we first awaken, when our whole being is calm and recollected. We need to make our meditation before anything else."
- St. Peter Julian Eymard
Hail Mary…

"Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, a protection against sadness."
St. John Chrysostom
Hail Mary…

"Prayer is nothing else than union with God. When the heart is pure and united with God it is consoled and filled with sweetness; it is dazzled by a marvelous light."
St. Jean Marie Baptiste Vianney
Hail Mary…

"Prayer ought to be humble, fervent, resigned, persevering and accompanied with great reverence. One should consider that he stands in the presence of a God, and speaks with a Lord before whom the angels tremble from awe and fear."
St. Mary Magdalene de Pazzi
Hail Mary…

"As far as possible, you should pray in quiet silent devotion. Try to have a favorite topic of prayer, such as a devotion to the passion of Jesus, the Blessed Sacrament, awareness of the divine presence: go directly to Jesus without too much fuss."
St. Peter Julian Eymard

Hail Mary…

"What souls we can convert by our prayers. The one who saves a soul from hell saves this soul and his own as well."
St. Jean Marie Baptiste Vianney
Hail Mary…

"Much more is accomplished by a single word of the Our Father said, now and then, from our heart, than by the whole prayer repeated many times in haste and without attention."
St. Teresa of Avila
Hail Mary…

"When we pray properly, sorrows disappear like snow before the sun."
St. Jean Marie Baptiste Vianney
Hail Mary…

"It is an old custom of the saints of God to have some little prayers ready and to be frequently darting them up to heaven during the day, lifting their minds to God out of the mire of this world. He who adopts this plan will obtain great fruits with little pain."
St. Phillip Neri
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fourth Luminous Mystery – The Transfiguration – Let us prayer for the virtue of perfection

"I hear nothing talked of but perfection; yet I see it practiced only by few. Everyone forms his own ideal of it. Some place it in simplicity of attire; some in austerity; some in almsgiving; some in frequent reception of the Sacraments; this one, in prayer; that one, in passive contemplation; and another, in the gifts called gratuitous. But, by a general mistake, they take the effects for the cause, and the means for the end. For my part, I know of no other perfection than loving God with all the heart, and our neighbor as ourselves. Whoever imagines any other kind of perfection deceives himself, for the whole accumulation of virtues without this is but a heap of stones. And if we do not immediately and perfectly enjoy this treasure of holy love, the fault is in us. We are too slow and ungenerous with God, and do not give ourselves up entirely to Him, as the Saints did."
---St. Francis de Sales
Our Father…

"The Lord chiefly desires of us that we should be completely perfect, that we may be wholly one with Him. Let us aim, therefore, at whatever we need to reach this."

--St. Teresa
Hail Mary…

“Perfection consists in one thing alone, which is doing the will of God. For, according to Our Lord's words, it suffices for perfection to deny self, to take up the cross and to follow Him.”
– St. Vincent de Paul
Hail Mary…

“To be perfect in one's vocation is nothing else than to perform the duties and offices to which one is obliged, solely for the honor and love of God, referring all to His glory. Whoever works in this manner may be called perfect in his state, a man according to the heart and will of God.”
--St. Francis de Sales
Hail Mary…

“I wish I could persuade spiritual persons that the way of perfection does not consist in many devices, nor in much cogitation, but in denying themselves completely and yielding themselves to suffer everything for love of Christ. And if there is failure in this exercise, all other methods of walking in the spiritual way are merely a beating about the bush, and profitless trifling, although a person should have a very high contemplation and communication with God.”
--St. John of the Cross
Hail Mary…

“We are not to regard great favors from God so much as virtues, but consider who serves the Lord with the greatest mortification, humility, and purity of conscience; for the latter without the former will be the more holy.”
--St. Teresa
Hail Mary…

“Lord, what wilt Thou have me to do? Here is the true token of a soul absolutely perfect: when one has succeeded in leaving behind his own will to such a degree as no longer to seek, to aim, or to desire to do what he would will, but only what God wills.”
--St. Bernard
Hail Mary…

“The two feet upon which one walks to perfection are mortification and the love of God. The latter is the right, the former the left foot.”
St. Francis of Assisi
Hail Mary…

“If you wish for a method brief and compendious, one which contains in itself all other methods and is most efficacious in conquering all temptations and difficulties, and acquiring perfection, this is the exercise of the presence of God.”
--St. Basil
Hail Mary…

“To be able to advance much in perfection, it is necessary to apply ourselves to one thing by itself----to a single book of devotion, to a single spiritual exercise, to a single aspiration, to a single virtue, and so on.”
- St. Francis de Sales
Hail Mary…

“If you wish to arrive speedily at the summit of perfection, animate yourself to a true love of shame, insults, and calumny.”
--St. Ignatius
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fifth Luminous Mystery – The Institution of the Eucharist – Let us pray for the virtue to love Our Lord in the Blessed Sacrament

"Put your sins in the chalice for the precious blood to wash away. One drop is capable of washing away the sins of the world. "The Eucharist is connected with the Passion. If Jesus had not established the Eucharist we would have forgotten the crucifixion. It would have faded into the past and we would have forgotten that Jesus loved us. There is a saying that to be far away from the eyes is to be far away from the heart. To make sure that we do not forget, Jesus gave us the Eucharist as a memorial of his love,"
- Blessed Mother Teresa
Our Father...

“The Eucharist is that love which surpasses all loves in Heaven and on earth,"
- St. Bernard
Hail Mary...

"My aim is to institute perpetual adoration," spoke St. Maximilian Maria Kolbe, Franciscan priest and founder of the Knights of the Immaculata. For he said that this is "the most important activity," and "if half of the Brothers would work, and the other half pray, this would not require too much."
- St. Maximilian Maria Kolbe
Hail Mary...

“My eyes, I have filled with Jesus upon Whom I have fixed them at the Elevation of the Host at Holy Mass and I do not wish to replace Him with any other image,"
- St. Colette
Hail Mary...

"O Sisters, if we would only comprehend the fact that while the Eucharistic Species remain within us, Jesus is there and working in us inseparably with the Father and the Holy Spirit and therefore the whole Holy Trinity is there...,"
- St. Mary Magdalene di Pazzi
Hail Mary...

"I beg you to show the greatest possible reverence and honor for the most holy Body and Blood of our Lord Jesus Christ, through whom all things, whether on earth or in heaven, have been brought to peace and reconciled with Almighty God,"
- Words of St. Francis of Assisi in a letter to the priest friars on the Holy Eucharist
Hail Mary...

"It is the Sacrament of Love that excites the soul to ardent prayer. It stirs up the virtue of impetration and, as it were, forces God to grant our petition. It deepens the abyss of humility, above all it enkindles the flame of love in the heart; hence the Sacrament is the Gift of gifts, and the Grace of graces,"
- St. Angela Foligno
Hail Mary...

"All my sermons are prepared in the presence of the Blessed Sacrament. As recreation is most pleasant and profitable in the sun, so homiletic creativity is best nourished before the Eucharist. The most brilliant ideas come from meeting God face to face. The Holy Spirit that presided at the Incarnation is the best atmosphere for illumination. Pope John Paul II kept a small desk or writing pad near him whenever he was in the presence of the Blessed Sacrament; and I have done this all my life — I am sure for the same reason he does, because a lover always works better when the beloved is with him."
– Ven. Archbishop Fulton J. Sheen
Hail Mary...

"O God-Man present in this sacrament for me — what a comfort, what a privilege to know I kneel before God! And to think that this God loves me!... Mary, my mother, help me to love him in return,"
- St. Alphonsus Liguori
Hail Mary...

“When you look at the crucifix, you understand how much Jesus loved you. When you look at the Sacred Host you understand how much Jesus loves you now. This is why you should ask your parish priest to have perpetual adoration in your parish. I beg the Blessed Mother to touch the hearts of all parish priests that they may have perpetual Eucharistic adoration in their parishes, and that it may spread throughout the entire world,"
- Blessed Mother Teresa of Calcutta
Hail Mary...

"United with the angels and saints of the heavenly Church, let us adore the most Holy Sacrament of the Eucharist. Prostrate, we adore this great mystery that contains God’s new and definitive covenant with humankind in Christ,"

- Bl. Pope John Paul II
Hail Mary...

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

First Sorrowful Mystery – The Agony in the Garden – Let us pray for the virtue to love suffering

"If God gives you an abundant harvest of trials; it is a sign of great holiness which He desires you to attain. Do you want to become a great saint? Ask God to send you many sufferings. The flame of Divine Love never rises higher than when fed with the wood of the Cross, which the infinite charity of the Savior used to finish His sacrifice. All the pleasures of the world are nothing compared with the sweetness found in the gall and vinegar offered to Jesus Christ. That is, hard and painful things endured for Jesus Christ and with Jesus Christ."
--Saint Ignatius of Loyola
Our Father…

"When it is all over you will not regret having suffered; rather you will regret having suffered so little, and suffered that little so badly."
--St. Sebastian Valfre
Hail Mary…

"If God sends you many sufferings; it is a sign that He has great plans for you and certainly wants to make you a saint."
--St. Ignatius Loyola
Hail Mary…

"One must not think that a person who is suffering is not praying. He is offering up his sufferings to God, and many a time he is praying much more truly than one who goes away by himself and meditates his head off, and, if he has squeezed out a few tears, thinks that is prayer."
--St. Teresa of Avila
Hail Mary…

"Suffering is a great grace; through suffering the soul becomes like the Savior; in suffering love becomes crystallized; the greater the suffering, the purer the love." (57)
--St. Faustina
Hail Mary…

"It is You Jesus, stretched out on the cross, who gives me strength and are always close to the suffering soul. Creatures will abandon a person in his suffering, but You, O Lord, are faithful..."(1508)

--St. Faustina
Hail Mary…

“For Jesus Christ I am prepared to suffer still more.”
--Saint Maximilian Kolbe
Hail Mary…

“All the science of the Saints is included in these two things: To do, and to suffer. And whoever had done these two things best, has made himself most saintly.”
--Saint Francis de Sales
Hail Mary…

“God had one son on earth without sin, but never one without suffering.”
--Saint Augustine of Hippo
Hail Mary…

“Nothing afflicts the heart of Jesus so much as to see all His sufferings of no avail to so many.”
--Saint John Mary Vianney
Hail Mary…

"If you really want to love Jesus, first learn to suffer, because suffering teaches you to love."
--St. Gemma Galgani
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Second Sorrowful Mystery – The Scourging at the Pillar – Let us prayer for the virtue of mortification

“Mortification is of two kinds; interior and exterior. By interior mortification the passions are conquered, and particularly that which prevails over us most. He who does not overcome his predominant passion is in great danger of being lost. On the contrary he who does overcome it, will easily conquer all the rest. Some nevertheless suffer themselves to be swayed by some particular vice, and yet think they are good persons, because they are not overcome by the same vices which they witness in others. "But what will this avail?" says St. Cyril, "a small chink is sufficient to sink the vessel." It avails nought to say: "I cannot abstain from this vice" a resolute will overcomes everything; when it relies on God's assistance which is never wanting.”
St. Alphonsus Maria de Liguori
Our Father…

“The more one mortifies his natural inclinations, the more he renders himself capable of receiving divine inspirations and of progressing in virtue.”

St. Francis de Sales
Hail Mary…

"There is more security in self-denial, mortification, and other like virtues, than in an abundance of tears."
St. Teresa of Jesus
Hail Mary…

"Be careful not to admit into your society those delicate and sensitive people who are afraid of the slightest pin-prick, who cry out and complain at the least pain, who know nothing of the hair-shirt, the discipline or other instruments of penance, and who mingle, with their fashionable devotions, a most refined fastidiousness and a most studied lack of mortification."
St. Louis Marie de Montfort
Hail Mary…

"Our body is a vessel of corruption; it is meant for death and for the worms, nothing more! And yet we devote ourselves to satisfying it, rather than to enriching our soul, which is so great that we can conceive nothing greater -- no, nothing, nothing!"
St. Jean Marie Baptiste Vianney, the Cure of Ars
Hail Mary…

"If we do not use great care to mortify our will, there are many things which can deprive us of the holy freedom of spirit that we are seeking in order to fly more freely to our Creator, without always being bogged down with the clay of this earth. Moreover, there can never be solid virtue in a soul that is attached to its own will."
St. Teresa of Jesus
Hail Mary…

"Where there is no great mortification there is no great sanctity." St. Philip Neri
Hail Mary…

"First. -- It is necessary to mortify the eyes. The first darts which strike and often kill the soul, enter through the eyes. The eyes are like infernal hooks which drag persons as it were by force into sin. Let us, therefore, be most careful to mortify the eyes, for many on account of not having kept guard over their eyes are now burning in hell."
St. Alphonsus Maria de Liguori
Hail Mary…

"Secondly. -- It is necessary to mortify the tongue by abstaining from detraction, injurious or obscene words. One obscene word spoken in conversation, even in jest, may be the cause of scandal and of thousands of sins. And sometimes a word of double meaning does more harm than one decidedly impure."
St. Alphonsus Maria de Liguori
Hail Mary…

“Thirdly. -- It is necessary to mortify the appetite. St. Andrew Avellino says, that to begin to live a Christian life, a person must begin to mortify his appetite. Many because they live merely to eat, ruin both soul and body.”
St. Alphonsus Maria de Liguori
Hail Mary…

“Fourthly. -- It is necessary to mortify the ears and the hands: the ears, by never listening to immodest discourses or detraction; the hands, by taking care to use them with all caution, and a great horror of all sensuality. Some pretend to be exempt from sin, because they are only in jest; but who, I ask, ever sets himself to play with fire?”’
St. Alphonsus Maria de Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Third Sorrowful Mystery – The Crowning with Thorns – Let us pray for the virtue of silence

“The tongue is a small member, but it does big things. A religious who does not keep silence will never attain holiness; that is, she will never become a saint. Let her not delude herself - unless it is the Spirit of God who is speaking through her, for then she must not keep silent. But, in order to hear the voice of God, one has to have silence in one's soul and to keep silence; not a gloomy silence but an interior silence; that is to say, recollection in God.” (118)
--St. Faustina
Our Father…

“We need to find God, and he cannot be found in noise and restlessness. God is the friend of silence. See how nature - trees, flowers, grass- grows in silence; see the stars, the moon and the sun, how they move in silence... We need silence to be able to touch souls.”
--Blessed Mother Teresa
Hail Mary…

“Whenever anything disagreeable or displeasing happens to you, remember Christ crucified and be silent.”
--St. John of the Cross
Hail Mary…

“What we need most in order to make progress is to be silent before this great God with our appetite and with our tongue, for the language he best hears is silent love.”
--St John of the Cross, OCD
Hail Mary…

“Wisdom enters through love, silence, and mortification. It is great wisdom to know how to be silent and to look at neither the remarks, nor the deeds, nor the lives of others.”
--St John of the Cross, OCD
Hail Mary…

“A judicious silence is always better than truth spoken without charity.”
--St. Francis De Sales
Hail Mary…

“It is better to remain silent than to speak the truth ill-humoredly, and spoil an excellent dish by covering it with bad sauce.”
--St. Francis De Sales
Hail Mary…

“To be silent when we are impelled to utter words injurious to God or to our neighbor, is an act of virtue; but, to be silent in confessing our sins, is the ruin of the soul.”
--St. Alphonsus De Liguori
Hail Mary…

“A talkative soul lacks both the essential virtues and intimacy with God. A deeper interior life, one of gentle peace and of that silence where the Lord dwells, is quite out of the question. A soul that has never tasted the sweetness of inner silence is a restless spirit which disturbs the silence of others.”
--St. Faustina, Divine Mercy in My Soul
Hail Mary…

“In silence and quiet the devout soul advances in virtue and learns the hidden truths of Scripture.”
--Imitation of Christ
Hail Mary…

“No man is safe in speaking unless he loves to be silent. No man rules safely unless he is willing to be ruled.”
--Imitation of Christ
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fourth Sorrowful Mystery – The Carrying of the Cross – Let us pray for the virtue of carrying our cross daily

“Let us be afraid of being deprived of sufferings more than a miser is of his treasure. Sufferings are the jewels of Jesus Crucified ... The more painful the cross, the greater our advantage. The more contradictory creatures are with us. the dearer we will be to our Creator. A single moment of tribulation assures an immense weight of glory. Never to suffer would be the greatest danger for us.”
--- ST. PAUL OF THE CROSS
Our Father…

“One cannot desire freedom from the Cross when one is especially chosen for the Cross.”
St Teresa Benedicta of the Cross, OCD (Edith Stein)
Hail Mary…

“The Lord sometimes makes you feel the weight of the cross. Although the weight seems intolerable, you are able to carry it, because the Lord, in His love and mercy extends a hand to you and gives you strength."
St. Padre Pio
Hail Mary…

“Whoever does not seek the cross of Christ doesn't seek the glory of Christ.”
St. John of the Cross
Hail Mary…

“The Gates of Paradise are not closed to those who carry the standard of the Cross.”
--- ST. BONAVENTURE
Hail Mary…

“I see crosses at every turn. My flesh shudders over it, but my heart adores them. Yes, I hail you, crosses little and great, I hail you, and kiss your feet, unworthy of the honor of your shadow.”
-- ST. FRANCIS DE SALES
Hail Mary…

“The cross will never oppress you; its weight might cause you to stagger, but its strength will sustain you."
St. Padre Pio
Hail Mary…

“If you seek to carry no other crosses but those whose reason you understand, perfection is not for you.”
--- ST. TERESA OF AVILA
Hail Mary…

“All the greatest pains become sweet for whoever looks at Jesus Christ on the Cross.”
--- ST. MARY MAGDALEN OF PAZZI
Hail Mary…

"Like Our Lady, remain at the Cross of Jesus, and you will never be deprived of comfort."
St. Padre Pio
Hail Mary…

"In order to attract us, the Lord grants us many graces that we believe can easily obtain us Heaven. We do not know, however, that in order to grow, we need hard bread: the cross, humiliation, trials and denials."
St. Padre Pio
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fifth Sorrowful Mystery – The Crucifixion – Let us pray for the virtue of forgiveness

"Saint John did not absolutely forbid that prayer should be made for those who "sin unto death," since he knew that Moses, Jeremiah, and Stephen had so prayed, and he himself implies that forgiveness is not to be denied them. Such intercessors, then, must be sought for after very grievous sins, for if any ordinary persons pray they are not heard. . . Stephen prayed for his persecutors, who had not been able even to listen to the Name of Christ, when he said of those very men by whom he was being stoned: "Lord, lay not this sin to their charge" And we see the result of this prayer in the case of the Apostle, for Paul, who kept the garments of those who were stoning Stephen, not long after became an apostle by the grace of God, having before been a persecutor."
St. Ambrose of Milan
Our Father…

"That your enemies have been created is God's doing; that they hate you and wish to ruin you is their own doing. What should you say about them in your mind? "Lord be merciful to them, forgive them their sins, put the fear of God in them, change them!" You are loving in them not what they are, but what you would have them to become."'
St. Augustine
Hail Mary…

"Remembrance of Jesus' passion will heal your soul of resentment, by making it ashamed of itself when it remembers the patience of the Lord. Some people have wearied themselves and suffered for a long time in order to extract forgiveness. By far the best course, however, is to forget the offences, since the Lord says: "Forgive at once and you will be forgiven in generous measure." (cf. Luke 6:37-38)'
St. John Climacus
Hail Mary…

“It is true that God promises forgiveness if we repent, but what assurance have we of obtaining it tomorrow?”
St. Louis de Blois
Hail Mary…

“Angel of God and well-beloved brother, I trust myself to your beneficence and implore you humbly to intercede for me with my Spouse, so that He may forgive me my sins, strengthen me in well-doing, help me by His grace to correct my faults, and lead me to Paradise, there to taste the fruition of His presence and to possess eternal life. Amen.”
St. Lydwine of Schiedam
Hail Mary…

“He who seeks forgiveness of his sins loves humility, but if he condemns another he seals his own wickedness.”
St. Mark the Ascetic
Hail Mary…

“The sign of sincere love is to forgive wrongs done to us. It was with such love that the Lord loved the world.”
St. Mark the Ascetic
Hail Mary…

“If a man finds it very hard to forgive injuries, let him look at a crucifix, and think that Christ has shed all His Blood for him, and not only forgave his enemies, but prayed the Eternal Father to forgive them also. Let him remember also that when he says the Pater Noster every day, instead of asking pardon for his sins, he is calling down vengeance upon them.”
St. Philip Neri
Hail Mary…

“All sin is due to sensual pleasure, all forgiveness to hardship and distress.”
St. Thalassios the Libyan
Hail Mary…

“Concern for one's soul means hardship and humility, for through these God forgives us all our sins.”
St. Thalassios the Libyan
Hail Mary…

“Will not God, who has commanded men to act thus, do as much himself and even more? For God commanded Peter to forgive till seventy times seven.”
St. Poemen
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

First Glorious Mystery – The Resurrection – Let us pray for the virtue of faith

“When I steeped myself in prayer, I was transported in spirit to the Chapel, where I saw the Lord Jesus, exposed in the Monstrance. In place of the Monstrance I saw the glorious face of the Lord, and He said to me, "What you see in reality, these souls see through faith. Oh, how pleasing to Me is their great faith! You see, although there appears to be no trace of life in Me, in reality it is present in its fullness in each and every Host. But for Me to be able to act upon the soul, the soul must have faith. O how pleasing to Me is living faith!” (1420)
--St. Faustina, Divine Mercy in my Soul
Our Father…

"Faith is to believe what you do not see; the reward of this faith is to see what you believe."
--St. Augustine
Hail Mary…

“It is not the actual physical exertion that counts towards one's progress, nor the nature of the task, but by the spirit of faith with which it is undertaken.”
--Saint Francis Xavier
Hail Mary…

"Faith has to do with things that are not seen, and hope with things that are not in hand."
--Saint Thomas Aquinas
Hail Mary…

"I believe though I do not comprehend, and I hold by faith what I cannot grasp with the mind."
--St. Bernard
Hail Mary…

“I will go peaceably and firmly to the Catholic Church: for if Faith is so important to our salvation, I will seek it where true Faith first began, seek it among those who received it from God Himself.”
--St. Elizabeth Ann Seton
Hail Mary…

“O Lord, it is so sweet to serve You in darkness and in the midst of trial, for we havae only this life in which to live by faith”.
--St. Theresa the Little Flower
Hail Mary…

“I know God will not give me anything I can't handle. I just wish He didn't trust me so much.”
--Blessed Mother Teresa of Calcutta
Hail Mary…

“To one who has faith, no explanation is necessary. To one without faith, no explanation is possible.”
--St. Thomas Aquinas
Hail Mary…

“One life is all we have and we live it as we believe in living it. But to sacrifice what you are and to live without belief, that is a fate more terrible than dying.”
--St. Joan of Arc
Hail Mary…

“Where there is hatred, let me sow love. Where there is injury, pardon. Where there is doubt, faith.”
--Saint Francis Assisi
Hail Mary…

“Be faithful in small things because it is in them that your strength lies.”
--Blessed Mother Teresa of Calcutta
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Second Glorious Mystery – The Ascension – Let us pray for the virtue of hope for heaven

“A precious crown is reserved in Heaven for those who perform all their actions with all the diligence of which they are capable; for it is not sufficient to do our part well, it must be done more than well.”
St. Ignatius of Loyola
Our Father…

“Let us think, if we only got to heaven, what a sweet and easy thing it will be there to be always saying with the angels and the saints, Sanctus, Sanctus, Sanctus.”
St. Philip Neri
Hail Mary…

“There are two wings with which to fly to Heaven; they are confession and Communion."
-St. John Bosco
Hail Mary...

“In light of heaven, the worst suffering on earth will be seen to be no more serious than one night in an inconvenient hotel.”
— Teresa of Ávila
Hail Mary…

“O my dear parishioners let us endeavor to get to heaven! There we shall see God. How happy we shall feel! If the parish is converted we shall go there in procession with the parish priest at the head. . . We must get to heaven! What a pity it would be if some of you were to find yourselves on the other side!”
St. Jean Marie Baptiste
Hail Mary…

“He who beholds Heaven with a pure eye, sees better the darkness of earth; for, although the latter seems to have some brilliancy, it disappears before the splendor of the heavens.”
St. Ignatius of Loyola
Hail Mary…

“How beautiful Heaven must be! Take heart!"
St. John Bosco
Hail Mary...

“You can fly to Heaven on the wings of confession and Communion."
St. John Bosco
Hail Mary...

“The gate of Heaven is very low; only the humble can enter it.”
Saint Elizabeth Ann Seton
Hail Mary…

“In Heaven the good God will do all I wish, because I have never done my own will on earth.”
St. Therese of Lisieux
Hail Mary…

“In heaven you will have all you desire.”
St. Alphonsus Liguori
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Third Glorious Mystery – The Descent of Holy Spirit upon the Apostles and Our Lady – Let us pray for the virtue of wisdom

“Grant me, O Lord my God, a mind to know you, a heart to seek you, wisdom to find you, conduct pleasing to you, faithful perseverance in waiting for you, and a hope of finally embracing you.”
- *Saint Thomas Aquinas*
Our Father…

“Patience is the companion of Wisdom.”
St. Augustine
Hail Mary…

“Wisdom is a kindly spirit, and easy of access to those who call upon him.”
St. Bernard of Clairvaux
Hail Mary…

“Oh, Word, our wisdom is like that bush you deigned to show to Moses; it burns but it does not burn out.”
St. Mary Magdalena de Pazzi
Hail Mary…

“Wisdom when combined with justice, then absolutely becomes a virtue.”
St. Gregory of Nyssa.
Hail Mary…

“Wisdom gives man not only light to know the truth but also a remarkable power to impart it to others.”
– St. Louis de Montfort
Hail Mary…

“Wisdom overcomes all evil deeds caused by the Devil’s tricks and places them in chains.”
St. Hildegard of Bingen
Hail Mary…

“For fear and understanding are the poles of wisdom: fear makes us avoid evil and saves us from punishment, while understanding is conducive to the deifying ways of virtue.”
– St. Theoleptos of Philadelphia
Hail Mary…

“Lord, grant me the strength to accept the things I cannot change,
he courage to change the things I can,
and the wisdom to know the difference.”
— St. Francis of Assisi
Hail Mary…

“The wisdom of this world is foolishness with God. The soul has to proceed rather by unknowing rather than knowing.”

St. John of the Cross
Hail Mary…

"Where there is charity and wisdom there is neither fear nor ignorance.' St. Francis of Assisi
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fourth Glorious Mystery – The Assumption of Our Lady into Heaven Body and Soul – Let us pray for the virtue of true devotion to Mary or a happy death

"In dangers, in doubts, in difficulties, think of Mary, call upon Mary. Let not her name depart from your lips, never suffer it to leave your heart. And that you may obtain the assistance of her prayer, neglect not to walk in her footsteps. With her for guide, you shall never go astray; while invoking her, you shall never lose heart; so long as she is in your mind, you are safe from deception; while she holds your hand, you cannot fall; under her protection you have nothing to fear; if she walks before you, you shall not grow weary; if she shows you favor, you shall reach the goal."
--Saint Bernard of Clairvaux, Father and Doctor of the Church
Our Father…

"Never be afraid of loving the Blessed Virgin too much. You can never love her more than Jesus did."
--Saint Maximilian Kolbe
Hail Mary…

"If you invoke the Blessed Virgin when you are tempted, she will come at once to your help, and Satan will leave you."
--St. John Vianney
Hail Mary…

"After the love which we owe Jesus Christ, we must give the chief place in our heart to the love of His Mother Mary."
--St. Alphonsus Maria de Liguori
Hail Mary…

"She is so beautiful that to see here again one would be willing to die."
St. Bernadette Soubirous
Hail Mary…

“If you invoke the Blessed Virgin when you are tempted, she will come at once to your help, and Satan will leave you.”
St. John Vianney
Hail Mary…

”It is impossible to save one's soul without devotion to Mary and without her protection.”
--Saint Anselm, Archbishop and Doctor of the Church
Hail Mary…

“Always stay close to this Heavenly Mother, because she is the sea to be crossed to reach the shores of Eternal Splendor.”
--Saint Padre Pio
Hail Mary…

“No matter how sinful one may have been, if he has devotion to Mary, it is impossible that he be lost."
--Saint Hilary of Poitiers - Bishop, Father, and Doctor of the Church
Hail Mary…

“In trial or difficulty I have recourse to Mother Mary, whose glance alone is enough to dissipate every fear.”
--Saint Therese of Lisieux, Doctor of the Church
Hail Mary…

“The sign of those who will be saved consists in this: that they have a great devotion to Mary in their hearts.”
-Bl. John of Avila
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Fifth Glorious Mystery – The Coronation – Let us pray for the virtue of perseverance.

“We may never put down our cross, day or night, not even for an hour or a minute. For, as our Divine Savior said in the Holy Gospel, "If anyone wants to come after Me, let him deny himself, and take up his cross daily, and follow Me." (Luke 9:23)"
St. John Bosco
Our Father…

“We must pray incessantly for the gift of perseverance."”

- St. Philip Neri
Hail Mary…

“Grant me, O Lord my God, a mind to know you, a heart to seek you, wisdom to find you, conduct pleasing to you, faithful perseverance in waiting for you, and a hope of finally embracing you. Amen.”
- St. Thomas Aquinas
Hail Mary…

“What toil we must endure, what fatigue, while we are attempting to climb hills and the summits of mountains! What, that we may ascend to heaven! If you consider the promised reward, what you endure is less. Immortality is given to the one who perseveres; everlasting life is offered; the Lord promises His Kingdom.”
- St. Cyprian of Carthage
Hail Mary…

“You think it very hard to lead a life of such restraint unless you keep your eye of faith always open. Perseverance is a great grace. To go on gaining and advancing every day, we must be resolute, and bear and suffer as our blessed forerunners did. Which of them gained heaven without a struggle?”
- St. Elizabeth Ann Seton
Hail Mary…

“So blessed are you if you persevere in doing good, neither seeking nor desiring any consolation, for as St. Bernard says: To serve God is nothing else than to do good and suffer evil, and the rule of the true servant of Christ is never to receive consolation except in time of great necessity. This is the secure way; for whoever wants to go to God through sweetness and consolation is deceived.'”
- St. Catherine of Bologna
Hail Mary…

“Nothing great is ever achieved without much enduring.”
St. Catherine of Siena
Hail Mary…

"My children, if you desire perseverance, be devout to our Blessed Lady."
St. Philip Neri
Hail Mary…

“If you persevere in reciting the Rosary, this will be a most probable sign of your eternal salvation.”
Blessed Alan de la Roche
Hail Mary…

“No one who shall invoke this Mother of Grace with devotion and perseverance can possibly perish forever.”

-St. John Eudes
Hail Mary…

“Only perseverance is crowned.”
- St. Bonaventure
Hail Mary…

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning world without end. Amen

O My Jesus forgive us our sins, save us from the fires of hell lead all souls into heaven especially those in most need of thy mercy.

Appendix A

Quotes from the saints on the Mother of God

“We never give more honor to Jesus than when we honor his Mother, and we honor her simply and solely to honor him all the more perfectly. We go to her only as a way leading to the goal we seek - Jesus, her Son."
--Saint Louis Marie de Montfort

“The greatest saints, those richest in grace and virtue will be the most assiduous in praying to the most Blessed Virgin, looking up to her as the perfect model to imitate and as a powerful helper to assist them.”
--Saint Louis Marie de Montfort

“Mary having co-operated in our redemption with so much glory to God and so much love for us, Our Lord ordained that no one shall obtain salvation except through her intercession.”
--St. Alphonsus Maria de Liguori

"Men do not fear a powerful hostile army as the powers of hell fear the name and protection of Mary."
--St. Bonaventure

"To give worthy praise to the Lord's mercy, we unite ourselves with Your Immaculate Mother, for then our hymn will be more pleasing to You, because She is chosen from among men and angels. Through her, as through a pure crystal, your mercy was passed on to us. Through her, man became pleasing to God; through her, streams of grace flowed down upon us." (1746)
--St. Faustina

“Never be afraid of loving the Blessed Virgin too much. You can never love her more than Jesus did.”
--Saint Maximilian Kolbe

"Before, by yourself, you couldn't. Now, you've turned to our Lady, and with her, how easy!"
--St. Josemaria Escriva

"In dangers, in doubts, in difficulties, think of Mary, call upon Mary. Let not her name depart from your lips; never suffer it to leave your heart. And that you may obtain the assistance of her prayer; neglect not to walk in her footsteps. With her for guide, you shall never go astray; while invoking her, you shall never lose heart; so long as she is in your mind, you are safe from deception; while she holds your hand, you cannot fall; under her protection you have nothing to fear; if she walks before you, you shall not grow weary; if she shows you favor, you shall reach the goal."
--Saint Bernard of Clairvaux, Father and Doctor of the Church

“O sinner, be not discouraged, but have recourse to Mary in all you necessities. Call her to your assistance, for such is the divine Will that she should help in every kind of necessity.”
--Saint Basil the Great

"Mary, give me your Heart: so beautiful, so pure, so immaculate; your Heart so full of love and humility that I may be able to receive Jesus in the Bread of Life and love Him as you love Him and serve Him in the distressing guise of the poor."
--Blessed Mother Teresa

"If you invoke the Blessed Virgin when you are tempted, she will come at once to your help, and Satan will leave you."
--St. John Vianney

"When we were little, we kept close to our mother in a dark alley or if dogs barked at us. Now, when we feel temptations of the flesh, we should run to the side of our Mother in Heaven, by realizing how she is to us, and by means of aspirations. She will defend us and lead us to the light."
--St. Josemaria Escriva

"The Immaculate alone has from God the promise of victory over Satan. She seeks souls that will consecrate themselves entirely to her, that will become in her hands forceful instruments for the defeat of Satan and the spread of God's kingdom."
--St. Maximilian Kolbe

"If you ever feel distressed during your day — call upon our Lady — just say this simple prayer: 'Mary, Mother of Jesus, please be a mother to me now.' I must admit — this prayer has never failed me."
--Blessed Mother Teresa

"Love our Lady. And she will obtain abundant grace to help you conquer in your daily struggle."
--St. Josemaria Escriva

"Have confidence. Return. Invoke our Lady and you'll be faithful."
--St. Josemaria Escriva

"So your strength is failing you? Why don't you tell your mother about it? . . . Mother! Call her with a loud voice. She is listening to you; she sees you in danger, perhaps, and she—your holy mother Mary—offers you, along with the grace of her son, the refuge of her arms, the tenderness of her embrace . . . and you will find yourself with added strength for the new battle."
--St. Josemaria Escriva

"All the sins of your life seem to be rising up against you. Don't give up hope! On the contrary, call your holy mother Mary, with the faith and abandonment of a child. She will bring peace to your soul."
--St. Josemaria Escriva

"May I give you some advice for you to put into practice daily? When your heart makes you feel those low cravings, say slowly to the Immaculate Virgin: Look on me with compassion. Don't abandon me. Don't abandon me, my Mother! -- And recommend this prayer to others."
--St. Josemaria Escriva

"When you see the storm coming, if you seek safety in that firm refuge which is Mary, there will be no danger of your wavering or going down."
--St. Josemaria Escriva

"Only after the Last Judgment will Mary get any rest; from now until then, she is much too busy with her children."
--St. John Vianney

"To serve the Queen of Heaven is already to reign there, and to live under her commands is more than to govern."
--St. John Vianney

“Let us run to Mary, and, as her little children, cast ourselves into her arms with a perfect confidence.”
--Saint Francis de Sales

“After the love which we owe Jesus Christ, we must give the chief place in our heart to the love of His Mother Mary.”
--St. Alphonsus Maria de Liguori

“With reason did the Most Holy Virgin predict that all generations would call her blessed, for all the Elect obtain eternal salvation through the means of Mary."
--Saint Ildephonsus, Bishop

“No one will ever be the servant of the Son without serving the Mother.”
--Saint Ildephonsus, Bishop

"Devotion to you, O Blessed Virgin, is a means of salvation which God gives to those whom he wishes to save."
--Saint John Damascene

”There is no one, O Most Holy Mary, who can know God except through thee; no one who can be saved or redeemed but through thee, O Mother of God; no one who can be delivered from dangers but through thee, O Virgin Mother; no one who obtains mercy but through thee, O Filled-With-All-Grace!”
--Saint Germanus of Constantinople, Patriarch of Constantinople

”For if we are bidden to honor carnal fathers and mothers, how much more the spiritual? . . . If this virtue of charity has been overlooked, a man will lose any fruit of salvation in any good he may do.”

--Pope Saint Gregory VII

”It is impossible to save one's soul without devotion to Mary and without her protection.”
--Saint Anselm, Archbishop and Doctor of the Church

”Not only do they offend thee, O Lady, who outrage thee, but thou art also offended by those who neglect to ask thy favors . . . He who neglects the service of the Blessed Virgin will die in his sins . . . He who does not invoke thee, O Lady, will never get to Heaven . . . Not only will those from whom Mary turns her countenance not be saved, but there will be no hope of their salvation . . . No one can be saved without the protection of Mary.
--Saint Bonaventure, Cardinal-Bishop and Doctor of the Church

”We may seek graces, but shall never find them without the intercession of Mary.”
--Saint Cajetan, Founder of the Theatines

”I have great doubts about the salvation of those who do not have special devotion to Mary.”
--Saint Francis Borgia

”It seems unbelievable that a man should perish in whose favor Christ said to His Mother: ‘Behold thy son’, provided that he has not turned a deaf ear to the words, which Christ addressed to him: ‘Behold thy Mother.’”
--Saint Robert Bellarmine, Cardinal-Bishop and Doctor of the Church

”A man is no true Christian if he has no devotion to the Mother of Jesus Christ.”
--Saint John Eudes

"All true children of God have God for their father and Mary for his mother; anyone who does not have Mary for his mother does not have God for his father."
--Saint Louis Marie de Montfort

”Let not that man presumes to look for mercy from God who offends His Holy Mother!"
--Saint Louis Marie de Montfort

“For God, having given her power over his only-begotten and natural Son, also gave her power over his adopted children - not only in what concerns their body - which would be of little account - but also in what concerns their soul.”
--Saint Louis Marie de Montfort

“We must conclude that, being necessary to God by a necessity which is called "hypothetical", (that is, because God so willed it), the Blessed Virgin is all the more necessary for men to attain their final end. Consequently we must not place devotion to her on the same level as devotion to the other saints as if it were merely something optional.”
--Saint Louis Marie de Montfort

“The pious and learned Jesuit, Suarez, Justus Lipsius, a devout and erudite theologian of Louvain, and many others have proved incontestably that devotion to our Blessed Lady is

necessary to attain salvation. This they show from the teaching of the Fathers, notably St. Augustine, St. Ephrem, deacon of Edessa, St. Cyril of Jerusalem, St. Germanus of Constantinople, St. John Damascene, St. Anselm, St. Bernard, St. Bernardine, St. Thomas and St. Bonaventure. Even according to Oecolampadius and other heretics, lack of esteem and love for the Virgin Mary is an infallible sign of God's disapproval. On the other hand, to be entirely and genuinely devoted to her is a sure sign of God's approval."
--Saint Louis Marie de Montfort

"The Son of God became man for our salvation but only in Mary and through Mary."
--Saint Louis Marie de Montfort

"If devotion to the Blessed Virgin is necessary for all men simply to work out their salvation, it is even more necessary for those who are called to a special perfection. I do not believe that anyone can acquire intimate union with our Lord and perfect fidelity to the Holy Spirit without a very close union with the most Blessed Virgin and an absolute dependence on her support."
--Saint Louis Marie de Montfort

"From day to day, from moment to moment, she increased so much this twofold plenitude that she attained an immense and inconceivable degree of grace. So much so, that the Almighty made her the sole custodian of his treasures and the sole dispenser of his graces. She can now ennoble, exalt and enrich all she chooses. She can lead them along the narrow path to heaven and guide them through the narrow gate to life. She can give a royal throne, scepter and crown to whom she wishes. Jesus is always and everywhere the fruit and Son of Mary and Mary is everywhere the genuine tree that bears that Fruit of life, the true Mother who bears that Son."
--Saint Louis Marie de Montfort

"The greatest saints, those richest in grace and virtue will be the most assiduous in praying to the most Blessed Virgin, looking up to her as the perfect model to imitate and as a powerful helper to assist them."
--Saint Louis Marie de Montfort

"Woe to those who despise devotion to Mary! . . . The soul cannot live without having recourse to Mary and recommending itself to her. He falls and is lost who does not have recourse to Mary."
--Saint Alphonsus Maria Liguori, Doctor of the Church and Founder of the Redemptorists

"The honor of Mary is so intimately connected with the honor and glory of Jesus that to deny the one is at the same time a denial of the other."
--Blessed William Joseph Chaminade

"To desire grace without recourse to the Virgin Mother is to desire to fly without wings."
--Pope Pius XII, 1876-1958 AD

"The conflict with Hell cannot be maintained by men, even the most clever. The Immaculata alone has from God the promise of victory over Satan."
--Saint Maximilian Mary Kolbe, Martyr

”Jesus honored her before all ages, and will honor her for all ages. No one comes to Him, nor even near Him, no one is saved or sanctified, if he too will not honor her. This is the lot of Angels and of men.”
--Saint Maximilian Mary Kolbe, Martyr

"If anyone does not wish to have Mary Immaculate for his Mother, he will not have Christ for his Brother."
--Saint Maximilian Kolbe, Martyr, 1894-1941 AD

“Always stay close to this Heavenly Mother, because she is the sea to be crossed to reach the shores of Eternal Splendor.”
--Saint Padre Pio, 1887-1968 AD

“In trial or difficulty I have recourse to Mother Mary, whose glance alone is enough to dissipate every fear.”
--Saint Therese of Lisieux

“What a joy to remember that she [Mary] is our Mother! Since she loves us and knows our weakness, what have we to fear?”
--Saint Therese of Lisieux

“The clients of this most merciful Mother are very fortunate. She helps them both in this life and in the next, consoling them and sponsoring their cause in Purgatory. For the simple reason that the Souls in Purgatory need help so desperately, since they cannot help themselves, our Mother of Mercy does so much more to relieve them. She exercises over these Poor Souls, who are the spouses of Christ, particular dominion, with power to relieve them and even deliver them from their pains. See how important it is then to have devotion to this good Lady, because she never forgets her servants as long as they suffer in these flames. If she helps all the Poor Souls, she is especially indulgent and consoling to her own clients.”
--Saint Alphonsus Liguori, Doctor of the Church, The Glories of Mary

"You are My Mother, the Mother of Mercy, and the consolation of the souls in Purgatory."
--Saint Bridget to our Lady

"Mary seeks for those who approach her devoutly and with reverence, for such she loves, nourishes, and adopts as her children."
--Saint Bonaventure, Doctor of the Church

"Mary has the authority over the angels and the blessed in heaven. As a reward for her great humility, God gave her the power and mission of assigning to saints the thrones made vacant by the apostate angels who fell away through pride. Such is the will of the almighty God who exalts the humble, that the powers of heaven, earth and hell, willingly or unwillingly, must obey the commands of the humble Virgin Mary. For God has made her queen of heaven and earth, leader

of his armies, keeper of his treasure, dispenser of his graces, Mediatrix on behalf of men, destroyer of his enemies, and faithful associate in his great works and triumphs."
--Saint Louis Marie de Montfort, True Devotion to the Blessed Virgin

"All true children of God have God for their father and Mary for his mother; anyone who does not have Mary for his mother does not have God for his father."
--Saint Louis Marie de Montfort

"If anyone does not wish to have Mary Immaculate for his Mother, he will not have Christ for his Brother."
--Saint Maximilian Kolbe

"Let us not imagine that we obscure the glory of the Son by the great praise we lavish on the Mother; for the more she is honored, the greater is the glory of her Son. There can be no doubt that whatever we say in praise of the Mother gives equal praise to the Son."
--Saint Bernard of Clairvaux, Father and Doctor of the Church

“No matter how sinful one may have been, if he has devotion to Mary, it is impossible that he be lost."
--Saint Hilary of Poitiers - Bishop, Father, and Doctor of the Church

"Seek refuge in Mary because she is the city of refuge. We know that Moses set up three cities of refuge for anyone who inadvertently killed his neighbor. Now the Lord has established a refuge of mercy, Mary, even for those who deliberately commit evil. Mary provides shelter and strength for the sinner."
--Saint Anthony of Padua, Doctor of the Church

“If anyone does not believe that Holy Mary is the Mother of God, such a one is a stranger to the Godhead.”
--Saint Gregory Nazianzen, Father and Doctor of the Church

"Prayer is powerful beyond limits when we turn to the Immaculata who is queen even of God's heart."
--Saint Maximilian Kolbe

"She is more Mother than Queen."
--Saint Therese of Lisieux, Doctor of the Church

“In that first ‘fusion’ with Jesus (holy communion), it was my Heavenly Mother again who accompanied me to the altar for it was she herself who placed her Jesus into my soul.”
--Saint Therese of Lisieux, Doctor of the Church

“In trial or difficulty I have recourse to Mother Mary, whose glance alone is enough to dissipate every fear.”
--Saint Therese of Lisieux, Doctor of the Church

“Think of what the Saints have done for their neighbor because they loved God. But what Saint's love for God can match Mary's? She loved Him more in the first moment of her existence than all the Saints and angels ever loved Him or will love Him. Our Lady herself revealed to Sister Mary Crucified that the fire of her love was most extreme. If Heaven and earth were placed in it, they would be instantly consumed. And the ardors of the seraphim, compared with it, are like cool breezes. Just as there is not one among all the Blessed who loves God as Mary does, so there is no one, after God, who loves us as much as this most loving Mother does. Furthermore, if we heaped together all the love that mothers have for their children, all the love of husbands and wives, all the love of all the angels and Saints for their clients, it could never equal Mary's love for even a single soul.”
--Saint Alphonsus Liguori, The Glories of Mary

"Do not marvel at the novelty of the thing, if a Virgin gives birth to God"
--Saint Jerome, Father and Doctor of the Church

“Even while living in the world, the heart of Mary was so filled with motherly tenderness and compassion for men that no-one ever suffered so much for their own pains, as Mary suffered for the pains of her children.”
--Saint Jerome, Father and Doctor of the Church

"The world being unworthy to receive the Son of God directly from the hands of the Father, he gave his Son to Mary for the world to receive him from her."
--Saint Augustine, Father and Doctor of the Church

“As mariners are guided into port by the shining of a star, so Christians are guided to heaven by Mary"
--Saint Thomas Aquinas, Doctor of the Church

“Let us then cast ourselves at the feet of this good Mother, and embracing them let us not depart until she blesses us, and accepts us for her children.”
--Saint Bernard of Clairvaux, Father and Doctor of the Church

"That one woman is both mother and virgin, not in spirit only but even in body. In spirit she is mother, not of our head, who is our Savior himself—of whom all, even she herself, are rightly called children of the bridegroom—but plainly she is the mother of us who are his members, because by love she has cooperated so that the faithful, who are the members of that head, might be born in the Church. In body, indeed, she is the Mother of that very head"
--Saint Augustine, Father and Doctor of the Church

"The Virgin Mary, being obedient to his word, received from an angel the glad tidings that she would bear God"
--Saint Irenaeus, Father of the Church

“Let us run to her, and, as her little children, cast ourselves into her arms with a perfect confidence.”
--Saint Francis de Sales, Doctor of the Church

"The day of the Nativity of the Mother of God is a day of universal joy, because through the Mother of God, the entire human race was renewed, and the sorrow of the first mother, Eve, was transformed into joy."
--Saint John Damascene, Father and Doctor of the Church

“There is no danger of exaggerating. We never hope to fathom this inexpressible mystery nor will we ever be able to give sufficient thanks to our Mother for bringing us into such intimacy with the Blessed Trinity.”
--Saint Josemaria Escriva

“May the Mother of Jesus and our Mother, always smile on your spirit, obtaining for it, from her Most Holy Son, every heavenly blessing.”
--Saint Padre Pio

“Always stay close to this Heavenly Mother, because she is the sea to be crossed to reach the shores of Eternal Splendor.”
--Saint Padre Pio

"Let us bind ourselves tightly to the Sorrowful Heart of our Heavenly Mother and reflect on its boundless grief and how precious is our soul."
--Saint Padre Pio

“Let the storm rage and the sky darken - not for that shall we be dismayed. If we trust as we should in Mary, we shall recognize in her, the Virgin Most Powerful ‘who with virginal foot did crush the head of the serpent’.”
--Pope Saint Pius X

"The reason why Christ is unknown today is because His Mother is unknown."
--Blessed Cardinal John Henry Newman

"I am not only the Queen of Heaven, but also the Mother of Mercy."
--Our Lady to Saint Faustina

"Whosoever shall die wearing my Scapular shall not suffer the flames of Hell."
--Our Lady of Mount Carmel

“Even while living in this world, the heart of Mary was so filled with tenderness and compassion for men that no one ever suffered so much for his own pains as Mary suffered for the pains of others.”
--St. Jerome

“O sinner, be not discouraged, but have recourse to Mary in all you necessities. Call her to your assistance, for such is the divine Will that she should help in every kind of necessity.”
--Saint Basil the Great

“Happy, indeed sublimely happy, is the person to whom the Holy Spirit reveals the secret of Mary, thus imparting to him true knowledge of her. Happy the person to whom the Holy Spirit opens this enclosed garden for him to enter, and to whom the Holy Spirit gives access to this sealed fountain where he can draw water and drink deep draughts of the living waters of grace. That person will find only grace and no creature in the most lovable Virgin Mary. But he will find that the infinitely holy and exalted God is at the same time infinitely solicitous for him and understands his weaknesses. Since God is everywhere, he can be found everywhere, even in hell. But there is no place where God can be more present to his creature and more sympathetic to human weakness than in Mary. It was indeed for this very purpose that he came down from heaven. Everywhere else he is the Bread of the strong and the Bread of angels, but living in Mary he is the Bread of children.”
--from The Secret of Mary, by Saint Louis Marie de Montfort

Quotes from the saints on the Holy Rosary

“If you say the Rosary faithfully until death, I do assure you that, in spite of the gravity of your sins "you shall receive a never-fading crown of glory." Even if you are on the brink of damnation, even if you have one foot in hell, even if you have sold your soul to the devil as sorcerers do who practice black magic, and even if you are a heretic as obstinate as a devil, sooner or later you will be converted and will amend your life and save your soul, if - and mark well what I say - if you say the Rosary devoutly every day until death for the purpose of knowing the truth and obtaining contrition and pardon for your sins.”
--St. Louis Marie de Montfort

"The holy Rosary is a powerful weapon. Use it with confidence and you'll be amazed at the results."
--St. Josemaria Escriva

"If you say the Holy Rosary every day, with a spirit of faith and love, our Lady will make sure she leads you very far along her Son's path."
--St. Josemaria Escriva

"Say the Holy Rosary. Blessed be that monotony of Hail Mary's which purifies the monotony of your sins!"
--St. Josemaria Escriva

"You always leave the Rosary for later, and you end up not saying it at all because you are sleepy. If there is no other time, say it in the street without letting anybody notice it. It will, moreover, help you to have presence of God."
--St. Josemaria Escriva

“There is another related in the Chronicles of St. Dominic. Near Carcassonne, where St. Dominic was preaching the Rosary, there was an unfortunate heretic who was possessed by a multitude of devils. These evil spirits to their confusion were compelled at the command of our Lady to confess many great and consoling truths concerning devotion to her. They did this so clearly and forcibly that, however weak our devotion to our Lady may be, we cannot read this authentic

story containing such an unwilling tribute paid by the devils to devotion to our Lady without shedding tears of joy."
--Saint Louis Marie de Montfort, The Secret of the Rosary

"They will have the two-edged sword of the word of God in their mouths and the blood-stained standard of the Cross on their shoulders. They will carry the crucifix in their right hand and the rosary in their left, and the holy names of Jesus and Mary on their heart. The simplicity and self-sacrifice of Jesus will be reflected in their whole behavior."
--Saint Louis Marie de Montfort, speaking of the great Saints of the end times

"The Rosary is the 'weapon' for these times."
--Saint Padre Pio

"The Rosary is the most beautiful and richest of all prayers to the Mediatrix of all grace; it is the prayer that touches most the heart of the Mother of God. Say it each day."
--Pope Saint Pius X

"Give me an army saying the Rosary and I will conquer the world."
--Saint Pope Pius IX

"Among the various supplications with which we successfully appeal to the Virgin Mother of God, the Holy Rosary without doubt occupies a special and distinct place. This prayer, which some call the Psalter of the Virgin or Breviary of the Gospel and of Christian life, was described and recommended by Our Predecessor of happy memory, Leo XIII"
--Pope Pius XI

"The Holy Rosary is the storehouse of countless blessings."
--Blessed Alan de la Roche

"There is no problem, I tell you, no matter how difficult it is, that we cannot solve by the prayer of the Holy Rosary."
--Sister Lucia, of the seers of Fatima

"The faults of children are not always imputed to the parents, especially when they have instructed them and given good example. Our Lord, in His wondrous Providence, allows children to break the hearts of devout fathers and mothers. Thus the decisions your children have made don't make you a failure as a parent in God's eyes. You are entitled to feel sorrow, but not necessarily guilt. Do not cease praying for your children; God's grace can touch a hardened heart. Commend your children to the Immaculate Heart of Mary. When parents pray the Rosary, at the end of each decade they should hold the Rosary aloft and say to her, "With these beads bind my children to your Immaculate Heart", she will attend to their souls."
-- St. Louise de Marillac

"The rosary is the scourge of the devil" Pope Adrian VI

"The Rosary is the best therapy for these distraught, unhappy, fearful, and frustrated souls, precisely because it involves the simultaneous use of three powers: the physical, the vocal, and the spiritual, and in that order."

Archbishop Fulton Sheen

"The rosary is a treasure of graces." Pope Paul V

"The Rosary is THE WEAPON." St. Padre Pio

Pope Leo XIII wrote 9 encyclicals on the rosary.

Pope John XXIII spoke 38 times about Our Lady and the Rosary. He prayed 15 decades daily.

"The rosary is the most powerful weapon to touch the Heart of Jesus, Our Redeemer, who loves His Mother." St. Louis Marie Grignion de Montfort

"One day through the Rosary and the Scapular I will save the world." Blessed Virgin Mary to St. Dominic

"Say the Rosary every day to obtain peace for the world." -Our Lady of Fatima, 1917

"The greatest method of praying is to pray the Rosary." St. Francis de Sales

"If you say the Rosary faithfully until death, I assure you that in spite of the gravity of your sins, you shall receive a never-fading crown of glory. Even if you are on the brink of damnation, even if you have one foot in Hell, even if you have sold your soul to the devil as sorcerers do who practice black magic, and even if you are a heretic as obstinate as a devil, sooner or later you will be converted and will amend your life and save your soul, if and mark well what I say -- if you say the Holy Rosary devoutly every day until death for the purpose of knowing the truth and obtaining contrition and pardon of your sins." St. Louis de Montfort

"Those who say the Rosary daily and wear the Brown Scapular and who do a little more, will go straight to Heaven." St. Alphonsus de Liguori

"Among all the devotions approved by the Church none has been favored by so many miracles as the devotion of the most Holy Rosary. " Pope Pius IX

"If there were one million families praying the Rosary every day, the entire world would be saved." -Pope St. Pius X

"There is no surer means of calling down God's blessing upon the family than the daily recitation of the Rosary." - Pope Pius XII

"We put great confidence in the Holy Rosary for the healing of evils which afflict our times." - Pope Pius XII

"The Rosary is a school for learning true Christian perfection." Blessed Pope John XXIII

"No one can live continually in sin and continue to say the Rosary. Either he will give up the sin or he will give up the Rosary" - Bishop Patrick Boyle

"Those who say the Rosary frequently and fervently will gradually grow in grace and holiness and will enjoy the special protection of Our Lady and the abiding friendship of God." - Bishop Hugh Boyle

"The Family that prays together, stays together." -Fr. Patrick Peyton

“If families give Our Lady fifteen minutes a day by reciting the Rosary, I assure them that their homes will become, by God's grace, peaceful places.” -Fr. Patrick

"If our age in its pride laughs at and rejects Our Lady's Rosary, a countless legion of the most saintly men of every age and of every condition have not only held it most dear and have most piously recited it but have also used it at all times as a most powerful weapon to overcome the devil, to preserve the purity of their lives, to acquire virtue more zealously, in a word, to promote peace among men." - Pope Pius XI

"When you pray Holy Mary Mother of God, pray for us sinners now....., the Blessed Mother comes instantly to your side to pray with you. And she does not come alone. She brings angels with her. And not just one or two for she is the Queen of Angels, so choirs of angels come with her. And she and Jesus are joined at the heart and cannot be separated so she brings Jesus with her. And Jesus cannot be separated from the Trinity so He brings the Father and the Holy Spirit with Him. And where the Holy Trinity is all of creation is and you are surrounded by such beauty and light as you cannot imagine in this life. Your Mother comes as Our Lady of Grace with her hands out-stretched. Rays of light emit from her hands piercing your body, healing you and filling you with graces. This is your inheritance which was poured out from the heart of Jesus on the Cross, when the centurion pierced His Heart with the spear, into the only pure vessel ready to receive such graces at that time, Your Mother. Now as you pray the Rosary, or even just recite one Hail Mary, you receive your portion of these graces."He also said at this time, "Anyone who goes to Mary and prays the Rosary cannot be touched by Satan." Is it any wonder that anyone who prays the Rosary from the heart is so blessed and protected and powerful in their prayers for others?"
Father Gabriel Amorth, Chief Exorcist of the Vatican

“The Rosary is the book of the blind, where souls see and there enact the greatest drama of love the world has ever known; it is the book of the simple, which initiates them into mysteries and knowledge more satisfying than the education of other men; it is the book of the aged, whose eyes close upon the shadow of this world, and open on the substance of the next. The power of the Rosary is beyond description."
Archbishop Fulton Sheen

APPENDIX B:

DEVOTIONAL/HONORARY TITLES OF MARY FOR THE 50 STATES AMD THE NATION'S CAPITAL.

AL - Our Lady of the Gulf
AK - Our Lady of the Kodiak and the Islands
AZ - Our Lady of the Highways
AR - Our Lady of the Holy Souls
CA - Our Lady of the Wayside
CO - Immaculate Mary
CT - Notre Dame of Easton
DE - Our Lady of Mercy
FL - Our Lady of LaLeche
GA - Immaculate Heart of Mary
HI - Star of the Sea
ID - Our Lady of Limerick
IL - Our Lady of the Universe
IN - Our Lady of Providence
IA - St Mary of Nazareth
KS - Mary Queen of Angels
KY - Mother of God
LA - Our Lady of Prompt Succor
ME - Our Lady of Peace
MD - Our Lady of the Assumption
MA - Our Lady of the Incarnation
MI - Gate of Heaven
MN - Mother of the Church
MS - Our Lady of Sorrows
MO - Our Lady of Calvary
MT - Our Lady of the Pines
NE - Our Lady of the Presentation
NV - Our Lady of Las Vegas
NH - Our Lady of Perpetual Help
NJ - Our Lady of Fatima
NM - Our Lady of Guadalupe
NY - Help of Christians
NC - Our Lady of the Holy Rosary
ND - St Mary Queen of Peace
OH - Our Lady of Consolation
OK - Queen of All Saints
OR - Our Lady of the Woods
PA - Our Lady of the Miraculous Medal
RI - Our Lady of Mount Carmel

SC - St Mary the Virgin Mother
SD - Our Lady of the Prairie
TN - Our Lady of Lourdes
TX - Our Lady of the Annunciation
UT - Our Lady of the Snows
VT - Our Lady of Grace
VA - Queen of the Apostles
WA - Our Lady of Good Help
WA - DC Our Immaculate Queen
WV - Our Lady of Victory
WI - Our Lady of the Americas
WY - St Mary of the Valley

Catherine Moran, Ph.D. BIOGRAPHY

Resides in: Niles, OH

Family: Husband -+5 Children (2 adopted from Ukraine)

Education: Bachelor of Science in General Studies (Major: Biology, Chemistry, and Speech) degree from Kent State University
Master of Science in Education from Breyer State University
Doctor of Philosophy in Education from University St. John of the Cross – Universidad San Juan del la Cruz.
Certified Irlen Screener – Irlen Institute, Long Beach, CA
Certificate in Teaching - Ohio

Career/Work Experience:

- 23 + years of Home Schooling her five children.
- Host **of Homeschool Lifeline** talk show on Radio Maria (www.radiomaria.us)
- Taught undergraduate and graduate online courses.
- Private Tutor since 1997
- Home Schooling Consultant since 1996
- Board member – Northern Ohio Adoption Services 1999-2005
- Secretary/Treasurer of the Blue Army of Our Lady of Fatima - Byzantine Chapter
- Guest speaker on the History Channel – November 2009.

- Met with Blessed John Paul II in 1995 and 1997 and Pope Benedict XVI in 2006 to discuss Catholic Homeschooling in the United States.

Associations and Memberships:

- President of the Catholic Homes School Network of America (CHSNA)
- Member of the Round Table, a national organization of Catholic Home Schooling Leaders
- Founder and past leader of the Ohio Educators' Catholic Home Schooling Network
- Member of CHSNA delegation to Pope John Paul II, various congregations and curias, 1995 and 1997 and again in 2006 to Pope Benedict XVI.
- Secretary/ Treasurer for the Byzantine Blue Army Chapter for Warren, OH
- Secular Franciscan since 1978

Accomplishments:

- Author of the following books: "*Doorway to Heaven*", "*The Unique Learner – Homeschooling Children with Learning Disabilities*", *"Philip's Fast – 40 Days of Advent Meditations According to the Byzantine Rite", "The Story of the Church Workbook with Answer Key and Study Guide, based on the textbook, "The Story of Church", "Benchmarks for Learning – A Resource Book for Homeschooling Parents"', "Praying the Rosary with the Saints"* and a DVD on *"Fatima and the Holy Angels".*
- Instrumental in founding and organizing a national homeschooling organization.
- Founded and organized a state wide networking homeschooling organization.
- Founded and organized a nationwide networking homeschooling organization.
- Co-chaired from 1984-1987 and 1991-1995 local conferences for the World Apostolate of Fatima.
- Co-chaired in 1983 and 1986 local month long visitation program of the International Pilgrim Virgin Statue of Our Lady of Fatima for the World Apostolate of Fatima.
- Co-chaired visitation of the United Nations International Pilgrim Virgin Statue of Our Lady of Fatima in 2012 and 2013.
- Member of CHSNA delegation that went to Rome, Italy to dialogue with Pope John Paul II, congregations and curias in 1995, 1997 and with Pope Benedict in 2006.
- National Speaker at homeschooling conferences in the U.S.
- Five children – 2 adopted from Ukraine 1998-99.

Lectures/Speeches:

- Home schooling in general with emphasis on teaching those with learning disabilities. Catherine home schooled her second son, who is dyslexic and had ADHD. He graduated with a degree in Criminal Justice with a minor psychology and computer science. She also homeschooled her daughter who has ADD, auditory processing disorder and dyslexia.

NEW Talk

- **Overwhelmed, Under-challenged, Unmotivated, Disobedient or Just Plain Lazy?**

Is your child struggling to learn or avoiding it? Are there days when teaching your child turns into "who's in control - me or my child?" We all want our children to be obedient and diligent, especially where their studies are concerned. In this presentation, I will address these issues along with some helpful suggestions on how to teach your children perseverance, determination, obedience and diligence, tools they need to be successful adults.

NEW Talk

- **Boredom – Trivial nuisance or the Mother of all Problems.**
  How many times have we heard our children say to us: "Mom! I'm Bored!" This very statement by our children is telling us something. What we do not want is this problem to carry over into the educational aspect of our children's day –to-day lives. This presentation will cover the problem along with along with motivational helps in teaching our children whose major complaint is boredom.

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- **NEW Talk**
- **Benchmarks for Learning**

As a homeschooling parent do you often wonder where your child is a academically? Are they on target? or behind in developmental skills needed to learn? What are the benchmarks for the various age groups for learning? This vitally important information will help you, the parent/teacher keep your children on target academically and help you keep control of their education. This talk will cover this area and give advice and suggestions for those children that are not meeting their benchmarks for their age group.

- **The 21st Century Syndrome – Stress! Understanding & Coping with Stress in Our Daily Lives.**
  Stress is a major part of everyday lives. How do we recognize it much less deal with it? This presentation covers the causes of stress and how to handle it. With a little bit of knowledge and God on your side, you should be able to alleviate much of the stress in your daily life.

NEW Talk

- **Heaven's Weapons for the Spiritually Disabled**
  Whether we realize it or not we are all spiritually disabled. This presentation discusses these heavenly weapons and how we are to use them to defeat the world, the flesh and the devil. In the 13th century, Our Lady told St. Dominic that one day she would use these weapons to save the world. Excellent for teens and adults who need a better understanding of these powerful sacramentals

- **Help! My Child is not Learning: Developing Learning Skills**
  This presentation will identify and explain vital learning skills needed for your child to be a successful student. Areas discussed will be memorization, task completion, essay/report writing, math skills and time management – to name a few.

- **"Tips on Teaching the Academics"** gives many helpful suggestions on not only recognizing the many problems that can surface while teaching your children, but includes tips and suggestions from the many years of home schooling her children.

Homeschooling 101 - The Basics of Getting Started

This is must for beginning parents and for parents who are considering homeschooling their children. The "how to's" of starting homeschooling and managing your day are covered. If you wish, bring your pad and pencil to take notes for you are about to embark on one of the most challenging yet fulfilling times of your life - educating your children and preparing them to become successful adults in this world and citizens of heaven in the next life.

- **Discovering and Implementing Your Child's Learning Style**. How does your child learn? What is the best method of teaching your children? Tips on how to teach your children.

- **Controlling and Eliminating Stress in Home Schooling.** There are many factors that cause unnecessary stress in home schooling. Some stress can be avoided, others minimized by pre-planning and making arrangements beforehand, while others require simple planning on a day- to-day basis. Excellent talk on this important subject for home schooling families.

- **Overcoming Obstacles to Your Child's Learning Style Using Different Methods of Teaching.** What do you do when your child just can't seem to continue with his lessons? Dr. Moran will address the different approaches available that may work for you and your child. Once the parent recognizes the child's learning style, Dr. Moran will present alternative teaching methods and techniques to help motivate your child in the 4 R's (Reading, 'riting, 'rithmetic and religion).

- **Motivating the High School Student**. Are you having trouble keeping your teenager motivated and in your home school? This talk gives helpful ideas and suggestions on keeping your high school student motivated and staying focused.

- **Marian Modesty for your Sons and Daughters:** This presentation covers the lost virtues of Chastity and Modesty. **I**ncluded in the presentation are the teachings of the Church, quotes from Pope Pius XII on Modesty, and examples from the lives of the saints. All parents and teens need to hear this presentation. Jacinta, the little seer of Fatima, said before she died, "More souls go to hell for sins of flesh."

- **Myths and Solutions for ADD/ADHD -** This presentation covers the many myths we hear about ADD/ADHD along with natural solutions to help home schooling parents of children with ADD/ADHD. It also covers some of the "causes" of this problem. With so much talk about ADD/ADHD today, it is very important to have this information

- **Teaching the Unique Learner**: This talk covers how to recognize learning disabilities, resources to help the home schooling parents and tips and ways to teach a child with learning disabilities.

- **The 3 Last Things: Parties, Prom and Football** - Mrs. Moran not only has successfully home schooled two of 5 children through high school, but knows first hand how to survive the pressures of the high school years. This talk was given at a home schooling conference. She covers how to survive the pressure parents are put through by their teens to go to High School with their friends.

- **Saintly Virtues for Saintly Children,** This presentation explains why it so important for our children to have the many virtues instilled in them while they are young, so that they grow up to be saintly men and women. Examples are taken from the lives of the saints and the teaching of the Church.

- **Teaching and Living the Beatitudes in the 21st Century**. The Emphasis in the presentation is how to live the beatitudes today. Examples taken from the saints and the period of time they lived and then it is applied to our times is emphasized. Mrs. Moran has given this talk to many High School students and youth groups.

- **St. Joseph, Foster Father of Jesus and Role Model for Today's Fathers***,* This particular presentation delves into the origin of the devotion to St. Joseph as it is taken from scripture, Church Fathers, Church teaching, the saints and oral tradition. It shows how St. Joseph is the role model for home schooling families. Mrs. Moran encourages devotion to St. Joseph for all spiritual and temporal needs**.**

- **Spiritual and Educational Priorities for Large and not so Large Home Schooling Families.** This talk stresses the spiritual aspect of home schooling and why it so important and how to make it number the #1 priority in your home schooling family. A definite must for all home schooling parents to hear and know.

- **"Am I Not Here?"** This wonderful talk is centered on fostering Marian devotion in our children and of course adults too. This covers Our Lady's most famous apparitions starting with Saragossa, Spain when she bilocated to St. James and his disciples up to Fatima in1917. You cannot foster love and devotion to Our Heavenly Mother if you do not know her! This talk was originally requested by 10th grade students in a Catholic high school. Those who know Our Heavenly Mother will appreciate this talk, those who don't know her, need to here this presentation.

- **Our Lady of Sorrows – Refuge for the Overworked and under- appreciated Home Schooling Mom**. The core of this presentation is the 7 sorrows of Our Lady and how they apply to home schooling families, especially the mother. It is in her sorrows that we draw the strength we need to home school our children in this world today. The seven sorrows are presented as a guide for home schooling mothers. The many points presented make excellent material to meditate and think upon. Mrs. Moran's material is taken from the writings of the saints and also from the writings of the late Bishop Fulton J. Sheen.

- **Mary's Power: Help for the Home Schooling Family** – Mrs. Moran, in this talk addresses the power of Our Heavenly Mother. The following points are presented: Her power in general; utilizing the writings of the saints and the Church, her power through her holy name, MARY, again utilizing the writings of the saints and the Church, and her power through her prayer: the Hail Mary. Finally her power through her Holy Rosary, her weapon for the family and the answer to the problems facing home schooling families today is covered. It is the evil one, the devil, who does not want parents to home school their children. In this talk, the weapons needed to defeat him are explained. Mary is our refuge, our hope and our mother.

- **Avoiding the Wide Road: The Church's Teaching on Hell** This presentation was originally given to a teenage youth group. They requested this topic. It covers the

Church's teaching on Hell, using the Church's teachings on hell, the saints' writings and examples on the existence and reality of hell, along with the Fatima vision to the three children on hell. It is a topic today that is sadly neglected.

- **Lord, Teach Us to Pray.** This presentation delves into prayer, its importance, the types of prayer, especially mental prayer and the sacraments in our daily lives. It has often been called the Royal Road to Heaven. This very title stresses why we not only should pray but why we need to pray everyday if we want to go to heaven. The material is taken from Church teaching and the writing of the saints.

- **The 4 Dimensions of Sin -** Deceive, Defile, Desensitize and Deaden - This presentation covers what sin does to a person's whole being. How sin desensitizes one's reaction to the sins of today. This goes hand in hand with the impact sin has had on the virtues of Chastity and Modesty, along with other virtues. Mrs. Moran covers how to protect yourself from having this devastating effect happen to you and your family.

- **The Culture of Death and the Loss of the Sense of the Sacred.** This presentation was given several years ago. It basically covers how the loss of the sense of the sacred has established in our culture today a culture of death. This is because when society loses the sense of the sacred, there is nothing left but this culture of death. This loss did not happen overnight. Mrs. Moran explains its inception and progression and how it has affected all of society today.

- **The Holy Angels: Our Forgotten Companions**. This presentation if desired has slides that can be given with or without the talk. It addresses Angels in Church teaching, Scripture, oral and written tradition and in the writings and lives of the saints. Mrs. Moran stresses the importance of loving your guardian angels and knowing what they can do for you. An excellent talk to instill devotion to the Holy Angels in family.

- **The Two Hearts are One:** This presentation was give at the IHM conference in 2004. This talk covers the origins and Church teachings on the Sacred Heart of Jesus and the Immaculate Heart of Mary. It includes private revelations from the saints and their writings. Through her research, Mrs. Moran shows that the Two Hearts are indeed one and a great gift of grace from God to this sinful generation. A must for lovers of the two hearts of Jesus and Mary to hear.

- **Heaven's Weapon:** This talk is on the holy rosary, the origin of the rosary, the power of the rosary, along with many examples in history showing how the praying of the rosary has saved the world during various times in history. Mrs. Moran has given this talk many times in the past and at conferences. It is a very important talk, because people can become lukewarm and negligent about praying the rosary. The devil attacks the hardest here. He does not want the rosary prayed. Everyone needs to realize the importance and the power of this pray. Mrs. Moran includes the apparitions of Our Lady on the Rosary and what Our Heavenly Mother has asked of her children concerning this very powerful prayer.
- **Our Lady's Mantle:** This presentation is on the Brown Scapular. Along with the rosary, these are the two weapons Our Heavenly Mother gave us to defeat the world, the flesh and the devil. She told this to St. Dominic in the 13th century. Mrs. Moran includes how this great gift from heaven was given to us along with the many examples from the lives

of the saints on the power of this great sacramental. These two talks, Heaven's Weapon and Our Lady's Mantle cover what Our Lady has given to us to defeat the evil one. The rosary and the brown scapular are the two greatest sacramentals of our time, given to us by Our Heavenly Mother, who wants to protect and save her children.

All of Mrs. Moran's spiritual talks are taken from her book, "The Doorway to Heaven". The book has approval from her bishop that the contents are free from doctrinal error. The "Holy Angels" presentation also has a nihil obstat and imprimatur.

Additional topics by request

- Her book, "The Doorway to Heaven" contains the many lectures she has given over the past 20 years on the various aspects of our rich and beautiful Catholic Faith.

  Her latest books, "The Unique Learner – Home Schooling Children with Learning Disabilities" and Philip's Fast – 40 Days of Advent Meditations According to Byzantine Catholic Rite *"The Story of the Church Workbook with Answer Key and Study Guide, based on the textbook, "The Story of Church", "Benchmarks for Learning – A Resource Book for Homeschooling Parents"', "Praying the Rosary with the Saints"* and a DVD on *"Fatima and the Holy Angels".* are now available.

Additional Information:

She has been homeschooling her 5 children for the past 23+ years and speaking at homeschooling conferences around the country. She is president of the Catholic Homes School Network of America. She is a member of the delegation that went to Rome, Italy in 1995, 1997 and 2007 that spoke about Catholic Home Schooling in America with the various congregations and curia in Rome. The delegation was privileged to have an audience with the Holy Father and to receive Holy Communion from Pope John Paul II. She is the founder and past leader of the Ohio Educators' Catholic Home Schooling Network. She has spoken about Catholic Homeschooling to many groups and at many conferences with the emphasis on the challenge of teaching a child with learning disabilities. She has successfully home schooled her second son who is a dyslexic and had ADHD. He is a graduate of YSU: majoring in Criminal Justice with a minor psychology and computer science. Her "*Tips on Teaching the Academics*" gives many helpful suggestions on not only recognizing the many problems that can surface while teaching your children, but includes tips and suggestions from the many years of homeschooling her children.

Other topics include: Marian Modesty in dress and deportment, Saintly Virtues for saintly children, Teaching and living the Beatitudes in Modern Times (emphasis on examples from the saints and their times and how to apply it to today), St. Joseph, foster father of Jesus and role model for today's fathers, Spiritual and Educational Priorities for (large) homeschooling families. Other topics by request.

She became a Secular Franciscan in 1978 and served as prefect of her fraternity for three years. She is presently Secretary-Treasurer of the Blue Army of Our Lady of Fatima - Byzantine Chapter of Warren, OH and also the speaker for the chapter. She has presented the Fatima message to over 20,000 + children and adults in the Northeastern Ohio and tri-state area. She has been the keynote speaker in many conferences and retreats. She is a past board member of the Northeastern Ohio Adoption Services (NOAS). Catherine and her husband adopted a sibling group, a brother and a sister from Ukraine. She also co-produced and developed a slide/video presentation on the Holy Angels. She is a parishioner of St. Anne's Ukrainian Byzantine Catholic Church and member of the church council. Through the Blue Army of Lady of Fatima, she helped start and establish:

1. First Friday Eucharist Vigils

2. The International Rosary March on the first Sundays of May and October in her parish.

3. She has five times co-chaired the visit of the International Pilgrim Virgin Statue of Our Lady of Fatima to her diocese.

4. Started a Padre Pio Prayer that meets once a month.

Her book, "The Doorway to Heaven" contains the many lectures she has given over the past 20+ years on the various aspects of our rich and beautiful Catholic Faith.

Contact information:

Catherine Moran, Ph.D.
ihm51@neo.rr.com
174 Morningside Rd
Niles, OH 44446
330-652-4923 home
330-647-3833 cell